

Physical Rarities

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The most choice RECEIPTS

OF Kkk 498

PHYSICK,
AND
CHYRURGERIE,
FOR

The Cure of all Diseases incident
to Mans Body.

Being a rich Jewell kept in the Cabinet of a famous Doctor in this Nation; stored with admirable Secrets and approved Medicines.

The second Edition corrected and much enlarged.

Published by *Ralph Williams*, Practitioner in
Physick and Chyrurgerie.

Hereunto is annexed
The Physicall Mathematicks
OF
Hermes Trismegistus.

London: Printed for *W.L.* and *J.M.* to be sold by *W. Ley*
at *Pauls Chaine*, and *George Calvert* at the half Moon in
Pauls Church-yard neer the little North door. 1652.

52.07

1839.17



1839.17



To the READER,

Courteous and kind Reader, I must confesse that diuers Clearmed men have taken much pains in translating sundry books, containing most wholesome and profitable receipts of Physick and Chyrurgery, wherein they have published, and at large declared all such things as seemed necessary and expedient in Physick, to be known in our Native and another Tongue, to the intent, that every one that would but take the pains to peruse them, and make tryall of them, might benefit themselves, and do much good to their acquaintance and friends.

To the same intent and purpose, I have collected this small (though beneficiall Treatise) I have thought fit to write something in the behalf and praise thereof, finding many rare experimented medicines, which (put in practise) may prove beneficiall to studious and carefull Practitioners; and I doubt not but they may gain much credit and applause, both by their practise, and by their cure (if they please to put them in practise) which will be little expence unto them, though great credit and benefit.

There are many curious Medicaments therein contained, and diuers of them approved by famous Physicians of good esteem: And therefore desire all who affect their healths, to make use of such medicines as they shall find sureable to the preservation thereof: as also, for such as are necessary for the recovery of such as are sick and weak, being confident, by Gods assistance, that much happinesse will redound to such as make tryall of them.

And to the end, that this little volume might not be despisable, but estimable and beneficiall to the Common wealth of *England*; I have thought fit to write thus much in the praise thereof, wishing good successe in its progresse, and to all that shall peruse and practise on it, and to all students;

dents, Practitioners, and well-wishers to Physicall practise,
and that their Studies, labours, and practises may alwaies
be successefull and prosperous, to the honour and glory of
God, the good of the Common-wealth, the benefit of their
Patients, and to their perpetuall fame and renowne; and
therefore do wish that every one of them would use all care
to spend some part of their Study, how to benefit the Com-
mon-wealth, knowing the saying of Cicero (*non solum no-
bis nati sumus*) but to be helpfull to our friends and Stran-
gers, which is most commendable. This I conceive should
invite all well-wishers to the generall good, to imitate the
example of divers learned Physitians, who have not only
cured divers out of charity, but also left most famous pieces
of Physick and Chyrurgery printed in English, for the good
of all that will take the pains to read them, and practise on
their labours. And certain I am, that many by their care
and industry following their prescriptions, have gained
much benefit, and great esteem thereby, and though igno-
rant in Physick, or the practise thereof, became Practition-
ers, and famous by others labours and indeavours, and suc-
cessefull also in what they undertook. I hope the same hap-
pinesse will befall such as will take the pains and care in
reading this Treatise, and likewise make triall of the medi-
camentes herein contained, which is, and shall be the desire
and prayer of

R. W.

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Medicines



Medicines for the Head.

A remedy for the universall pain of the Head.

First, beware of all things which do hurt the Head, as Garlick, Onions, Chiboles, Wine, stooping down with thy Head, extream labour, and such like; and beware of surfeiting and drunkenness, and purge thy Head with Gargarismes, and Sternutations, and purge thy Head and thy Stomack twice per week, with pills of Coch, and such like; and be whole.

A remedy for the Head, whatsoever the pain be.

Take an handfull of Betany, an handfull of Cammomill, and a handfull of Vervain leaves picked, stamp them and seeth them in black Wort, or in Ale for want of Wort, and in the latter end of the seething, put a spoonfull of Cummin, and as much rasped Harts-horn thereto, and the yolks of two Eggs, and a little Saffron, and stir them well together, and lay a plaister hot over all the forehead and temples. This is an excellent remedy: also for the Megrim, it shall pierce the better, if you shall add to the medicine, a little Vineger.

For the Head.

A sneezing Powder.

Take of Pellitory of Spain half a dragma, of white Hellebore a scruple, finely powder them both, and put thereto of Marjoram, Sage, and Rosemary finely powdered and searced, of each a scruple, of Musk a grain, mingle these together, and take of these the quantity of a small pease, and snuffe it up into your Nostrills, and it will purge, and comfort the Head very much.

For pain in the Head.

Take Rue, Heyhoad, Camomell flowers, Betony, Vervain, Mints, Hillwort, red Fennell, Wormwood and Sothernwood, of each a handfull, and wash them, and thred them small, and seeth them in water, and mingle the herbs with a handfull of wheat bran, and make a plaister, and lay it on the mold as hot as thou canst suffer it, and bind it on with a Kerchief, and thou shalt be whole in a short space.

For all manner of Head-aches.

Take two ounces of Deer suet, or of Harts, spoonfull of Oatmeal, and a bundle of Sorrell bruised well, and tempered together, then lay plaisterwise to thy Temples. This is proved.

To purge the Head.

Take the juice of Primrose, and milk of a Cow, and with a quill blow it into thy nostrills, and it will purge the Head; strain out the juice, and drink it, and lay the herbs to the Head, squeezed from the decoction, as hot as they may be suffered.

For the Head.

3

*A water for the Rheume in the Head, and how to
put away the Palsie.*

Take a red Onyon, and break it small, and seeth
it in a little Verjuice, and put thereto a little Ho-
ney clarified, and when they be well sod together,
put thereto a great spoonfull of Mustard, and let
it seeth long together; then raise the sick upright,
and he shall find ease: Do this three daies, twice
per day, and be whole.

For the Megrim in the Head.

Take sower Bread, and Chickweed, and bray them
together, and boil it in Vineger, and so bind it to
the grieved place, or take and seeth Barley well in
water, and as it seeths, put in Berany, Rosemary,
and Sage, of each a bundle, and when they be well
sodden bind them to thy Head.

To stop and dry up Rheume.

Take Cummin-seed, a Nutmeg and a little bay
Salt, every one beaten to powder alone, and spread
the same upon hurds of Flax, in a cloth, and hold
the same over the perume of Frankincense, and
lay it hot to your Head.

For a scalded Head.

Take the liver of a Thornback and seeth it by it
self, and six Elacampina roots, and seeth them by
themselves in water three hours, and put thereto
three handfulls of Houseleek stamped and strained
through a cloth, and make an oyntment thereof,
and anoint the Head therewith, and if the hair be
gone, take a handfull of Wool, and bray it hot to

B 2

powder,

powder, then take two spoonfulls of Honey, and anoint thy head therewith, where it is pilled, and thy hair will soon come again, as thick as in any other place of thy Head.

For the Rheume in the Head.

Take and seeth Pimpernell in Wine, and drink it in the evening hot, and in the morning cold; this will help thee: Or take and stew Onions in Water, in a close pot, and bath thy Head, thy mouth, and thy nose therewith, and it will help thee.

For the weaknesse of the Brain.

Take a handfull of Rosemary, Sage, Marjoram, Hyfop, Betany, the leaves and roots, and the seeds and roots of Piony, of each a handfull; wash all these said herbs, and put them into a pottle of fair water, and let them seeth together untill the one half be wasted; then take out the herbs, and put to the said water almost half a pint of Honey clarified, and let it boil well together with a dram of Stecados, knit in a linnen cloth; and let it boil till the sweetnesse of the honey be boiled out: then take out the Stecados, and put thereto a quarter of an ounce of Cinamon, three Nutmegs well bruised, and put them to the same liquor, and seeth them together a good while; then strain it through a linnen cloth, and so use to drink it morning and evening, and it shall comfort thy Brain.

For hair that faileth on thy Head.

Take and bray Linseed, and mingle it with
oyle

For the Head.

Oyl-Olive, and when it is well beaten together, anoint thy head therewith three or four times, and this will heal thee, or take Oyl of Tartar and warm it, and then rub your head with it, or any place that is scald, eight or nine daies, and the hair will come again.

An excellent medicine.

Take a farthingworth of Pellitory of *Spain*, and a quarter of an ounce of Stavelacre seed, and beat both together, and then drink a draught of Malmsey, and put a spoonfull of this powder into your mouth, rolling it up and down, till your mouth be hot, and full of flegme, and then spit it all out; then take a stool and set before you, and lay a cushion under your knees, and set a bason under your mouth, and gape as wide as you can, and then the flegme will void from you out of all the members of your Head, and if it come too fast, hold over your Head to the bason, and let it go; use this once in a year, and you shall be the better for it a long time.

A remedy for the Head.

Take the juice of Ivy leaves, mixt with Oyl, and Vineger, and rub therewith your temples, and your nostrills.

For lightnesse in the Head.

Take small tents of linnen cloth, and dip them in Cinamon Water, and put them into thy nostrills, and thou shalt be help't presently.

For the Eyes.

To purge the Head of evill humors.

Take the root of Pellitory of Spain, and chew a piece thereof on either side of thy mouth, between thy Gums, and close thy mouth fast, till the water cometh down; then let the water go forth, but hold the root still a quarter of an hour.

For pain in the Head.

Take the juice of Ivy, that groweth upon trees, and oyl of Roses; and mingle them together with Wine, and anoint your Head therewith, and this will make it leave aking. *Probatum.*

For the Eyes.

First, if it do come of Rheume or corrupt blood, purge Rheume, and blood; if it do come otherwise, be let blood in a vein called *Mediana*, and use locall waters, as waters, to mundifie the place, and then use Salves sanative. Fennell, Eye bright, Celendine, Rose water, are proper waters for the Eyes.

For a white that doth grow over the black of the Eye.

First purge the Rheume with Anacardine, and Sternutations, or Gargarices, and then make a plaister made with the white of two Eggs, and beat it well together, and then put to it a little Honey, and after that put to it Flax, or Tow, and to bedward lay it over the Eyes, and let it lie all night, and in the morning wash thine Eyes with cold water, and a fine cloth; do this three nights one after another, and be whole.

For

For the Eyes.

For a bloodshot Eye.

Take the white of two new laid Eggs and beat them to a watrill spome; then put Tow unto it, and three nights together lay it to thine Eye, and bind it fast, and renew it every night, and wear a green cloth before thine Eye.

For a blait in the Eye.

Meddle not with it with medicines, but weare before thine Eye a piece of black Sarsenet, and eat neither Garlick nor Onyons, nor drink no Wines, nor strong Ale, and it will away.

A water to clear the sight.

Take Fennell, Vervain, Roses, Salendine, and Rue, of each two ounces, and distill them, and wash thine Eyes therewith, for it is good for all manner of sore Eyse.

For blear Eyes.

Take the juice of Wormwood, and beat the white of an Egg into a Water, and mix it with Wormwood juice, thus mixed with water made of the white of an Egg, and put it into thine Eyes, and it shall put the blood and aking away.

A water to clarifie the dimnesse of the sight.

Take the juice of Fennel, and Salendine, Rue, and Eyebright, of each two ounces, Honey an ounce and a half, Aloes, Tyme, and Sarcocell, of each half an ounce, the gall of a Capon, Chicken or Cock, two drams: Nutmegs, Cloves, and Saffron, of each a dram, Sugar Candy six drams, put all into a limbeck of glasse, and distill it, and of this water put

For the Eyes.

into your Eyes, and if you could get the liver of a Hee-Goat, and mix with the said things in the distillation, that water will be of much greater vertue, and almost without comparison.

Another for the same.

Take the green Walnuts husks and all from the trees, with a few Walnut leaves, and distill thereof a water, to drop into your eyes.

A sifter powder, that drieth and taketh away the rednesse of the Eyes.

Take Tutty prepared an ounce, Antimony half an ounce, Pearles two drams, red Corall a dram and a half, pound all these together very fine, and keep them in a box of Tyn, and use when thou hast need.

A Regiment for them that have sore Eyes.

Take heed that you alwaies keep your body loose, and abstain from fire, smoke, wind, dust, and over hot and cold ayr, and from weeping, and long reading of small letters, from over long watching, over much drinking of Wine, and eating late, for all these are noysome to the Eyes, also all vaporous things, as Onyons, Leeks, Garlick, Mustard, Pease, and Beans are very dangerous; forbear day sleep, and behold green things, clear and precious.

To clear the sight, or for rednesse of the Eyes.

Take Salt and Ginger, and make it in fine powder, and temper it with white Wine, and let it stand a day and a night, then take off the thinnest rhine, and wet your Eyes with a feather to bedward.

For the Eyes.

For a Pin and Web in the Eye.

If there be a Pin and Web in the Eye, or other blemish in the ball of the Eye, take water of Pimpernell, Vervain, or Salendine.

To make a good water for sore Eyes.

Take Fennell, Rue, Eufrase, Vervain, Tornmintill, Betany, red Roses, Endive, Sowthistles, call'd Chicken meat, Pimpernell, red Salendine, Filago, the leaves of Piony, the leaves of white Vine, March, Egremony, Sinkfoil, called Woodbine, of each a like quantity, bray them well together, and the first day lay them in white Wine, the second day lay them in the Urine of a man-child, the third day lay them in the Milk of a woman that feedeth a man-child, the fourth day in clean Honey, and then distill them with a clean fire softly; and keep that water well, for it is excellent.

For a hurt in a mans Eye that cometh with a stroke.

Take Betany two handfulls, and beat it small in a mortar; and put thereto the white of an Egg, and break it with the other in a mortar, and take of the same liquor, and put it into thine Eye, and lay some upon the Eye, and bind it fast, and do so nine daies, and be whole.

Another for the same.

Take Egremony and bray it, and temper it with white Wine, and an Egg, and make a plaister thereof, and lay it to the outside of thine Eye, and if it were almost out, it would heale it without doubt.

For

For the Eyes that run full of water, and be bleared.

Take of the juice of Rue four spoonfulls, and two of Honey, and mingle them together, and when you go to bed, put thereof into your Eyes, and keep it in together, and use this, and it will help thee. Or take two or three roots of red Fennell, and the leaves also, and a branch of Salendine, and a good race of white Ginger, pared and beaten flat, and if the be not great enough, take two rates, put all these into half a pint of running water and cover it, and use to put of this water into your Eyes when you go to bed, and an hour before you rise in the morning; when you take thereof strain it.

To save a mans sight a long time good.

Take a crop of Rue, and another of Camomill, and eat them fasting, with a fig or two three daies in a week, and this will save thy sight.

To draw Rheume back that falleth into the Eye.

Take an Egg and rost it hard, and slit it into two parts, and lay it hot to the nape of the neck, and thou shalt find ease presently.

A medicine for sore Eyes, and for the Megrims in the head.

Take the white of a new laid Egg clean taken from the yolk, and a spoonfull of white Ginger, and a spoonfull of strong white Vineger made of Malmsey, or white Wine, and a spoonfull of clean Rose water; but first the white of the Egg must be well beaten, and then to the oyl of the Egg put
your

For the Eyes.

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your other things above written, and beat them all together, then take Flax, as much as will make two plaisters, for either Temple one, with a cloth, and dip it into the medicine, and bind upon every Temple one with a cloth, and take heed the medicine do not touch your Eyes; and do this three or four nights together, and every morning the Eyes will cleave together with the Gum; but this medicine hath brought to sight them that were eight weekes stark blind.

For a Pearl and Web in the Eye.

Take fine white Ginger, and grate it upon a whetstone, and then beat fine a little white Coperas, and put to it, and when the Patient goeth to bed, put some of it with a quill into his Eyes, and when it hath been there a little while, take ground Ivy beaten, and strained, with womans Milk, and put three or four drops into your Eyes evening and morning, after the white Coperas hath been in your Eyes half an hour. *Probatum est.*

A medicine to clear the sight.

Take clean Rose-water a quantity in a sawcer, and cleane Myrrhe as much as a nut, and break it to powder small, and bind it in a clean linnen cloth, and let it lie in the Rose water twelve hours, and then the water will wax somewhat red of the Myrrhe, then take of this water, and put it into your Eye, and this will clear the sight very well. *Probatum est.*

*To make a precious water for sore Eyes, that be fair
to look on, and yet cannot see with them.*

Take Smallage, and red Fennell, Rue, Betany, Vervain, Pimpernell, Eyebright, Sage, and Salendine, of every one of these a quantity, and wash them clean, and stamp them in a very fair vessell, and take the powder of fifteen Pepper corns, and a pint of good white Wine, and three spoonfulls of good live Honey, and fifteen spoonfulls of the water of a man-child that is very young; then put all these together, and let it boil over the fire a little, and then strain it through a clean cloth, and keep it in a vessell or glasse well stopped, and when you will occupy it, put some of it into your Eyes with a feather, and if it dry away in the glasse, then put a little white Wine to it, and this is good for all sore Eyes; if thy Eyes be never so sore, in fifteen daies it will heal thee. *Probatum est.*

For a Pearl and Web in the Eye.

Take fine white Ginger, beaten fine into powder, and searse it, and seeth it a great while in good white Wine, and put it into a fair vessell of Latten well stirred, and let it stand in the vessell till it look green, then put it into a glasse, and when you have need of it, use it with a little white Coperas at the dressing; Or for the Web in the Eye, take the gall of an Hare, and clarified Honey by even portions, and mingle them together, and lay it on the Web, and within three nights the Web shall break and save the sight. *Probatum est.*

*A medicine for any that have the small Pox fallen
into their Eyes.*

Take Pimpernell, and stamp it, and strain it, and take the juice thereof and drop it into your Eyes, where the small Pox is, with a feather, morning and evening, and this is a special good medicine for a Pin, a Web, or a Pearle in the Eye.

For a Pin and a Web.

Take the Ivy leaves, that grow upon an Ash tree, wipe them clean with a cloth, and stamp them and strain them, with womans milk, if it be a man that hath a Pearl in the Eye, strain it with the milk of a woman that nurseth a Girl; if a woman have a Pearl, then with the milk of a Boy, and the sorer the Eye is, the more of the juice you must take, and lesse of the milk, and drop this medicine into thine Eye with a feather, morning and evening, and twice in the afternoön. This is proved.

For sore Eyes.

Take the juice of Houseleek, womans milk, Rose water, or Woodbine water, and the white of a new laid Egg well beaten, the froth taken away, and beat all these together, and dip in Flax, and lay it to your Eyes when you go to bed. *Probatum est.*

For Eyes that are swoln.

Take two spoonfulls of womans milk, one spoonfull of Rose water, the pap of a roasted Apple, and he yolk of a new laid Egg; and boile all these together in a sawcer upon a chafing-dish of coals,

coals untill it be thick, and spread it upon a litle cloth of the bignesse of the Eys, and lay it to luke warm, one day and a night, or untill you see the something asswaged, and then wash them with womans milk. *Probatum est.*

I have known a woman heal many blind people with this medicine following.

Take Daylie roots, Betany, Pimpernell and red Fennell, of each a small bundle, and strain them with stale Ale, and drink of this evening and morning, and lay outwardly to thy Eyes Rose water, Womans milk, and the white of an Egg with Tow, being well beaten together: the drink will be the better, if you pound, and put the juice of Cheslocks, a worm so called, that is between the bark and the body of trees commonly, and then the juice of the said worm put into the sore Eyes healeth them: you may use the Cheslocks if you please.

A medicine wherewith one was holpen that had a prong thrust into the white of his Eye.

Take the right ground Ivy, Salendine, the greene of a Goose tird, and womans milk, and put them together in a Glasse, then when they be settled powre out the clearest, and put it into thine Eyes and this will make thee whole.

A precious medicine for sore and dim Eyes.

Take a handfull of Tyme, a handfull of Vervain, a handfull of Rose leaves, a handfull of browne Fennell, and when you have washed those herbs clear

clean, put them into a Stillitory, and then put thereto a pint of white Wine, and eight penniworth of pure white Coperas, and distill the same, and put it into a glasse, and use to wash your Eyes therewith. *Probatum est.*

A speciall medecine for Eyes, first to clarifie the sight, and curable to all Passions to Eyes, as hath been proved many times, and if the Eyes be therewith washed, or else one drop of clear water put therein; it cleareth the sight, and is much profitable to strained Eyes; it will destroy a Pearl, overcometh the Megrim, and healeth any Eye that is smitten with a stroke.

Take red Fennell, Rue, Enfrace, Vervain, Betany, red Roses, Grape leaves, Appium, Egrimony, ground Ivy that groweth upon an Oke, and of all these take even portions, and it must be put four daies and four nights in this manner following: the first day and night in white Wine, the second day and night in water of a Man-child, a Virgin; the third day and night in womans milk, the fourth day and night in clean Honey: and this done, take all the herbs, and put them into a stillitory, and the water that cometh thereof ye shall put into a viall, and use this as aforesaid, and in this water put the fourth part of an ounce of Camphere beaten in a mortar, this is an excellent medicine.

To make a water for sore Eyes, which is excellent.

Take the filing of Brasse, of Iron, Lead, of Steel, and of Gold, and put it one day in the water

ter of a clean Virgin to steep, the second day put it in white Wine, being hot, the third day in the juice of Fennell, the fourth day in the milk of an Ewe, the fifth in red Wine, the sixth day in three whites of Eggs, and then put it into a Stillatory, and distill it with a soft fire, and keep the water in a vessell, this water is right excellent and precious for a mans sight, and destroyeth the Leprosie.

A medicine for the Pearl and Flegme grown over the Eye.

Take the Gall of an Hare, and boile it with as much Honey as the Gall, and anoint thy Eyes therewith. *Probatum est.*

Medicines for the Ears.

For an Ear-wig, or Worm in the Ear.

TAKE the juice of Wormwood, Rue, and Southernwood, of each a like much, and mingle them together, and put it into the Ear, and that will slay the Worm that is in any mans head within five nights at the furthest, and lay some of the substance of the herbs plaister-wise.

To make one hear that is deaf.

Take green Elm, and lay it amidst the fire, and take the water that cometh out at the ends thereof a spoonfull, and take a spoonfull of the juice of Sengreen, and a spoonfull of Eels grease, that is

a kind of a black Eel, of the gobbin next the navell, and boil them together a little over the fire, and then put the liquor into a glasse, and put thereof into thine Ears when thou art in bed, and within a day thou shalt be whole; but look that the liquor be milk-warm: or take the juice of Betany, and let it rest a good while; and then take black Sope, and the juice together, and put it into thine Ears.

Another for the same.

Take Camomil: Melilot, Marjoram, Calamint, Hyfop, Wormwood. Pennyroyall, Stechados, Mints, of each a handfull, boil them in running water one hour, and dip a cloth therein, and hold it hot to the Ear that the heat may enter into thy head, and after stop thy Ears with cotton or black wool, that no cold may enter, and this will help the hearing.

A water to help the hearing.

Take and distill Sorrell, or Wormwood in a common stillatory, and take four drops of either of the same waters, whether you will, and put into the ear lukewarm.

For pain in the Ears, or for default in hearing.

Take the oyl of sweet Almonds, and drop it into thine ear, and it helpeth the pain speedily; also milk sodden, and put into a stone pot with a narrow mouth, and the sore ear holden over the pot, that the vapor of the milk may ascend into the ear: this taketh away the pain, and breaketh the imposthume of the head, this is proved true.

Another for the same.

Take the oyl of a silver Eel, with black wool of a Ram, betwixt the hinder legs, and the flank, it helpeth presently the pain, and will cause the Ear to run. Also the oyl of a Weasle or Mole helpeth the hearing very well, but you must make it in this sort, when the Weasle or Mole is stripped of his skin, then put the said Weasle or Mole into an earthen Jug, and stop the Jug very close, and put the pot into seething water, and let it stand there three hours, and then take it out, and put the clear substance into a Glasse.

To draw an Ear-wig out of the Ear.

Take a piece of an old apple, and put it into the Ear of the Patient, and lie down all night upon the same side, and in the morning pluck away the apple quickly, and the Worm will come forth. [*This helped a Woman in Oxfordshire.*] Also another woman had one of the said Worms in her Ear, and she too *Aqua vite*, and dropped it into her Ear, and stopped her Ear with Bumbast, and laid her down on the same side, and was holpen presently; but once will not serve, do it two or three times.

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Medicines for the Nose.

*For a fleshy humor growing in the Nose, or for a
bottle Nose.*

TAKE of the Powder of Dragagant with a little Honey, and make a Tent thereof, and introduce it into your Nose, or Nostrills, or take the juice of black Ivy, with a little Cotton, and make a Tent, and put it into your Nostrills.

For bleeding at Nose.

To restrict the blood which doth flow out of a mans Nose, let him smell to a Hogs tird, and lay his stones and cods in vineger. If it be a woman, let her lay her breasts in Vineger, or else exhaust an ounce or more of blood out of a vein called *Cephatica.*

For stinking of the Nose.

Take Cloves, Ginger, and Calamints, of each alike, and seeth them in white Wine, and therewith wash thy Nose, and after put in powder of Pierimony to provoke sneefing. Also if the cause of the stinking come from thy stomach, first help thy stomach, as shall be said in the remedies for the stomach.

A singular medicine to stop blood.

Take swines dung, as hot as you may have it from the Swine, and when you have cleansed the congeal'd blood out of the Nose, wring it through a cloth, and let that juice pierce into the side, from

whence the blood cometh, and by the grace of God it shall stanch anon. Moreover it is good to bind the feet and armes, as hard as can be suffered with a cord or lace, the stronger the better: Or take strong Vineger, and put it into the side of the Nostrill that bleedeth; and if they bleed both, put it into both, and it shall stop straight: Or take and bear about thee the herb *Appium*, otherwise called March Smallage, that groweth by the water side, and whilest thou bearest the same about thee, thou shalt not bleed, if thou haddest many wounds.

To kill a Canker in the Nose.

Take and boil strong ale untill it rope, and be like a salve, then lay it on a plaister of Leather, and lay it on the Nose, and it will heal it: and for stinking flesh that groweth on the Nose, take and distill Serpentine called Adders tongue, and then put of the same water with cotton into the Nostrills where the stinking flesh is: and against the imposthumation of the Nose, take and distill flower de Luce, and lay wet cloaths thereon: also water of Sowthistles, called *Carduus Benedictus* doth heal the *Nolime tangere* in the Nose, wet cloaths being laid thereon, and some of the powder of the same will heal the Nose.

For pusshes and pimples in the Nose.

Take the yolk of an Egg, and bray it with Camellie-seed oyle, and so anoint your Nose therewith, and be whole within four or five daies at the most. Or take the juice of Plantane, and the roots of Burdock

and Salt, and Verjuice, and stamp them all together, and strain out the juice, and therewith wash thy Nose, and it will be whole.

To stop bleeding at the Nose.

Take Amber, and burn it in a Chafindish of coals, and let the smoak of it go up into thy Nose, and it will stop bleeding. A Tailor bleeding twenty four hours without ceasing, and no medicine could stay him, at last he took a skain of black threed, and put the one end thereof in at the Nostrills, and the other was set on fire, and when he had received the smoke into his Nostrills, the great Flux ceased immediately, and he bled no more in a long time after.

Another for the same.

Take the root of the great Roman Nettle, and let the Patient chew it in his mouth, and so refresh it with another root, for this in great need hath been found very saving for the staying of the Flux of Blood. And when I could stop the blood with no manner of medicine, then I opened a vein in the ear, and so let out a good quantity of blood: this is the last refuge for bleeding at the Nose.

Medicines for the Mouth.

WHosoever would have help for the Mouth or for the Tongue, or for the Ears, or for the Eys, or for the Nose, or for the Teeth, or for any dolour, or pain which may be in any of those parts or places; let them use otherwhiles Sternutations to the quantity of a small pease, and pills of Cochy half a dragme, and a scruple, or a dragme at the most, and once or twice a moneth, let them use Gargarismes a good spoonfull, three or four times a day, to exhaust and draw out the rheume out of the Head, the which rheume is cause of many infirmities in mans body, as doth more largely appear as followeth.

For spitting of Blood.

Take the juice of Betany, and temper it with Goats milk, and let the sick drink thereof three daies, and he shall be whole: Or take Smallage, Mints, Rue, and Betany, and boil all these in good milk, and sup it warme.

For stinking of the Mouth.

Take the juice of black Mints, and of Rue alike much, and put it into thy Nostrills, and this will help thee. This is proved.

For a stinking Breath.

Take an ounce of Sage, and make thereof powder, one ounce of Rosemary flowers, half an ounce of Cloves, two drams of Cinamon, two Nutmegs, and

and two grains of Musk, and make them all into powder; then take as much purified honey as will cover all of them, put it in a box, and set it in the Sun five daies, and it will be perfect: then take every morning fasting half an ounce, and so at night to comfort the meat that it put rife not, or corrupt the stomach; and be whole.

To recover a mans speech.

Take the juice of Sage and Primrose, and put into the Patients Mouth, and he shall speak straight, or within a while after.

For a Mouth that is staid with beat.

Take Ribwort, and seeth it in red Wine, and hold it in your Mouth hot, and do this often, and be whole.

For the Canker in the Mouth.

Take nine leaves of Sage, and stamp them with a little Salt and Verjuice, and make thereof a plaister, and lay it thereto, and it will be whole, but you must dresse it twice a day.

Against the inward eating sore of the Mouth.

Take and distill Perwinckle, and with the water thereof wash thy mouth, also water of Lavender and Fumitory doth kill all sores in the Mouth: and for Blains in the Mouth, take and distill Burnet in a common Still, and with the water thereof wash the Blains in thy Mouth.

For a Canker in the Mouth.

Take rusty Bacon, and Vine roots, of each an ounce, of wheat bran a handfull, and of brine two

two or three pints, and seeth all these together in Brine, wherein flesh hath been laid to salt, and let the hot vapor thereof ascend to the sore place through an instrument like a Funnell made of wood; and this done, wash this sore place with this water following. Take the inner bark of the roots of black Thorn, and seeth it in a pint of white Wine Vineger, and a pint of water; of the Bark twelve ounces, of Roch Alum two ounces, seeth these together in a stone Cruse, in a Kettle of water closely stopped, till half be wasted, then strain them, and put of this liquor into the sore. This helped a child of twelve years old, that the Canker had eaten through the roof of his Mouth into his Nose: But if the Canker be not very corrosive, take Woodbine, Sage, Lavender, Rosemary and Salendine, and seeth these in running water and white Wine, till half be wasted, and then strain them, and put to this strained liquor a little Alum, and Myrrhe, Honey, and Sarcacoll, when these be a little foddren then strain them again, and rub thy Mouth there with often in a day.

For the falling of the Evola.

Take a little pepper and salt, and put it up there with: or else take and seeth a little pepper in Ale and dip a linnen cloth therein, and put it up there with: also take a handfull of Fetherfew, and rub it betweene your hands, then lay it to the Crowne of the Head, and it will draw up the Evola.

For a Canker in the Mouth.

Take a little bundle of Rosmary, Sage, and put it in running water, and seeth them well together; and put to them Roch Alum, and wash thy Mouth therewith: or take Woodbine leaves, and stamp them, and put thereto a little running water, and strain out the juice thereof, then put to the same a little white Coperas, and wash thy Mouth therewith, and it will be whole.

For a Canker in the Mouth.

Take a sawcer full of Woodbine water, and put thereto as much Alum as a Hasell Nut; and then take of Mell-Roset as much again as the Alum is, and put to it a spoonfull of good Vineger, and boil all these together upon a Chafingdish, and wash the Canker therewith.

Medicines for Teeth-

To make Teeth white.

Take the Vineger of Quinces, and dip a little piece of cloth in it, and rub thy Teeth, and Gums therewith: the said Vineger fastneth the Teeth and Gums, comforteth the roots of the Teeth, and maketh sweet Breath.

To keep the Teeth sweet, clean, and from danger of Worms, or a Regiment ach.

Take a pint of white Wine, two ounces of Alum,

lum, and a quarter of an ounce of Honey, boil them together, and wash your Mouth therewith every morning.

A Regiment for the Tooth-ach.

You must wash your mouth before and after meat with warm water to cleanse the mouth, and purge the humors from the gums, which descend out of the head, it is good every morning to wash the mouth, and to rub the Teeth with a Sage Leaf, or with powder made of Cloves and Nutmegs. You must forbear Lettice, and raw fruits, all tart things, and the chewing of hard things: also all meats of evill digestion, and vomiting, and straining of your self.

For the Tooth-ach.

Take the root of Henbane and seeth it in vinegar, and hold in thy mouth the decoction thereof, and the pain of the Teeth will away straight: or take Hysop, and make a decoction with vinegar, and wash your mouth and teeth therewith being hot, and the pain will away.

Another for the same.

Take wheat bran, and good stale Ale, and make it thick like Mustard, and let it steeke therein a quarter of an hour, then strain it, and put thereto the powder of pepper a good quantity, and some of the juice of Rue, and make it somewhat thick, and put it into a little bag of linnen cloth, and lay it between thy cheek and thy teeth, and lie down on that side, and let the water run out of thy mouth,

and use it three or four times, and thou shalt never have the Tooth-ach more: or take Hounds tongue, and stamp it, and fry it with butter, and make a plaister thereof, and bind it to thy cheek on that side the pain is, and thou shalt be whole. Proved.

An approved medicine for the Tooth-ach.

Take Berries of Ivy, and the scraping of a Harts Horn, and boil it in white Wine, and make a plaister thereof, and lay it to thy Cheek, and hold the liquor thereof in thy mouth, and thou shalt be whole. Or take Pepper, Salt, and the roots of Primrose, and dry them all together, and make powder thereof, and rub thy Teeth therewith.

To take away the Tooth-ach in half an hour.

Take Henbane seed, Smallage seed, and Poppy seed, of each the weight of a penny, and make pellets thereof as big as a Vache, with a quantity of *Aqua vita*; and lay it unto thy Teeth that ake, and the pain shall cease straight.

A notable medicine for the Tooth-ach.

Take Pellitory of Spain, both of the leaf, and of the root, wash it, and stamp it, and thereof make three balls, every ball as big as a plumb, and lay the first ball between the Teeth and the Gummies, the space of a miles riding, and even as the water engendreth in thy mouth spit it out whole, and put in another ball, as thou diddest at the first, and likewise the third, and so let the water run out of thy mouth still, and be whole straight.

To

To make Teeth white.

Take flower of Rie, Salt, and Honey, and mingle them wel together, and therewithall rub thy Teeth every day twice or thrice, and then wash them clean with water, and they will be clean. Or take green branches of broom and burn them, and make thereof a powder, and burn Alum, and mix them together, and then temper them with fair water, and rub thy Teeth therewith, and it will do away the blacknesse of them.

For the Tooth-ach.

Take the green part of the Eldar rine, not the uttermost, nor the innermost, but the green in the middle between both, and Sage, Rue, and Ginger, and a good deal of Salt, then grind them all together in a mortar, and seeth it in white Wine, and make a plaister thereof and lay to the cheek, and be whole.

Another for the same.

Take a pint of the strongest Vineger thou canst get, and a handfull of Sage, the root of a red Nettle the quantity of a fingers length, and as much of the rine of an Oke, and cut them in little pieces, and so let the Vineger and all the rest seeth together from a pint, then let the Patient chew it on the sore Tooth, and so dresse him evening and morning, half of it at each time, and this shall help him for ever. *Probatum est.*

For to remove a Tooth.

Take the root of a Mulberry tree, and lay it in

Vineger, three daies and three nights, and then dry it in the Sun, and make powder thereof, and rub thy Teeth therewith, and they will fall out.

A Water for the Teeth.

Take and distill the water of Motherwort, and hold it in thy mouth a good while, and it will kill the pain of the Teeth, and the stinking thereof. Also water of Vervain, or Hysop water will do the like.

For the Tooth-ach.

Take Henbane seed, and the powder of Amber, of each alike much; and lay them on a glowing tile, and make a pipe that thy breath may go through to the fore Tooth, and this will kill the wormes, and put away the Tooth-ach.

For a Canker, and Tooth-ach.

Take Smallage, and Sorrell leaves, Alum, and glasse, and make thereof a powder, and lay it to the sore, wheresoever it be, and for the Tooth that is hallow end aketh, take the flowers and leaves of Pellitory, and stamp it with salt, and fill the hollow Tooth therewith, and be whole.

For the Tooth-ach.

Take Ivy Berries, and seeth them well in Vineger, and when they be well sodden sip some of the liquor as hot as you may suffer it, and hold it in your mouth till it be cold, and then cast it out, and take new, and do so three or four times, and it will ease you.

For

*For the Teeth.**For the Tooth-ach.*

Take and roſt an Egg hard, and put therein ſpoonfull of ſalt, and two ſpoonfulls of Vineger or good Aleger, and temper them well together till they be a pap, then ſtrain it, and with a little fine cloth put ſome thereof into your mouth, and when you have ſpit out the corruption, reſreſh the ſame with more, and it will take away the pain ſhortly.

To make Childrens Teeth come.

Take the brains of a Hare, and ſeeth them, and anoint the Gums therewith: and take the brains of a Hen likewiſe, and rub the Gummes therewith, and this ſhall make the Teeth grow without aking.

To faſten the Teeth.

Take and ſeeth the roots of Vervain in old Wine, and waſh thy Teeth therewith, and this will make them faſt.

For Wormes in the Teeth.

Take Henbane ſeed, and lay it upon a flat ſtone, and ſet it upon a Chafingdiſh of coals, and let the ſmoke go into your mouth, and this will kill the Worm ſhortly.

For the Tooth-ach.

Take the inner rine of an Eldar tree, and bruife it a little, and put thereto a little Pepper, and make it in balls, and lay it to your Teeth, and be whole.

The cauſe of theſe impediments may come, either

ther by an humor descending out of the Head to the Teeth, or Gummes, or by corroding or eating of Worms, or corruption of blood, lying and being upon; and betwixt the Teeth: or it may come by drinking of hot Wines, eating of hot Spices, or hot Apples, Pears, Cherries, and such like; and it may come of a hot Liver or Stomach: and ever beware of pulling out of thy Teeth, for pull out one, and pull out more, but if it be hollow pull it out, for it will rot still more and more, do what thou canst.

Medicines for the Gummes.

*For the Gummes that be gnawn and fretted
with Humors.*

TAKE Cloves, and seeth them in Rose-water, then dry them, and make powder thereof, with Rose-water, or Roses, for that is best, then dry it again in the Sun, do this three or four times, and then temper the powder again with Rose-water, or with the juice of Roses, and anoint thy Gummes therewith.

A water for a Canker in the Gummes.

Take half a pint of white Wine, and a quarter of a pint of water, and put thereto an ounce of burnt Alum, and take a quantity of five leaved grasse, otherwife called Cinque-Foil, and put all these

these into a clean earthen pot, and set it over the fire, and let it seeth to the half, and scum it cleane. then strain the liquor into some vessell, and keep it in a glasse till thou have need to occupy it.

Another for the same.

Take Herb Grasse, and wash it clean, and dry it with a linnen cloth, and stamp it in a mortar, and put thereto strong red Vineger, then straine it through a clean linnen cloth three times folded, of an ell broad, wet it in the same medicine, and lay it to the sore within the mouth; and if it be a very great Canker, take Alum, and beat it very small in a mortar, and put it to the said medicine, to the value of a handfull of Herb Grasse, and this will heal thee.

To make a Gumme hard to hold the Teeth.

Take clean Rose-water, and daily wash thy Gummes and Teeth therewith, and it will fasten thy Gummes to thy Teeth.

For rotting of the Gummes.

Take the water of great Sage, and wash thy mouth, and Gummes therewith, and it will help the rotting of thy teeth, and the shaking of them, if thou use it often in a day, and hold it in thy mouth.

Medi-

Medicines for the Face.

For a sawcy stain'd Face like a Leper.

YOU must give him a Purgation, as is said in the pain of the Head, coming of Choler, then dip cloaths in Alum water, which must be made as followeth: take a pound of Alum Glasse, the juice of Purslain, of Plantine, and Verjuice, of Grapes, or Crabs, of each a pint, with the whites of twenty one Eggs well beaten together, then mingle them all together, and distill it in a Stillitory: this water is for the Pimples, Scurfes, Chafings, Wheals, and Heats, dip your cloth therein often, and lay to the rednesse.

The cause of these impediments doth come of a venemous matter, ascending out of the Stomach, meeting with Rheume that would descend from the head, and meeting both together, do cause the Vapors to break out in the Face.

For a Copper Face.

Take Litarge of Silver and Brimstone, of each a like much, and seeth them in Vineger, and then wet a linnen cloth therein, and lay it to the sore, putting a little Rose-water to it.

A diet for a Copper Face.

Abstain from all salt things, Spices, fried Meats, and roasted Meats; from drinking of Wine, for it is very ill: also Onyons, Mustard, and Garlick be very bad, instead of which you must take

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Purslain,

Purslain, Sorrell, Lettice, and Hops, Borage, or therwise Succory, or Endive in your pottage. Also it is necessary to be laxative, and sleeping to lay your head high.

For a red Face.

Take Sowthistles, Borage, Purslain Sorrell, Barley, Parsly roots, and Licoras, and boil them altogether in running Water, and drink it first and last.

For Worms in the Face.

Take of Rosine three parts, and the fourth of unwrought Wax, one spoonfull of Honey, half spoonfull of May Butter; try them all together on the fire, then strain it through a fair cloth into a dish of fair water, and when it is so cold that you may stir it with your hand, work it well against the fire, as you do an Electuary, and in working thereof, put in as much white Coperas as a Nut, as you do occupy it made into powder, then strike it on a cloth, as you do other plaisters, and lay it to the Face, and within three daies you shall know whether there be Worms; they will rise white like Wheals under the plaister: then cast more Coperas on your said plaister, and so dresse him, and he shall be whole.

To make the Face fair.

Take the flowers of Rosemary, and boil them in white Wine, then wash thy Face therewith and use to drink of the same: Or take Burnet water, and wash thy Face therewith, and let

dry by it self: also Water of Bean flowers doth better.

A medicine for a white Scurf in the Face.

Take of Vineger a pint, and dissolve in it one ounce of Champhire, and let it stand therein fourteen daies, being very well stopped, and then wash the diseased place. This holp a Gentlewoman which had a long time a Scuff rising in her Face, as though she had been a Leper.

For chapped Lips.

Take and anoint them with *Unguentum album consecratum*, and if there be any corrupt blood or matter, you must wash the place with water of Plantain wherein hath been sod a little Alum, before you put in the same oyntment: also it is good to wash the place with Plantain water, and Barley water together.

To put away freckles in the Face.

Take and anoint thy Face with the blood of a Hare, or of a Bull, and this shall destroy the Freckles within five nights dressing, if you use it.

A singular medicine for Worms in the Face.

Take the leaves and roots of Leeks, and the juice of them all together, and take thereof a pint and a half, and put it into a glasse, with an ounce of powder of Pellitory, and a scruple of Verdigreace, and stir them all together, and every day bath the Worm and Wheelks with Cotton moistened in the said juice, and stir it often in the said glasse: also it is good for Worms in any other

members, and breeding in the sicknesse, called in France the *Kings Evill*.

To put away freckles in the Face.

Take and lay a raw Egg (that is new laid) in white Wine Vineger all night, and on the morrow stamp the Egg small, and then put thereto as much powder of Mustard-seed as the Egg was, and mingle it with the Egg, and when thou goest to bed, anoint thy Face therewith, and on the morrow mingle Barley meal, and hot water together, then cast away the water, and wash thy Face therewith nine daies: or take Salendine, stamp it, and temper it with white Wine, and lay it to the Face: or take a good quantity of Pellitory of Spain, and white Wine, and let it stand a while, and then wash thy Face therewith, and it will heal thee.

For Blains in the Face.

Take Salt, and the roots of Plantain, and Verjuice, and stamp them well together, and wash the Face therewith, and this will heal thee.

For a foul Blast in the Face.

Take red Honey-suckle for the man, and white for the woman, and take the juice thereof, and anoint therewith thy Face, and it will heal thee.

For a sawcy flegme Face.

Take the roots of Enula Campana, and seeth in a pot of Vineger, untill the Vineger be well for away, then stamp it in a Mortar, and put thereto Quick-silver, and Brimstone, and Swines Greace, and make therewith a plaister oyntment and

noir

inoint thy Face therewith, and if you make a plaister lay thereto the same stuffe. This is proved. Or take oyl of Tartar, and anoint thy Face therewith or any Canker, or Ringworm, Tetters, or Leprosie, for this will make it whole.

For a red Face full of Pimples.

Take and distill water of Salendine, and dissolve Camphire in it, as is afore written, with Vineger, and with this wash thy Face; this did make a maid whole in twenty daies, that had a marvelous great heat in her Face. Also there was a Farmers wife in *Berk-shire* which had her face full of white Scales, and was cured with this that followeth: She took Honey-suckle leaves, and distilled them, and washed her face often with the water, and it never came again. Also there was a woman which had such a grief in her Face, that if she had been by the fire but a little while, and then gone abroad into the ayre, her Face would have risen full of red spots, as though she had been drunk, which was helped with this which followeth: She took Frankincense, and Saffron, and then made them to powder, and then cast this powder upon a Chafingdish of coals, and received the smoke with open mouth, and using it often, was helped.

To take away freckles in the Face.

Take Pellitory, and seeth it with Wipe, and make a plaister thereof, and lay it to the Freckles,

and this will take it away: or take the Gall of a Cock, and mingle it with the flower of Cocle, of each a like quantity, and make a plaister thereof, and lay it to the Freckles: or take when you kill a Bull, and save the blood thereof, anoint the place therewith that hath the Freckles, and it will take them away.

To take away the small Pox, that they shall not be seen.

Take the juice of Fennel, and heat it luke-warm, and anoint the place therewith three or four daies divers times, for this is an approved medicine for the small Pox.

To make the Face fair.

Take white Lillies, green Cocle, and green honey Suckles, of every one a like much, and then distill them in a Stillatory, and take the water thereof, and wash therewith thy face, and within fifteen daies thou shalt be fair.

For a red Face.

Take a handfull of Scurvy grasse, and a handfull of Tutson leaves, and seeth them in a quart of Ale a pretty while, then strain them, and drink thereof morning and evening.

Medi-

Medicines for the Throat.

THe causes of these Impediments do come of Rheume descending from the head, or by Opilation, or such like; therefore first purge Flegme and Rheume.

For a sore Throat that is inflamed.

Take two spoonfulls and a half of Honey, two good spoonfulls of Treacle, of Alum as much as a Pullets Egg, of sweet butter two good spoonfulls, five Sprigs of Rosemary, a quarter of a spoonfull of Pepper, and for an old body the more Pepper.

For dry hoarsenesse in the Throat.

Take the root of Parsly and the root of Fennel, a like much, and three penny weight of Enula Campana, and one pound of Figs, and a quarter of a pound of Licoras; seeth all these together in a gallon of running water to three quarts, and put therein a little Hysop, and strain it, then boil it, and take the white of ten or twelve Eggs and put therein, and let it boil together till it turn clear, then take Sugar, Roset, and put thereto as much as a Hens Egg, then take it from the fire, and cleanse it through a fair cloth, and drink thereof morning and evening.

For a Canker in the Throat.

Take a pint of good stale Ale, and a good hand-

full of Sage, and a good stone of Alum, as much as an Egg, and boil them together well, and then with a cloth wash thy Throat, and garle it in thy Throat, and be whole: Or take Sage, Woodbine, Rue, Hyfop, or Penryall, of each a quarter of a hondfull, and boil them in good wine Vineger, or strong Ale, with a little Roch Alum, and a spoonfull of Honey, and then strain these through a cloth, and with liquor scoure the Canker with a fair cloth on a sticks end, and wet a cloth double, and lay it plaisterwise to your Throat, and be whole.

For hoarsenesse in the Throat.

Take Penryall, and seeth it in running water, and then take of it at night a dish full, somewhat hot, with a little Sugar melted in it, and within two or three times dressing you shal be clean again.

For hoarsenesse of a long continuance.

Take Raifins, Fig, Sugar, Cinamon, Cloves, of every one a little, and seeth them in good Wine, of the which you shall give the Patient two ounces at a time, morning and evening, except she have a Feaver: or for a Child that hath the Cough, Take Oyl of Roses, and chafe well his stomach when he goeth to bed, and then lay a warm cloth on his stomach, and he shall be whole.

To heal a Quinsie in the Throat.

Take one pound of the water of Scabias, and one ounce of *Aqua vite*, and mingle them together, and wet cloaths therein, and so lay it to the fore

fore, and this will kill it in three or four daies.

For the dry Cough.

Take half a pound of Licoras, and scrape it clean, and bruise it well, and put it into an earthen Pot, and put thereto three quarts of fine Wort, and one ounce of Sugar, of Ginger beaten two drams, and a pint of clarified honey, and seeth all these together, till half be wasted, and then strain it through a cloth into a clean Vessell, and let the sick drink thereof first, and last, at evening hot, and morning cold.

For stopping of the Pipes.

Take two drams of Methridatum, and a spoonfull of Claret Wine stirred together, and so drink it fasting, and by and by drink a pint of Claret Wine after it, and then fast two hours after, without meat or drink, and take this twice a week for two or three weeks together, and use in all your meats and broths, white Pepper grossely beaten.

For the Cough a good medicine.

Take a half penny worth of Licoras, a spoonfull of Aniseed, a fawcer full of the juice of Fennell, and one ounce of Sugar Candy, seeth all these in white Wine, or Sack, from a quart to a pint, then strain it, and give the Patient thereof to drink.

For the Cough, and Purpinesse.

Take of the powder of the Lungs of a Fox, and Sugar Candy, and temper it in Rose-water, and drink thereof: Or take white Sugar Candy, and Rose-water,

water, and drink it, for it is very good for the Cough, if it come of the inflammation of the Lungs.

For the Chin-Cough.

Take the root of Horse Hoor, and the root of Cumfry, of each a like much, and wash them in fair water, then stamp them, and seeth them in fair water, till half be consumed; then take two parts of that liquor, and a third part of honey, and boyl them, and scum them clean, and when it is well sodden, put it into some boxes, and let the sick use three spoonfulls at a time, every day fasting, and to bedward.

A very good medicine for the Cough.

Take a brown Loaf, before you put it in the Oven, and make a hole in the top of it, and put therein a good handfull of Rosemary, and cover it again with the same Paste, and being baked, take it out of the Oven, and mingle it with half an ounce of the powder of Enula Campana roots, of Licoras three parts, of Sugar Candy as much as of the Rosemary, of round Pepper, and long Pepper, of each half an ounce, take of this evening and morning, and in your pottage, and it wil help the Cough with great successe, for it hath been well tried.

Medicines for the Breast.

For sore Breasts when they be broken.

TAke Wheat flower, and two yolks of Eggs, and the juice of Plantain and mingle them all together till they be thick like a sawce, and if there be holes in the Breasts, make Tents that will suffice the holes, and dip them in the same, and put them in the holes, and lay a plaister thereupon.

For sore Breasts.

Take a handfull of Figs; and stamp them untill the Kernells be broken, then take a little fresh greace, and temper it with the Figs, and make a plaister thereof, and lay it as hot as the Patient can suffer it unto the breast, and it will take away the anguish, and if it be apt to break, then it wil break, or els not.

An healing salve for sore Breasts that be broken.

Take Sorrell, the Boyes call it Wood sowre, and lap it in Wort leaves, and rost it in the Embers half a qurtter of an hour, then stamp them, and put thereto Honey and Vineger, and put them in a Box, but first lay to the sore Breasts a plaister of Garlick and Meal, boiled together in Vineger two or three times, and lay it thereto.

For swelling of Womens Breasts.

Take Linseed bruised, and the white of an Egg, or the juice of Smallage, and mingle them well

Egg, or the juice of Smallage, and mingle them well together, and lay them plaister-wise to the swelling of the Breast, and if she lose her milk, give her to drink the juice of Vervain, and he shall have milk enough, and this will also heale your Breast.

For abundance of milk in a womans Breasts.

Take Popilion, and Lineseed Oyl, and seeth them together, and dip cloaths therein, and so lay them to the Breast, taketh away the abundance of milk, and the hardnesse of the Breast presently, also Chickweed sodden in Plantain Water, and laid Plaister-wise to the Breast, drieth up the milk, and taketh away the hardnesse thereof: greene Wheat being stamped and strained with Oyl, bringeth to women milk abundantly without measure.

For all manner stopping of the Breasts.

Take the Gum of a Cherry tree, and dissolve it with old Wine, and let the sick sup thereof, and it will void all hoarsenesse and straightnesse of the Breast and Lungs: Also take Figs, and slit them on the outside, and stop them full of Mustard, and seeth them in white Wine, and eat of the Figs, for this is vey good.

For all diseases of the Breast, and to clear the Voice.

Take a good quantity of Woodstone, and grind them not too small; and then put them into an earthen pot, and put thereto new Ale, as it is cleansed

cleansed, and mingle them so, that the Ale be a good deale above the Stone, and bury it in the earth, and cover it well with the same earth, and so let it stand nine daies, then give to him that needeth a little cupfull hot at night, and cold in the morning.

To clear the Breasts.

Trke Sentory, Pilliall, Rew, Hysope, and red Morrell in stale Ale, and strain it, then put into the clear liquor Cinamon and Cloves, and seeth them well, and drink thereof nine daies, at evening hot, and at morning cold, and be whole. Also take Angelica Water, and drink it at evening and morning, an ounce at a time, and it will greatly help thee.

For sore Breasts.

Take the yolk of an Egg, and fair fresh grease, and sowre fresh dough, and mingle them well together, and make a plaister thereof, and lay it to the sore, and when it is broken do away the dough, and lay it to your Eggs and grease, and it will be whole quickly. Or make a plaister of Smallage, Linseeds, and whitts of Eggs, and lay it to the sore Breasts, and this wil heal them; or take Claret Wine and Barley flower, and boil them together thick, and make a plaister thereof, and lay it to the Breast; this hath been proved.

To make the Breasts shrink, and to heal them.

Take Hemlock, stamp it and temper it with Verjuice, and lay it on the sore Breasts, and use this and thy Paps wil be lesse, and to make them whole, annoint

annoint them with it, and it will make them hard.

For a woman that lacketh milk in her Breasts.

Take of Christall ten penniweight, and make fine powder therewith, and drink it with Bastard or Muscadell five or six times. or els take of Fennel, of Mallows, of Anniseeds, of March, of each two handfulls, and seeth it in Bastard or Muscadell, and strain it, and drink it oft. If the Breast be long, and big, and great, make a plaister with Hemlocks sodden in white Wine, and lay it to the Breasts. If there be any inflammations in the Breasts, take the whites of two Eggs, and two handfulls of Houseleek, compound both together, and lay it to the Breast. If thy milk be crudded in the Breasts, take Dragagant, and Gum Arabick, and compound them with whites of raw Eggs, and the oyl of Violets: and make a plaister thereof: Or take pitch and liquefie it in the oyl of Roses, and put thereto a little Goats dung, and dregs of Wine, and make a plaister thereof.

Medicines for the Spleen.

An expert medicine for all diseases of the Spleen.

TAKE the leaves and cods of Seny, the bark of an Ash tree scraped and cut, Maiden-hair, Hartstongue and Licorish, and seeth them all together

ther in clear Wine, and then strain it, and drink thereof twice or thrice a day till it be amended. Or seeth the rhine of an Ash in white Wine, and drink thereof, and it will help thee. Or take your own water in the morning and wash your side, and a little the Stomach downward, and it will help you.

Another for the Spleen.

Take the roots of Nettles, and stamp them well together with Vineger, and lay it unto the Spleen when it swelleth. Also the lungs of a Fox dried and made in powder, and eat in a Fig in the morning, is very good.

For the wasting of the Spleen; and for the Droppe, for the Water passage, and for the stopping of the Liver, and for the flower, and Emeroides.

Take Gromell, Saxifrage, Parsly, and Sage, and boil it all together in strong Ale that is stale, and use to drink hereof, in the morning, at noon, and at night, and use these herbs in your pottage, and this will help you, or the powder of them in your pottage,

The Spleen is a spongy substance, lying under the short ribs in the left side, and it doth make a man to be merry and to laugh; and if a man be Spleentick, let him use merry company, and let him be let blood in a vein called Salvatella on the left side, some do use to let blood in a vein called Basilica on the left side. But I say, that every thing that hurteth the Liver, hurteth the Spleen, and every thing which is good for the Liver,

is

is good for the Spleen. And whosoever will make the hardnesse of the Spleen whole, first take the marrow of a Calf, and the marrow of a Hart, and the fatnesse of a Hog, of a Capon, of a Duck, and the oyl of sweet Almonds, of each a like much, mix these together, and annoint the Spleen, and dry the Lungs of a Fox, and make a powder thereof, and eat it with figs.

Medicines for the Stomach.

THe cause of these impediments may come by anger, or fear, or by great studying upon many matters, or by extreme heat or surfeiting, or such like.

For belching.

Use for this disease Dietrion, Popperion, drunken in Wine, a scruple of each.

For pain in the Stomach.

Take a spoonfull of hot ames, and dew them with good Wine, and cover them with a linnen cloth that it go tound about the spoon, and lay it to the Stomach, or take a slice of bread meekly thick tost it, and wet it in hot oyl of Camonile, as hot as it cometh from the Oven, or in oyl of Spike, and wrap it in a linnen cloth, and lay it to the pain.

Another for the same.

Take a dram of Galingal in powder, and give it to drink with a little hot Wine, and above all things for pain of ventosity, a singular remedy is to drink a little Caster with good Wine.

For

*For a stinking breath that cometh out of
the Stomach.*

Take three ounces of Cummin in powder, and seeth in Sack from a gallon to a pottle, and give the sick to drink thereof as hot as he may suffer it, first and last, and without doubt he shall be whole within fifteen daies.

To vomit or cleanse the Stomach.

Take three roots of Daffadils; and wash them clean, and cut them small, and seeth them in a cup of Ale or Beer till it be half consumed, and put thereto half a peaniworth of Saffron, and boil them together, then strain and drink it after you have broken your fast.

For wormes in the Stomach.

Take three or four cloves of Garlick every day fasting with Salt, and abstain from meat and drink after it half an hour, and you shall be whole.

*For him that cannot keep his meat in his Stomach
without vomiting.*

Take Quinces and make them clean, within and without, and seeth them in strong Vinegar, then stamp them in a Mortar, and put into them a little Mustard-beaten into powder, and so incorporate them together and lay it hot upon a linnen cloth, putting to it some powder of cloves, and lay this upon his brest, and within three or four times doing he shall be whole.

For Flegme in the Stomach.

Take Beer and seeth it, and scum it clean, and put
E thereto

thereto a good quantity of Sugar, then take a race of Ginger and grate it into thy Beer, and so drink it warm.

For Wind in the Stomach.

Take a pottle of White-wine, two penniworth of Sugar-candy, and two spoonfuls of Anniseeds, and two or three roots of Parsly, and as many of Fennel and seeth them all together untill they be half wasted and then drink it warm as often as you will. Or take and drink Powder of Comin in Red-wine to bedward three nights together, and thou shalt be whole.

To stay Vomiting.

Take and make a toft, and temper it with Vinegar and Mints, and so hold it to your Nose, this stayeth Vomiting.

For an ill breath coming out of the Stomach.

Take the uppermost leaves of Rosemary, and eat two or three in the morning fasting.

For the Stomach that hath the Pipes stoped, and so the Dropsie breedeth.

Take two parts of Cinamon, and the third part of Galingal, and the same quantity of Ginger, and put that powder into a spoonfull of Hyssopewater, and drink it fasting, and be whole.

Things evil for the Stomach.

All sweet things, for they make the Stomach sweet old cheefe, honey, marrow of bones not well sodded, to eat e're thou art hungry, to eat many sorts of meat at one sitting, to drinke e're thou be athirst, to eat bread not well baked, heaviness, anger, dreads, though

thought, raw flesh, over-great travel, all fried meats, much bathing after meat, too much casting, to eat when thou art over-hot, and all milk is naught save Goates milk.

For burning in the stomach.

Take Sorrel, Cinque-foil, Borage, and Violet Leaves, and stamp them together, and strain them into Ale, and make a posset thereof, and drink it next your heart when you feel your self greived, and when the heat is gone, make posset Ale of Mercury, and that will restore you to heat againe, and bring you to good temper.

To make one Vomit.

Take an Oken Leaf, and lay it upon your tongue, the rough side downward, and hold close your mouth, and this will make you Vomit. *Probatum est.*

A precious Medicine for all winds in the body, the Strangullion and the Stone.

Take the root of a white Lilly that never bare power, and bruiſe it, and seeth it in a pint of White-wine, and put into it two spoonfulls of Anniseeds and Sugar, and let it seeth, till it be more then half sodden away, and give it to the sick that is in pain, and it shall soon ease him of the great pains.

A precious powder for Digestion.

Take Ginger, Cinamon, and Gallingle, of each one ounce, of Anniseeds, Carraway seeds, and Fennel seed half an ounce, long Peper Graines, Mace, Nutmegs, of each two ounces, of Setwell one ounce,

make all these in fine powder, and put to them two pound and a half of fine Sugar, and use this powder before meat, and after at your pleasure, from ten graines to twenty at one time, it is good to comfort the Stomach and against Wind.

For the Stomach that cannot digest, nor have appetite to Meat.

Take and drink often Sorrel water, or Angelica water, or Betany water, or ground Ivy water, for all these are good for the same.

Medicines for the Liver.

An Ointment for the Liver that maketh good Digestion, and keepeth the body from putrefying.

Take oil of Roses, and oil of Wormwood, of each two ounces, and set them over the fire, and when they begin to boil, put thereto an ounce and a half of fine Mastick, and when the Mastick is dissolved, strain it while it is warm in the morning, and make a plaister thereof, and lay it to your side, and be whole.

A Restorative for the Liver and the Lungs, if they be rotten it will restore it again, and do away the Glisme from the Heart, and comfort the same.

Take Fennell roots and Parsly roots a drachm, and pill away the Bark, and pull out the pitch, and cast

it away, then mince them small, and put into a brazen pot three quarts of water, and set it on the fire, and put the roots therein: then take twelve Figs and cut them small and pound them, and put a quantity of Honey to it, and let it boil a while, then take it down and clarifie it through a cloth into a vessel of glass, and stop it fast that no air go out, and let the sick drink of it hot in the morning, and cold at night a good draught.

For one that hath his Liver cloven to his ribs.

Take a shelfull of the juce of Betany, and a quarter of a pint of White-wine, and three or four spoonfulls of honey, and pepper corns, temper these together, and drink thereof, and it will help you.

For the heat of the Liver.

Take Liver-wort, and five-leaved grass, Succory, Endive, Bugloss, and Borage, and seeth all these in three pints of whey, and drink of this as often as you will, and this will help you.

For one that is Liver brent.

Take a handfull of Sowthistle, Dadelion, and Rib-Wort, and seeth them in three pints of water, with Licorish, untill the one half be wasted, and drink of this at all times, saving at meat.

For the stopping of the Liver.

Take Ivy Berries, and Egrimony, Harts tongue, Liver-wort, and the Bark of an Ash, of all these a little quantity, and put them to double as much Poppydion, as of any one of the rest, and make thereof pottage, broth, or syrope. If the Liver be opilated,

the face will swell, and paine will be in the right side.

To preserve a man from stopping of the Liver.

Take a Fig and gross Pepper, with the crops of Time, if it be eaten two hours before dinner, and two hours before supper, it preserveth a man from opilations of the Liver. Also the Liver of a Hare dried and made into powder, is good for all diseases of the Liver.

For the Liver.

Take a good handfull of Liver-wort that groweth upon the stones, and another of Fumitory, and as much of Harts Tongue, and seeth them in whey clarified, and drink it every day twice. If the Liver be hot, because of too much blood, the Patient hath red urine, hasty Pulse, his Veines great and full, he feeleth his spittle, mouth and tongue sweeter then it was wont to be; wherefore it is good to be let blood in the Liver Veine, on the right arm, and to use Lettice or Sorrel, Putslain and hops in pottage, and sometimes to drink of the water.

Medicines for the Jaundise.

Take Cows milk and White-wine, of each a pint, and distill them, and keep the water that cometh thereof, and give the sick to drink thereof two ounces in the morning, two hours before meat, and likewise after supper, when he goeth to bed.

For the Jaundise.

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For the black Jaundise.

Take half a nounce of Enula Cumpana roots, and seeth them in two pints of milk, then take the milk and strain it through a piece of cotton, and give the sick to drink thereof. This did help a gentlewoman that was sixteen years troubled with the Jaundise, and could not be holpen.

For children, take Turmerick and Ivory, of each two drams, of Saffron two scruples, seeth these in milk, and give it to the children that have the black or yellow Jaundise.

Another for the Jaundise.

Take an ounce of hempseed and bruise it, and then boil it in good strong Ale or Beer, and scum it very clean, and let the sick drink of this drink, and eat the sodden seed.

For the black Jaundise.

Seethe one drachm of the inner bark of a Walnut-tree in a pint of Ale or Beer, and in the same drink quench steel, being made red hot: at least fourty times; and drink of this five or six ounces at a time, hot, evening and morning: this is proved excellent good. Also, Goats dung, or Fallow Deers dung, strained into milk, and given to the sick, hath holpen the black Jaundise.

For the yellow Jaundise.

Take Elecampane roots, and the inner bark of a Barbary, of each six ounces; of Salendine roots eight ounces; of English Saffron the weight of a groat: seeth all these in a pint of White-wine, strain it, and

drink thereof four Spoonfulls morning and evening warm.

For the yellow Jaundise.

Take a pretty deal of Turmerick, and the inner rind of a Barbary Tree, and boil them in a pint of White-wine or milk, with a dock root, and so drink morning and evening.

Medicines for the side.

For wind in the side.

TAKE the leaves of Holly, and dry them, and make powder thereof (but do not burn them) and give the Patient thereof to drink in Beer or Ale, and it will ease immediately. Proved by my Lady Coplin.

For a stitch in the side.

Take the urine of him that is sick, Wormwood and Cummin, and seeth them well together, and by the fire therewith anoint thy side, and after with the oil of Bay. Also Endive water, water of Divells-bit water of Mallows, and water of *Carduus benedictus*, are all good for the Stitch.

For a stitch in the left side.

Take a quantity of Cummin, and steep it in a pottle of Malmsey, then take and fry them together in a Pan, and put it into a linnen bag, and lay it hot to your side, and it will help you.

Another

Another for the same.

Take and stamp three fingers full of wormwood, Mints, and Camomill, Mallows, Red Roses, Sage, Cummin, and white bread Crums, and boil all these in Red-wine or in stale Ale, and make a plaister thereof, and lay it to the side. *This is proved.*

To know when one hath a Stich, whether it be of the wind or the Pleuresie.

Take Wormwood, and lay it on a tile-stone before the fire, and when it is near hot, sprinkle it with good Malmsey, and put it in a linnen cloth, and lay it to when you feel the stitch: if it be but a windy, it will take it away in two hours; but if it be the Pleuresie, it will augment the pain, and then seek other remedy.

For a stitch at the Heart.

Take and distill Endive water, and when the fire is out of it, drink thereof one ounce at a time; for this will help all Stitches at the Heart if you will use

Medicines for the Pleuresie.

TAKE Broom Flowers, Scabius and Carduus Benedictus, of every one a like portion, mingle them together, and let the Patient every morning and evening take a good draught, and anoint the ribs with oyl of Broom Flowers, for this is good.

Another

Another singular Remedy for the same.

Take three ounces of the water of Lady-thistle, called *Carduus Benedictus*; one spoonful of White-wine, and six inner whites of egges well braid: mingle them together, and lay them plaister-wise upon the ribs as hot as you may suffer it.

Another for the same.

Take two good handfuls of horse-dung, two-races of Ginger in powder; then wrap the dung and the Ginger together in a linen cloth; then put them into a pot to boil with a quart of White-wine, until the third part be consumed; and drink thereof evening and morning: and after you have drunk the said wine, cover you well, and sweat.

A Regiment for the Pleuresie.

The Patient ought not to drink wine, nor eat flesh, but must be content to drink Tysants, Barly-water, and weak drink; and to eat Barley hulked, and milk of Almonds clarified, roasted Apples, and great Raisins, as long as the Fever doth last. And to help him to spit, it is good to use often white Pills of *Diadraganton*, Sugar-Candy and other things mentioned in the Remedies of the Cough.

For the Pleuresie.

The common practice is, to let the Patient blood, and to administer to him Tysants, and to give the syrup of Violets in the which is dissolved Cassia newly drawn; half an ounce of Manna Elect. 1. 3. give this to the Patient after he is let blood: this hath holpen many. Also this is very good for the Pleuresie:

fic: Take a hollow Apple, and put therein four or five graines of *Olybanum*, and put the Apple in the hot embers, and so let it lie till it be roasted, and then give it to the Patient: this hath helpt many without letting blood. A Pleuresie cometh of cold humours, and if it be not far past, give the Patient Malmsey wherein hath been sodden Camomill, to drink; this hath helpt many without letting blood.

Medicines for the Lungs.

An excellent Medicine for the Cough of the Lungs.

TAKE the Lungs of a Fox and wash them clean in fair water, and lay them in Wineter two days, and then hang them up to dry, the shortest way is to dry them in an Oven, and then take a few crops of Hyssope, Elecampana roots, and a few crops of Hoarhound, and a good quantity of Anniseeds, and a good quantity of Licoras, and an ounce of Sugar-Candy, and bray all together, and searse it, and then you may chuse whether you will eat the powder in apples, in pottage, or in meat.

To make a water that is restorative for a man, that if his Lungs be wasted, will restore them again, and gather nature again.

Take Fennel roots, and Parsley roots, an handful of each, and wash them clean, and pill off the utter bark of the roots, and the hard roots that is with-

in

in them, and cast it away, and make the small; the take a brazen pot, and put therein three quarts of water, and put the roots therein, and seeth it over the fire: then take Figs and mince them small, and Licoras small, and put them together, and make them boil well; then take Sorrell and stamp it, and put thereto, and let it boil well, and then take it down and strain it through a cloth into some Vessell of earth, and stop it well and fast that the breath go not out, and let the sick drink thereof hot evening, and morning cold.

For the Cough of the Lungs.

Take a handfull of Figs, and seeth them in Ale or Beer until they be somewhat tender; then slit them afunder, and put them in a linnen bag, and so lay them on your Stomach warm, and when they be cold can warm them again in the same liquor.

To comfort the Lungs.

Take and distill our Lady Thistle, and drink the water thereof twice a day, and it will comfort the Lungs. Also the water of Chervel doth the like.

To open the Lungs.

Take Hysope water and drink thereof twice a day evening and morning, at each time one ounce and half, or two ounces, and it will help you.

For the Imposthuration of the Lungs.

Take and drink water of Camomil, twice a day at each time an ounce, and it will help thee: Fennel water will do the like. Approved.

For heat or drought in the Lungs.

Drink water of great Plaintain twice a day, and it will kill the heat of the Lungs. Water of blue Violets doth the like.

Medicines for the Heart.

For trembling of the Heart without a fever.

Take the maw of an old Cock, drier it, and make powder thereof; and drink the same powder in Red-wine or sweet wine, for it is very good; put a little Saffron thereto.

For the Heart that beateth or trembleth in mans body, and cometh of thought.

Bray Corall in a mortar of brasse as small as you can; then searfe it, and mingle it with Sugar very fine beaten, use to take of this powder in Borage water or syrop, first in the morning and last at night, and it will help you.

A good Medicine for the Heart, and Swourning.

Take the powder of Cloves, with the juyce of Borage, a spoonfull at a time, and it will help you. Also the powder of Ginger and powder of Cummin put in meats, is good for the same.

A comfortable Medicine to restore the spirits of the heart, and to mend the disposition of the

Etick or Consumption, as followeth.

Take a quarter of an ounce of Gold foyle, and half an ounce of *Mannus Christi*, beat them in a

mortar

morter together untill none of the Gold be seen, and keep it till you have need to use it, which must be in manner following. Take a quart of pure rose-water and boil it with two ounces of Penidos, keep it in a faire glais; and when you will use it, take in the morning half an ounce of the foresaid powder, and put it in your mouth, and drink it down with five or six spoonfulls of the foresaid water.

For swelling or rising about the Heart.

Seeth Oyl Olive by it self, then take as much Honey and seeth it by it self, then seeth them together, a little while; and when it is cool, put it in a pox, and this is very good for the Heart.

For fatness about the Heart.

Take the juice of Fennell and Honey, and seeth them all together, untill they be hard, and then eat thereof evening and morning, and thou shalt be whole.

To put away venom from the Heart.

Take *Bolearmoniack* and *Sanguis Draconis*, of each three ounces, and of the best Cinamon four ounces, and mingle them all together in powder, and so receive it, and it will put away venom from the heart.

For Gnawing about the heart.

Take Sage leaves, and as much Yarrow, and grinde them together, and temper them with Ale, and then strain and drink thereof.

Things good for the heart.

Saffron, Borage, Harts horn, Mustard, Cloves,
Ga-

Galingale, Nutmegs, Red Roses, Violets, Mace, Sugar, good Wine moderately taken, Mirth and good air : that day you eat of Piony, or drink thereof, you shall not swound.

Against Swounding.

Borage eaten with flesh, or in pottage, is good for them that fall in their Swounding, or be faint at the heart, or have Cardiack Passion at the heart.

Against Swounding.

Take water that Roses hath been sodden in, and the Powder of the same with a raw egge : or take Rose-water, that Sweet Water hath been sodden in ; this is very good.

Medicines for the Belly.

To dissolve a hard Belly.

TAke and stamp Mallows and Mercury together, and make a plaister thereof, and lay it to thy Navell, and it shall dissolve the matter in the womb in short time. Or take the juice of Rue and drink it, with stale Ale, or Wine, or fair water, and use to drink of this, and it will help thee in short time.

For any hard belly that is sore.

Mingle Pennyroyall and Ginger together, and bind them plaisterwise to thy Belly, and be whole.

For Diseases of the Belly whatsoever they be.

Take Wormwood, Rue Motherwort, Lavender, Cotton, and the gall of an Oxe, Cow, or Calf; stamp the

the herbs, and put the gall thereto, and lay it to the bottom of the Belly, and be whole.

A Drink to destroy all evils in the Belly or Body within fifteen daies.

Take Scabias, Mugwort, Smallage, Devills-bit Herb-Ivy, Wormwood, Fumitory, Fetherfew, and Spiknard, of each a like quantity, stamp all these and seeth them in White-wine, and clarifie it with whites of Eggs; drink of this nine daies, and be whole.

Medicines for the Collick.

For the Winde-Collick.

Take Winter-Savoury, stamp it a strain it with strong Ale; drink this warm, and immediately the paine will cease, as if it were sweep'd away. There have been divers helpt with this, which have had such pain with the winde-collick, that they have swowned severall times in a day. Also a cupping-glass set upon the top of the Navel, is a present remedy. Also Camomil, Rosemary, Sage, and Salt roasted under the embers, and laid to the Navell is present remedy. Emmets eggs dried in an oven, made in powder and drank, helpeth the Wind-collick immediately. *For the Collick of the Stomach. see after.*

For the Strangullion.

Cut off the top of an Onyon and take out the core, then put into the place a pretty quantity of this powder

powder following. Take Betany and Centory of each a like quantity, and make powder thereof, putting in a little Butter; then put on the top again, and put it in hot embers and roſt it, then lay it to your Navell as hot as you may ſuffer it, and be whole.

To make a precious Water for the Strangullion.

Take a peck of Hawes when they be ripe, and half a peck of Hips, and beat them in a mortar to powder, then take two gallons of Lees of Malmſey or Sack, a Penniworth of long Pepper, and a half-penniworth of graines, put all theſe together and diſtill them in a Stillitory or Limbeck, take the water thereof and drink it lukewarm firſt and laſt.

For the Collick, a precious medicine, proved.

Take three fingers full of Saxifrage, Maidenhaire, ſweet Time, and Parſley ſeed, and ſeeth all theſe together in Malmſey, ſtrain it and drink it warm. Or take Time, Miats, Woodroof, Vilipendula and Setwell, make pottage, herewith, and you ſhall find great eaſe.

For all evils within the Bladder.

Take an handful of Fennel ſeeds, Parſley ſeeds; bruife them temper & them with three pints of fair running water, and drink this firſt and laſt at your pleaſure.

For one that hath much wind in his belly.

Take Juniper berries ere they wax black, and dry them in the air, and keep them all the year, and uſe twenty graines of the powder thereof in your drink and pottage. Or take the roots of Elecampane, the roots of Pellitory of the garden, and Fennell roots,

of each a like quantity, and as much of Sothernwood wash them, and bray them a little, and seeth them all together in a gallon of Wort, and drink thereof.

For the Collick.

Take Flower and Ale, and drink it unfod, with a little Sugar, and this will make you go to the stool and ease your Collick and Strangullion.

Or take Hempseed and dry it, and make powder thereof, and let the Patient drink it, with Ale or Wine: Or take Dill seed, Anniseeds and Cummin of each a like quantity, beaten into fine powder, add it in your pottage and it will help you.

A soveraine Medicine for the Collick and Stone.

Take Parsley seed, Fennell seed, Anniseed, Cummin seed, Plantain seed, of each of them a quantity of an ounce, an ounce of Nutmegs, foure ounces of fine Sugar, beat all these seeds into powder and searse them, and let the Sugar be beaten with Ale then take of the powder as much as an Hasell nut and let the Patient use to drink thereof morning and evening four times a week warm with wine or Beer (but Wine is best) and when the pain cometh drink it with Malmsey.

Another.

Fry one handfull of Pellitory and Butter together and bind them to thy Navel, and this will suddently cease the pain. Or take a Lapwing and burn her the fire feathers and all, then take twenty graines of the ashes of her, and give it the Patient to drink with the

Wine somewhat warm, and this will ease the Colick.

For the Collick of the stomach.

Take of Broom seeds a spoonfull and a half, so many Barberries with the hulls off, and half a spoonfull of Anniseeds, and a quarter of a spoonfull of Licorice, and as much white Sugar Candy, of all these beaten together into powder, take a quantity first in morning and last in an evening.

Medicines for the Wormes.

Take and eat Garlick, and it will kill all wormes in mans Belly. Or take of the juice of Lavender-Cotton, and put to it the powder of wormseed, and drink it three times every morning fasting, but drink not in an hour or two after, and this will destroy the Wormes.

For Worms in young Children.

Take Setwell (you must buy it at the Apothecaries) and make it into fine powder, and give the child to drink as much as a small Walnut in a cup of Malmsey, and it will destroy all wormes. Or, Take Garlicke, Wormwood, Mints, Fetherfew, Tansey, and stamp them all together with the gall of an Oxe, then heap them together and put them in a linnen cloth, and press them to the Navell as hot as may be suffered, or wash them in Vinegar and lay them to likewise. Or

or take gall of a Bull, and dip some Wool therein and lay it upon the Navell of the child, and it will make the worms come forth. Or take Honey, and spread it on a toft of bread, and caft good worm-feed thereon, and give it the child fafting.

Wormes in the Belly.

Take the pills of Oranges, and dry them, and make them in powder, and drink it in Malmſey or ſtale Ale, there is nothing better.

Medicines for the Guts.*For the Guts that fret.*

TAKE twelve leaves of Rue, nine peppercornes, and as much Dill-feed as thou may'ſt take up with thy two fingers; ſtamp them and temper them together with faire water, and it will helpe thee.

For wind in the Guts.

Take Honey, pitch, and Butter, and ſeeth them together, and anoint thy belly therewith againſt the fire.

For pain of the Guts.

Take Tanſey, Rue, and Sothern-wood, and caſt with ſalt faſting, and be whole.

For the cough in the Guts.

Take the water of Flower-de-luce, and drink it luke-warm twice or thrice a day, an ounce a time. Alſo water of Cammomil doth the ſame.

drunk as aforeſaid: The water of Vine leaves i^s
good againſt ſitches, and alſo againſt Impoſtumes in
the Guts.

Medicines for the Navel.

A plaſter for ſwelling of the Navel.

TAKE Cowes-dung and dry it to powder, Barly
flour, and Bean-flour, of each a portion; the
juice of Knot-graſs a good quantity, and of Cummin
a little; make a Plaſter of Ale, and lay it to thy
Navell, and it will heal thee. Or take Cowes dung
and ſeeth it in Milk of the ſame Cow, and lay it on
the grief; this is alſo marvellous good for a ſudden
Ach, and ſwelling in the Bag.

For a Childs Navel ſore with crying.

Take a little Bean-flour, and the aſhes of fine
linnen clouts burned; and temper it with Red-wine
and Honey, and ſo lay it to the ſore.

Medicines for the Back.

For the weakneſs of the Back.

TAKE flour of Barly and Beans, and one
ounce of oyl of Roſes, the yolk of an Egg;
and make a Plaſter thereof, and lay it to
thy back in the day time, and it will doe

you much good. Or take flower of fine Rice, and Wheat flower, and temper it with Claret wine and Sugar, and put thereto a little of the powder of Clare. and Nutmegs; and make a Cake thereof, and bake it well, and eat thereof; this is good. Eat it in a morning, or as oft as thou hast a desire.

For the pain of the Back.

Take fresh Cow dung, and fry it in Vinegar, and make a plaister thereof, and lay it to thy Back; and within four or five times dressing thou shalt be whole.

For pain in the reins of the Back.

Take and seeth the leaves of red willow, and as hot as the sick may suffer it, lay it to the reins of thy Back, and within four or five times dressing thou shalt be whole.

Medicines for the Flux of the Belly.

To restrain the Flux, whatsoever the cause be.

Take the pisse of an Hare, and dry it, and make powder thereof, and drink it: Also the water of Oken-buds, or the very Acorns dried and made in Powder, and drunk with Red-wine, is very good. Also the maw of a young Leveret is very good, drunk with the juice of Plantane.

A good Medicine for the bloody flux.

Take a penniworth of Honey, and a penniworth of Wheat flower, and three spoonfulls of Chalk, and the yolks of five Eggs, and half a penniworth of Saffron

and make a Cake thereof, and eat thereof four daies, and be whole. Or take the root of the red Nettle, and stamp it, and delay it with water or Ale, then strain it and drink thereof, and be whole for ever.

For all manner of fluxes that be curable.

Take the seed of Plantane, and the blossomes of Red-roses in powder, of each alike, and give the sick half a spoonfull at once with warm whey, first and last three daies together, and it will heal him. Or take and drink the water that stone hath been scalded first and last, and be whole.

To stop a Lask in Children.

Take a dram of the seeds of Plantane, and make powder thereof, and give it to the Child to drink in Red-wine, or in Ale, and it will stop the flux: Proved true. Or take Almonds and blanch them, and dry them in a Pan, and eat them divers times in a day. Also the dung of a stoned Horse that goeth to house, fried in Malmsey, and laid to the Navell, will stop a Lask.

To stop the bleeding of the Fundament.

Take Aloes and Mirrh, of each alike, and make them into powder, and with a little Oile of bitter Almonds anoint the sore, and the cast the Powder thereon, and put upon the Fundament with a hot Scarlet cloth, and this will help thee.

To make a man have a Lask.

Take Salt and Soap, and lay it to thy belly plaister-wise; and it will make thee have a Lask straight. Or take the gall of an Ox, and anoint thy belly and

Stomach therewith, and it will make thee Laxative.

To keep a man Laxative.

Take Mallowes and Mercury a good quantity and stamp them together, and fry them with Malt butter, or fresh butter; and then strain it and keep it in a Box, and anoint your belly therewith evening and morning, and it will keep you soluble.

For the Bloody-flux.

Take the jaw-bones of a Pike, and makes powder of them, and eat of the powder dry, or take it with Red-wine first and last, and it will stop the flux; for it hath holpen, when nothing else could help.

Another for the same.

Take red Beans and boil them in Red-wine, till it wax thick, but first dissolve a little Allom in the Wine; then let the Patient eat of this evening and morning, and drink nothing but Red-wine after it. This did help a man that had the flux a great while of him. Or take an old Apple, and pull out the core, then put into the Apple a ball of Virgin-wax; then roast it in the embers and eat it; this will stop the flux: *Probatum.*

To avoid bruised blood.

Take Nepp, and drink the juice thereof with Wine or Ale, eight or nine times, and this will cause it to a void downwards, although he had it twenty times.

*A gentle Purgation to be taken at all times
without fear.*

Take two ounces of Syrop of *De radicibus*, and Manna one ounce, mingle these with five ounces of the water of Buglois, and he shall have a Lask without peril. Or take a little clarify'd Butter, and put it in Ale luke-warm, and give the Patient to drink thereof; and it will make him go to stool.

Medicines for the Stone.

*A Medicine for the Stone, tryed by Master
Hide of Narbury.*

TAKE four handfulls of Proſper, ſix handfulls of Parsley and Parsleyroots, two handfulls of Grommel, or for want of that, ſome Crommelseed, the quantity of an Egg-shell full; two handfulls of Philipendula, three handfulls of Betony, four handfulls of Mouſear, one handfull of Centuary with Maſt, begotten between the two Lady-daies; two handfulls of Cherry-stones, three handfulls of Briarheps, threescore inner-skins of Pigeons giffarens; let them be washed and hanged upon a thred till they be dry, so as they may be knocked to powder, as also the Heps and Cherry-stones must be dried in an Oven or before the fire, the other herbs in the Summer; the Heps, Cherry-stones, and Giffarens must be knocked

knoocked to powder every one severally by themselves, the other herbs must be rubbed to powder, then blend them all together and sift them through a fine sieve; and take every morning and evening a quantity of half a Nutmeg of the same powder, and put it in a spoon, and blend a little Beer or Ale, and sup it, and drink after it; and use this till you find ease.

An excellent Medicine for them that have the Stone.

There grows in the Gall of some Oxen a certain yellow stone sometimes in bigness of a Walnut, somewhat long and brittle; if you take that Stone and make it to powder, and eat of it in your pottage the weight of a scruple or more at a time, according to your strength, it is a singular thing for them that cannot make water, and for stopping of the Conduits.

For the Stone and Strangullion.

Take a handfull of Chickweed, and as much fresh Butter as a Walnut, and half so much black soap, and stamp them all together in a mortar, and then fry them, and lay them plaister-wise to thy Navel, and this will make thee void the Stone without any pain. And for the Strangullion, take the bone that is in the pisse of a Weasel, and dry it, and make powder thereof, and use to drink it with Ale or Beer, and be whole.

For the Stone, that never faileth.

Take Barley Malt, and pick it very clean, and then

then grind it, and make thereof good wort, and put
into the said wort a good quantity of Cherry stone
kernels, and Gum that groweth on Cherry trees,
and boil the wort and the Gum together, untill half
the wort be consumed; then strain it, and put it in a
fair Vessel, and use to drink thereof morning and e-
vening, and be whole on warrant.

Another for the same.

Take the Urine of a Boar, and give it to the Pati-
ent to drink; and it shall drive out the Stone where-
ever it be. This medicine did a Lady use for the
best medicine that ever she knew.

Another for the same.

Take the blood of a Fox, and anoint the side that
is sore, and the Stone will break to powder, and go
away if you use it. Or take the blood of a Fox with
White-wine, and it will break the stone hastily.

To break the Stone in the Bladder.

Take a great flint stone, and lay it in the fire untill
it be as hot as fire, and then put it into stale Ale, and
drink thereof at evening and at morning, and it will
break.

A soveraine Medicine for the Stone.

Take the blood of a Fox, and anoint thy yard
therewith, and this will break the Stone in the Blad-
der; and to try the goodnes thereof, put some small
stone into the Fox blood, and it will break it. Or take
a great root of radish, and pare him, and cut him
into fifty round pieces, and put them into a dish, and
put thereto honey enough, and let it stand all night;
and

and on the morrow eat nine pieces, and the next day eat eight, and then seven, and so abating one every day till all be eaten; and this will break the Stone.

A proved Medicine for the Stone.

Take one dram of true black jet, and beat it to powder, and searle it, then take Bees (Rings and all) and dry them in an Oven, and make powder thereof, and drink it in half a pint of White-wine, and the Jet together; and if you put the seed of Burres made into powder into it, it will be the better: And for lack of Bees, and Bur-seed, you may use to drink the Jet alone. This medicine is well proved, and if you use it, it will help you.

A Medicine for the Stone, oftentimes proved.

Take green Samphire as it groweth, and make powder thereof, and let him that is troubled with the Stone drink every week of it, whether he feel pain or no, and in short time it will rid him clean of the Stone; this powder is best to be drunk with White-wine.

For the Stone.

Take the Acorns that grow on an Oak, and dry them; and make powder thereof, and drink it in the morning fasting with Rhenish wine and sugar; take twenty graines at a time; and this will break the Stone.

*A most approved Medicine for the Collick and
Stone, by the most learned Physitian
Doctor Gynello.*

Take a quantity of wood Betony, and dry it to powder, and a quantity of the roots of Elicampana, and dry them into powder, and boil them with a little Sugar plate in a quart of Red-wine unto a pint, and drink it hot in the morning fasting, before the Sun be up, and in the evening after the Sun is down; use this three times, and it will help thee God willing.

A special Medicine for the Stone, of Doctor Leuckner his Experiment, as followeth.

Take the green weed that cometh from the Sea amongst the Oysters, and wash it very clean, and dry it as dry as you can, and make it into fine powder, and drink it fasting with Malmsey, and it will break the greatest Stone that is.

For the Stone.

The best thing that is to dissolve the Stone in man or womans body, is the oil of Cyrstal, being dulcified by Chymists, and given to the Patient, a dram at once in White-wine or Rhenish Wine a good draught: for if you lay a stone in the Urine which the Patient voided, afterwards it will dissolve him in twelve hours; and the same oil will also heal any green wound or sore with great expedition. There was a man the which was sore grieved with the Stone, who was holpen with this drink following. Take the blossomes of Hawes, and distil

distil them ; then take the water thereof and seeth
and put therein Crommel-seed , Saxifrage-seed, and
Parsley-seed ; of each an ounce, of Goats blood
Hares blood,, and Fox blood, of each of them seve
Drams ; seeth all these in a quart of the water,
a close pot of Pewter or earth, in a Kettle of water
the space of six hours ; then strain it, and drink thereof
every day : This is an excellent thing.

*To deliver the Stone, a Medicine that never
fails.*

Take the roots of red Nettles , and wash them
clean in many waters, and then bray them small, and
lay them in Red-wine twelve hours ; then give the
sick thereof to drink six spoonfuls of the liquor , and
let him rest on a bed three hours ; and then give him
twelve spoonfuls, and three hours after give him
twenty spoonfuls, and anon he shall make water, and
deliver the Stone. Or take white Thorn buds in
May and distil them, and take a pinte of the said wa-
ter, and half a pint of Malmsey, and boil it a little at
the fire, (but if you put in a little Honey withall, it
will be the better) and then drink it to bed-ward.
Proved by Master GAGE.

To break the Stone.

Take one dram of a Jet-stone, and two races of
Ginger, and three shells of Eggs, hatched under a
Hen when the Chickens be out ; (but first take away
the skin of the shells) and put them all together in a
Mortar, with the piece of a stone that cometh out of
an Oxgall, or with Parsley-seed if you cannot get
the

the stone; and make powder of all these together, and drink of it with warm Ale in a spoon as often as you shall think good, twenty graines at a time, and it will break the Stone, and ease you of the Collick, and cause you to make water easily.

An excellent Medicine for the Stone.

Take Selgreen, Plantain, Fetherfew, and Tansey, and pound them all apart, and keep every Liquor by it self in a glass; then take of each of them a like quantity, and boil it with Bean-flower and Hency to make it plaister-wise; and then take a double swadling-band of linnen cloth, and spread the plaister thereupon, and so lay it to the pain, and round about the back, and use it so a fortnight or three weeks; for this is a speciall good Medicine, and well approved.

Another for the same.

Take a Goat, and keep him three daies fasting; then put him in a Tub full of holes, and the fourth day give him nothing but Crommel, Parsley, Alexander, Salendine, Saxifrage, Hawberries, and Watercreffes; and make him to lick prepared Salt, and give it him with wine to drink; and so keep him with that food a whole week in the foresaid Tub; and all the water he maketh, you must through the holes of the

the Tub receive it into some vessel; then take this water, and put thereto Holly Berries, Ivy Berries, and Hawthorn Berries, of each half a handfull; of Juniper Berries, of flowers of Starewort, of Crasfoot, of each half a handfull; of the seeds of Parsley, Sage, Fraze, Elysander, Radish, Philipendula, Nettles, and Berries of Kneeholm, Asparagus, Fennel-seed, and Aniseed, of each half an ounce; of the roots of Kneeholm, of Asparagus, and Water-creffes, of each of the four ounces; of Grommel-seed and Smallage seed eight ounces. Bruise all these seeds small, and chop the herbs, and put them into the foresaid Goats water the space of 12 daies in some warm place, stirring them every day two or three times; then put them together in a Still, and hang in the mouth of the Still a little Muske, Cinamon and Cloves, because of the loathsomeness of the Goats water; and so distil the water, and give the Patient that hath the Stone three ounces at a time: this is the most Soverain water can be found, for it melteth and voideth the Stone without pain: This holpe a Scholar at *Eaton Colledge*, whom all the Physitians gave over as one incurable.

Of the Stone.

The Stone is engendered by reason of a great heat that is about the Reins, straightness of the Conduit, and abundance of gross and slimy humours; or Brentholer, which by the said excess of heat, is (as one would say) baked or dried as Clay in the Furnace, and so at last becometh a hard Stone. Therefore it is chiefly to be noted, that without the mending of the foresaid

his w^h foresaid causes, all that you do minister to break the
es, a Stone, is either hurtful to the Patient, or else to small
of Just effect; therefore it is good to keep a sober diet. And
Foot, note, that alwaies whatsoever they be are nought in
S^u this case: All kind of Pulses, as Pease Beanes, and such
les, take; all gross flesh water-fowls and fowls of great
and Aⁿodies, and all fruits (except ripe Prunes) are nought;
F^o and all Shell-fish, except Crevise and Shrimps; also all
of the pepper and hot spices, and all meats salt or sowre; but
d eigh^t specially beware of hard Cheese, for that is oftentimes
herb^s the onely cause of the Stone; and you must not lie on
e spa^{ce} your back, and you must keep your Reins cold, and
e even^t your back be untrussed in Summer.

A present remedy for the Stone.

Mus^k Take a penniworth of Parsley seed, and a penni-
neis^e worth of Coriander seeds, and bruise them. then boil
ve th^e em in a pottle of Rhenish wine till it come to a
be: th^e quart, then take to that 12 bones of a whittings head
meleⁿ beaten small, with a little Sugar, and put a little there-
holp^e at a time in some of the said wine, and drink it
itian^e morning and evening: if it work not, put a little
omphrey seeds beaten into it.

An approved Medicine for the Stone and strangury.

Take most of Licoras, then Anniseeds, Coliander,
Grommel, Fennel Parsley, and Alicander-seeds:
G then

Then dry all these seeds and pound them severally by themselves; and note that Licoras, Anni-seeds, and Grommel-seeds be Restoratives; and when they are all in powder, mix thereto powder of Sene, to the quantity of one half of one parcel of the scowrers; also mix thereto with Sugar-candy, to the quantity of your Licoras, with a Nutmeg or two; use this powder fasting in clear Ale, in your Broths, and all suspected meats.

Remedies for a Mans Yard.

IF this Impediment be of any interial cause, use to drink Milk, or else drink oft a good portion of the water of Hawes, and inject into the Yard the water of Comphry, if the Impediment be betwixt the head and skin of the Yard, wash the head of the Yard divers times with White-wine, and after that use the powder of a rotten Post, or any siccative Medicines is good; or else *Populion* or *Unguentum ei Epstace* is good.

For the Erection of the Yard above Nature,

Take first and anoint the Yard and Codds with oil of Juniper, and the oil of Campheret is good, and is *Agnus Castus* braid and made in a Plaister, and laid upon the Stones.

This Impediment doth come of the inflammation of the Reins of the back, or of inflammation of the Veins of the Yard and Stones or of too much use of Venereal acts.

To heal a Mans Yard that is sore.

Take Turpentine, and the yolk of an Egg, of each a like much, well beaten together with Saffron, and anoint the sore Yard therewith. Or take and seeth the powder of Linseed in sweet milk till it be thick, and lay it to the Yard Plaister-wile, and anoint it with the juice of Morrel and Plantane, and be whole.

For the swellings in a mans Yard.

Take Leeks, with the tails, and wash them clean, and stamp them, and fry them in Barrows-grease, and make a plaister, and lay it all about the yard, and be whole. Or take Betony, and seeth it in Wine, and stamp it, and make a Plaister, and lay it to the Cods, and it will assuage the swelling of them; this is well proved.

For pain in mans Yard through Gravel or Champise, as followeth.

Take Pellitory, and Boares-grease, and fry them together well, and make two Plaisters thereof, and lay one between the Navel and the Yard, and the other on the Reins of the Back, and anon thou shalt deliver water and gravel, which before thou mightest not do but by drops; this will help thee without doubt.

To make a water for a sore Yard.

Take and put Allom in fair water, and seeth it till the wax tough; then put it in a pewter Box: this will cleanse a sore, and make it fair.

For burning with a Harlot.

If a man be burnt with a Harlot, and do meddle with another woman within one day, she shall be burned: If one be burned, let him wash his secrets two or three times with White-wine, or Sack and water; but if the matter have continued long, go to some expert Chirurgeon to have help, or else thy Guts will burn and fall out of thy belly.

For a mans Stones that hang down long.

Take the fatness of a Houle-coney, and anoint thy Cods and Stones therewith, and then wrap thy Stones in a Coney-skin; do this nine times, and labour not in nine daies, and be whole.

For him that cannot make water.

Take Rue, Grommel, and Parsley, and stamp them, and mingle them with White-wine, and give the sick thereof to drink warm. Or take the juice of Cinquefoil, and drink it with Posset-ale, and it will make you make water anon.

For one that cannot make water.

Take the stones and Kernels of Peches and Medlers as much of the one as of the other; and make them into powder, very fine, and searle them; this done take fine Sugar, the weight of all this; and mingle all this together, and let the Patient drink thereof with good White-wine, and he shall be whole incontinent.

To make one make water.

Take six or seven Berries of Ivy, and stamp them and strain them with Ale, and give the sick to drink.

drink thereof, and he shall make water straight.

To make one make water.

Take a pint of good Ale, and put therein of Honey, even as it cometh out of the Hive, with Bees, wax and all, and straine it with the Ale; then give it the Patient to drink, and within one quarter of an hour he shall make water; with this was one holpen that lay three daies, and never made water.

To make one make water easily and speedily in great quantity.

Take Mother of time, Parsley and Parsley seed, alike quantity of each, seeth them in a pint of White-wine, to half a pint, and give that to the Patient to drink; pour out the drink from the hearbs and the seeds, and then drink that blood-warm.

To make one make water.

Take a pint of White-wine, and a good spoonfull of Sivill Soap, finely scraped, and the yolks of two Eggs well put from the whites; beat all these together with the Wine, and then strain it, and warm it luke-warm, and drink thereof as often as you shall feel pain, and this will help you; for it is well proved.

A Medicine for the scyatica.

THis Infirmity commeth of hard lying on the Huckle-bones, or lying upon the ground, or upon a form, or such like : it may come by a stripe or a fall, and it will run from the Huckle-bone to the knee, and from the knee to the ankle, and from the ankle to the little toe, and then it is past cure ; and otherwhiles this Gout will have a reflexion to the Reines of the back, and to the flank ; and it may come of a gross Flegmatique humour.

The chiefeft remedy is, to anoint the place with oil of Turpentine, and Aqua vitæ compounded together, and use to anoint the place often against the fire, and a searcloth of pitch is good.

For the Scyatica.

Take oil of Olive, May butter, gall of a Bull, and red Onions, and boil these together, and lay it to the hips where the pain is ; this is a good Medicine. Or take a red cloth, and anoint it with clarified Honey, and thereupon strew the powder of Commin, and as hot as you may, bind it to the sore, and be whole.

For the Scyatica in the Hip.

Take a Pottle of wine Lees, and wine dregs, and sower bread, and Cow-dung, and boil these well together, and make a plaister thereof, and lay it to the pain as hot as you may suffer it, and this will heal you.

For the Scyatica Passion.

Take a gallon of Urine, and seeth it well, an scum
it well, untill it be cleer; then take it down, and let it
stand untill it be cold, and then put the cleer there-
of into a fair Pot, and put away the dregs, and then
take the same cleer Urine, and put it over the fire, and
put therein a quart of black dew-Snails, and boil
them together, untill the Snails be wasted then strain
it through a hair sieve, and keep the same liquor in an
earthen pot, and anoint the hipp and the leg there-
with before a hot fire, and let the liquor be warm.

*For all manner of Gouts, and consumed members,
and for the Scyatica passion.*

Take a pound of Root of red docks that men
make brogys off, and wash them clean and dry them
in the sun, untill the water be away, then cut them
small, and bray them in a mortar, and boil them in a
quart of strong vinegar, untill half be wasted; and
then with the same anoint the aking place, and it will
amend: then keep it in a vial of glasse; or else it will
dry away. This Medicine is very excellent for the dis-
eases above written for it hath been very well prov-
ed.

Medicines for the Fundament.

A Remedy for falling out of the Fundament.

First, beware of taking cold in that place, and beware of costiveness, and keep your Arse and buttocks warm, and sit not upon the cold earth, nor upon the stones, nor upon a hard thing, but take something under thy buttocks, not onely for falling out of the Longation, or arsgut, for all other infirmities that may be engendred in the Longation.

For the figge in the Fundament.

This Impediment is an Imposthumation or lump of flesh growing in the Longation, and it doth come of melancholy humours, the which doth descend to the Longation, or fundament; and for remedy, purge the matter with confection of Hamock, or with the pills of *Lapides Lazule*, or with *Vera Rufini*; then take the powder of a dogs head burned, and mix it with the juice of Pimpernel, and make tents, and put into the fundament.

For him that his fundament goeth out.

Take bay leaves, and boil them in a pot of water, and as hot as you can suffer it, you must sit over it to the intent the fume of the water may go up into the body, and with your finger put it up by little and little, and when it is hot, heat an Oaken board, and sit on it as hot as you can suffer it, and it will heal you.

For the falling of the Fundament.

Take a red Nettle and bray it well, and put it in an earthen pot, and put thereto a good portion of White-wine, and seeth it untill it be half wasted, and of the liquor give the patient to drink first and last warm, and lay the herbs to the fundament as hot as he may suffer it, and use this and be whole.

Medicines for the Piles and Emeroids.

THE Emeroids or the Piles, the which be the vains in the extreame parts of the Longation, to whom doth happen divers times two sundry passions; the first is like paps and teats, and they wil bleed, and they be the very Emeroids; the other be like warts, and they will itch, water, and smart, and they be called the Piles: and in the same place doth breed other infirmities, as is aforesaid. The cause of this Impediment doth come of malicious humours in the Maw and Entrails, or it may come of a cholerick humour.

For the Piles and Emeroids.

Take a pint or a quart of Linseed Oil, and put into it as many Cray-fish alive as it will hold, then boil them a quarter of an hour, then strain the oil from them, and let them be very well beaten in their shells in a Mortar, and then put them into the oil again, and let them boil as formerly, then strain them hard from the oil, and cast them away; then

then fill the oil with as many of the young tops or tender buds of Elder, or the young fresh leaves, and let them boil in them till they begin to be crisps like fryed Parsley, then strain that very hard from the Elder, and reserve that for an excellent medicine to anoint the Piles: or moistning a little Cotton, keep it close trussed up, and it will quickly help them. It is also a soverain medicine for any Burning or Scalding.

For the Emroids.

Take an onyon, and cut off the top thereof, and take out the heart of the onyon, and fill up the place with the juice of unset leeks, and then rost it in the fire, and with the juice thereof anoint the sore, and lay all hot thereto. Or take bran of wheat, and fry it in sheeps tallow and put it in a bagg or pocket, and lay it to the sore, or let the sick sit thereon, and this will help you.

For the Piles.

Take Scabias, and boil it in water untill the water be consumed almost, and let him that is sore, hold his fundament over the Fume of the said water as hot as he can suffer it, and be whole.

For the Piles.

Take aqua vitæ cold, and wash the piles therewith, and take cotten linnen and burn it, and lay the powder thereof to the piles upon a linnen cotten cloth as often as you be greived. Or take wormwood and grind it in a mortar small, and then fry it in oil olive and make a plaister thereof, and lay it to the sore as

as you can suffer it, and this will cease the bleeding and aking.

For the Emeroids that have paps.

Take and bind about the Pap a ren silk thred, and cut away the pap above the head, and leave the thred fast, and lay a plaister of wormwood upon the same, and this will heal it, *Probatum est.*

For the Piles.

Take a quart of White-wine, and the tops of Elder buds, and Honey, and boil them well together, then strain them, and wash the place therewith, and this will heal you in short space.

For the Hemeroids.

Take the juice of red Nettle leaves, and a little Deer's suet, and heat them together in a Sawcer till it be somewhat green, and anoint the place with it.

For the Hemeroids, an approved Medicine.

Take a gray Cat, and cut her Throat, and save her blood; then flea her, and roast her, and save the greafe, then fry the greafe and the blood together, and lay it to the sore thrice, as hot as the Patient can suffer it, and it will help him.

*An excellent Medicine for the Hemeroids
or Piles.*

Take and stamp Dandelion and Daisies together, and strain out the juice thereof into good Ale, and drink thereof, and it will help thee.

AGlister.

Take of Eadive, of Succory, of Violet leaves, of each a handfull, of Cummin seeds, and Anniseeds
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being

being bruised smal, of each a little, boil them in sufficient water as will boil them tender, then strain the herbs from the lipuor, and take three parts of the water, and one part of milk, putting into it a little salt, a spoonfull of Honey, and as much Oil Olive: if you will make it stronger, you may put in an ounce of *Cassia Fissula* extract.

Medicines for the Thighes that be stiffe.

TAKE Brooklime, Horehound herb, John Sheeps Tallow, Swines Grease, and a horse turd that is new made, beat it altogether, and lay it to the sore.

For aking of the Bones of the Thighes.

Take a pint o Whit-wine, and the Gaul of an Ox and boile them well, and scum them clean; then take crums of white Bread and put thereto, and make it into a plaister, and lay it to the sore two or three times and be whole.

*To knit the sinews and veines of the Thighes,
or elsewhere, when they be broke.*

Take great wormes of the earth, and put them in salt let oyl, and with a little *Spadonesos* that Pedlers sell, work them together, and lay them to the wound and let it lie nine daies, and remove it not, and it will knit both Sinevs and Veines together. This is proved

To make an ointment to assuage the swelling, and to keep Sinews from shrinking.

Take clean Barrows Grease, and a good quantity of Sage, and boil them together upon a chafin dish of coals, and when the Sage is dry, strain it through a cloth, and anoint the place therewith.

For Thighes that be swollen.

Take Hens dung, or Pigeons dung, and Sheeps tallow, and Chickweed, and Smallage, and beat all together, and fry it with lees of Malmsey, and so lay it as hot as you can suffer it to the swelling.

For Sinews that be shrunk in the Thighes, or elsewhere.

Take young Swallows out of the nest, to the number of twelve, then take Rosemary, Lavender-Corston, and Strawberry leaves, strings and all, of each a handfull, and bray the Swallows in a Morter, guts, feathers and all, with the herbs, till they be small, and then fry it again in a Frying-pan, with May Butter, and strain it, and when you will occupie it, chafe it against the fire.

Medicines for an ach or swelling in the Knee.

TAKE Rew and Lovage, and stamp them together, and put thereto Honey, and lay it to the sore. Or take Lovage, Smallage, and Sheeps tallow,

tallow, and lees of White-wine, and boil altogether and lay it to the fore on a cloth. Or take Milk and Oatmeal, and dry Rose leaves, and seeth them together, and lay them to the fore hot, and be whole.

For an Ach that doth come of an old bruise.

Take a pottle of Running water, and a pint of Brimstone Salt, and boil them till half be wasted; then thicken it up with Bran, and lay it to the fore. Or take and seeth the juice of Nightshade in Butter and Oil, and strain off the froth, and keep the same for a precious Jewell to use when you have need. Or take and seeth Oatmeal in white-wine, and lay it plaisterwise to the fore Knee, and it will help thee shortly.

For the Gout in the Knee.

Take the milk of a Cow of one colour, and whey ten flour, and seeth it untill it be thick like a plaister, and put thereto the juice of Smallage, and lay it to the Gout, and be whole.

Medicines for Legs.

Medicine for the Legs that be swollen.

Take Wormwood, Sothernwood, and Rue, each a like much, and stamp them together; and seeth them with fair Honey, till it begin to wax dry; and as hot as you may suffer it, lay it to the Legs and Hands, and this will assuage the swelling.

*A Plaister for swollen Legs, or when you have
no feeling in them.*

Take a pound of pitch, and half a pound of wax,
and half a pound of Dears sewer, or Sheep sewer and,
boil all these together, then strain them through a
linnen cloth, and so make a plaister of white Leather,
of the bigness of the sore place, and let it lie to the
sore three or four daies; and then if it be not whole,
make another plaister, and lay it again, and so dress it
till it be whole, for this will bring the feeling again,
and molifie the humour, and assuage the swelling.

For a sore Leg.

Take unwrought wax, and a little sheeps tallow,
and seeth them together with a little white Coperas,
and strike it on a cloth, and so lay it to the sore. Or
take Elder Leaves, those that grow one side the leaf
longer then the other on the stalk, then the other
cloth, these be very good for a sore Leg, both to heal,
and these be leaves best for mandkind.

*A Pultis for a sore Leg which is swollen red, and
doth prick and ache.*

Take Housleek, Mallows, Lilly roots, and Smal-
lage, dry red Rose leaves, of each a good handfull,
Oatmeal two handfulls, Linseed, Vinecreet seed, of
each a handfull, good Ale dregs, and Vinegar, of
each a pint or more, White-wine a pottle, more or
less; seeth the foresaid stuffe very softly, and make
thereof a Pultis, and lay it to the Leg.

A Medicine for a Leg that is swollen, and is not red, but will pit after ones fingers.

Take Chickweed and Pellitory, of each an handful and instead of Vinegar take dregs of Wine, and put thereto sheeps tallow, a pound chopped, and Cow milk at your pleasure, and seeth them as before written, untill it be soft; and bind it to the swollen Leg.

Another for the same.

Take a quart of Red-wine and crums of Ry-bread and seeth them together till it be like a plaister, as hot as you can suffer it, lay it to the fore Leg, upon a fair cloth. and when that is done, take another; and so till you have taken four, and this will help you.

To heal a fore Leg coming of an old cause.

Take flowers of Camomil, or Camomil, and a good handful of Mallows, of Wormwood, of Grunsell, and Sage, of every one half a handful, and beat all small in a Mortar, and seeth it in Milk, and put thereto in the seething Vincreek seed in powder half a handful of Anniseeds, and Fennel seed one ounce, a little May butter four or five yolks of Eggs and seeth all together, and the same Eggs in the latter end of the seething, and so let it seeth till it come to a thickness: You may in the latter end of the seething put in a pint of Red-wine to comfort the Sinews take the Camomil and Mallows, of each a handful beaten in a Mortar, with Oatmeal, and milk sodded together, and let it boil to a thickness.

*For a Veine or Sinew sprung in the Leg, or
elsewhere.*

Take Dill, Vervain, Mallows, and the crops of
red-nettles, and seeth all these in running water, and
after chop them smal, and lay them hot to the Leg
he can suffer it.

*The best Medicine for aking of bones in the
Legs, or Joints, or elsewhere.*

Take a quarter of a pound of Dill, and beat it to
powder, and put thereto a quart of good White-wine;
and let it seeth till half be wasted away; then put there-
a pint of Oil Olive, and let them seeth together,
and then strain it, and keep it to anoint the sore place
itchall, and this will cease the pain anon: this is cal-
led *Oleum Unamico*; keep it well in a glasse, for this
proved.

For a swollen Leg.

Take Oatmeal and seeth it in milk, as you would
make pottage therewith, and put thereto a handful
Mallows chopped smal, and the juice of Sengreen,
and sheeps sewer, and let it boil together till it be
thick, and make a plaister thereof, and lay it to the
Leg, and be whole.

For a red swelling in the Foot.

Take and seeth Bean-meal and Barley meal with
water, right thick and well, and make a plaister, and
lay it to the swelling. Or take Turpentine and Vinegar,
honey, White-wine and Bran, and seeth all these to-
gether well until they be thick, and then lay it to the
swelling: Or take else Parsley, Sage, and Rue, and

stamp with the Lard of fat Bacon, and gray snails and lay it to the sore, and it will gather to a head. Or take Rose leaves, and Linseed, Milk, and Oat meal, and fry all these together, and lay it to the sore.

For an ach in the Feet, or if his limbs were taken from him.

Take wool oil, or rather other oil, twelve ounces and put thereto half a pound of *Aqua-vitæ*, and beat it together, and chafe it against the fire, and all to rub the sore and dead place, and in short time it will be whole.

For great aking of Bones in the Feet, or elsewhere, the best Medicine.

Take Baldare one ounce, and put it in your potage, and eat thereof, for this is very good for aking of Bones, and also to restore a man that is in a Consumption in short time, if you will use it.

To cool a hot sore Leg, and to abate the swelling.

Take Red Coal leaves, Sage and Smalage, washed and stamped together with sowre dough, and Honey, and lay it to the sore. Or take Horse-dung newly made, and wring out the juice thereof, and anoint the sore therewith a good while, and then take Violet leaves and Housleek, and stamp them and strain them, and put to that juice sweet Cream, and anoint the sore therewith, and it will destroy the great heat.

F little

*A good Receipt to heal either old or new sore,
which must be made in the Month
of May.*

Take Tutson, Selendine, Mallowes, Grounfell, Clarine and Plantane, of each of these one handfull; beat all these herbs together in a stone Mortar very fine, then take a pound of butter unsalted, and boil the herbs in it till all the strength of the herbs be boiled in it; then must you strain them through a cloth, and save some of that in a pot by it self, then must you put into the rest half an ounce of white Turpentine, half an ounce of Rozen, an ounce and a half of Yellow-wax; then boil them all softly together, till it be thick, and so put it into a gally-pot; first that you reserve is to heal, and the last is both to heal and draw.

For a swelling in any place.

Take Hogs-dung, Pigeons-Dung, and Sheeps talow, Chickweed and Smallage, and put all these together in Lees of Malmsey, or in Malmsey, or for lack of this, in his own water, and when it is well boiled, lay it hot to the sore swelling, and this will abate the swelling; and ease the pain.

For a Corn on the Toe.

Take a black Snail and rost him in a white wet cloth, and when he is rosted lay him to the corn hot, and it will heal thee in short time. Or take a sharp knife, and cut the corn clean away, and pick out the little white pith that is within him, and when you

have so done, lay a little Turpentine unto it, and be whole.

Another for the same.

First pare the Agnails or Corns with a sharp knife to the quick flesh, that it bleed, then wipe away the bloud, and drop into the place red Wax, and let it lie til it be consumed; this will heal your Corn within twice or thrice serving so.

To make a Nail.

Take Cinquefoil and bray it with any grease, and lay it unto the Nail, and this will bring the Nail again.

For aches in the Armes.

Take searcloaths that be attractive, or take the oil of Turpentine, and mix it with *Aqua-vita*, and anoint the place therewith.

For aking of the Wrests.

Take and stamp Mugwort with Swines grease, and put Verjuice thereto, and lay it to the grief, and this will help the aking. Or take Planten leaves, and stamp them with a little Salt, and this is good if it be swollen. Or take the Bran, and the powder of Lin. of each a like much, and seeth them in Wine, and put a little oil thereto, and make it thick, and lay it to the sore, and this will heal thee.

For chapped hands.

Take Mastick, Frankincense, new Wax, and oil of Roses, and make thereof an ointment, and anoint thy chapped hands, and this will make thee whole.

Ano.

For a prick of a Thorn.

101

Another for the same.

Take Rose Water, and Oil of Almonds, and a little Wax, and melt them together, and make an ointment thereof, and anoint thy chapt hands, and within four times anointing they shall be whole.

For the prick of a Thorn.

Take Sothernwood and stamp it, and mingle it with fair Barrows greafe, and lay it to the Thorn, or pricking of any venemous Beast. Or take Brooklime, Smallage, Sheeps-tallow, Bay-salt, and your owne urine well sod together, and lay it to the fore place where the Thorn is.

To draw out a Prick or Thorn.

Take Dittany and grind it, and make a plaister, and lay it to the fore, and also eat or drink Dittany, and it will do the same: Or take black Sope and lay it to the fore, and it will draw out either prick or thorn, being well tempered with Birdlime, and so will Violets boiled in Water and laid to the fore. Or take Stonetrop and stamp it, and lay it to the point of a thorn, and this will draw it out without fail.

To draw out a Thorn and heal the place, being red swollen: my Lady Audelies medicine.

Take Smallage perfectly beaten in a Morter, and put it to plack sope and Boars Grease, and beat all together very well, and make an ointment thereof, and spread it on a linnen cloth, and lay it warm to the fore place where the Thorn is, and bind it.

H 3

For

Ano.

For a prick of a Thorn or Nail.

Take Chickweed, and seeth it in fair running water, till it be tender, and then strain it from the water, and bray it in a Mortar, and put it in a bottle of milk, and put thereto Deers Sewet, or sheeps tallow, and Oatmeal, and seeth it all together til it come to a Pultis; then wash the sore place with the water that the Chickweed was sodden in, and then lay the Pultis on a linnen cloth, and lay it to the sore. Or take the dung of a Gander new laid, and lay it upon the place where the Thorn is upon a linnen cloth, and this will draw him out.

For a prick of a Thorn.

Take of the seed of Flax half a handful, and a quarter so much of Oatmeal, of Cummin an ounce, beat all these into fine powder in a brazen Mortar, and seeth them in Vinegar or Lees of Red-wine, or Claret-Wine, or White-Wine, and put thereto half so much milk, and let it seeth untill it be thick like Past, and then lay it hot to the sore; and if it be rotten it will draw it out; and if not, it will dissolve it.

Another for the same.

Take the black worm called a Shromp, which is commonly in horse-dung, and make a slit in his belly but kill him not, and lay it round upon the place where the Thorn is, or went in: it will be painful for a time, but it will bring out the Thorn without fail.

Medicines for the Gout.

An approved Medicine for the Gout.

Take Wormwood, Smallage, Camomil, holly-oak leaves, Horehound, of each a handful, then take a pint of Neatsfoot Oil, and half a pint of the Oil of Shoemakers-patches, and boil the Oils together a little while, and scum it, and the herbs being well chopped, then put them into the Oyls, and let them all boil together a quarter of an hour, and strain it through a cloth, and keep it for your use: to this must be added Deers-sewet, and two spoonfuls of *Aqua-vita*.

There be four kindes of Gouts, named in Latin *Chiragra*, *Podagra*, *Sciatica* and *Artetica*: the one is in the hands, fingers and armes, the which is called *Chiragra*; The other is named *Podagra*, and that is in the Feet Toes and Legs: The third doth keep the huckle-bone, and doth run to the Knee, and in procets of time descendeth to the Anckle, and to the Toe, and is called *Sciatica*: The fourth kind of the Gout, is named the Gout *Artetick*, the which doth run over all the joynts and parts of mans body; and the medicines of every one follow.

For the Gout in the hand called Chiragra.

The cause of this impediment doth come of rheum and evill dirt; and there be two kinds of Gout in the hands, the one is confirmed and cannot be made whole, for if it do come by kind, and the joynts be broken the sickness is incurable; the other, which is not confirmed, may be made whole, as followeth.

Take of Colworts three handfulls, and seeth them with a little Lie, with three spoonfulls of Vinegar and a little salt; stamp all these with the said Lie, and make a plaister thereof. Or take and eat Treacle and make plaister thereof, and lay it to the place: and mark if the matter do come of a hot cause, you may minister hot medicines, and if of a cold cause, hot medicines but cold, and let the Patient beware of eating of those things that be over hot or cold.

For the Gout, and all manner of Aches.

Take of Clot roots two pound, and seeth them in piss till they be tender, and then bray them and strain them through a cloth, and then take six Oxe galls, of Neats, and look that you have a pottle of urine more well strained; then put thereto a quart of Olive, and seeth this together till it do come to the quantity of the Oil, for this will work wonders in the Gout.

To comfort the joynts and Sinews.

Take five or six handfulls of Walworts, and seeth them well in Wine, then strain them with a little Wax, Oyl of Spike, and *Aqua-vita* make an ointment, wherewith you must anoint

the place morning and evening every day.

Medicines for the Gout appropriate in all causes.

Take Cow-dung, and seeth it in sweet Milk, and lay a plaister thereof to the Gout: Also the yolks of Eggs, Womans milk, Linseed, and Saffron all together in a plaister, asswageth the diseases of the Gout; and if you be disposed to break the skin, and to let the humour issue out (as by such means many a one is eased) you shall make a little plaister of black Sope, and *Aqua-vita*, which will blister it without pain: Also very hard old cheese cut and sodden in the broth of a Gammon of Bacon, and afterwards stamped with a little of the Broth, &c made in manner of a plaister, is a singular remedy for the Gout, and was first practised by *Galen* the Prince of all Physitians.

For the Gout in the Feet.

Take and stamp nettles, and lay them to the *Po-dagra* Feet or Legs, and this will join flesh to the bone that is risen; but you must mingle it with salt, for that drieth up evill humours in short time.

For the Gout cold.

Take as much black sope as a Walnut, and as much Herb-grace made in juice to the quantity of the Sope, and as much of the juice of Salendine, and mingle them all together; then takes sheeps Leather, and on the fleshy side lay on the plaister, and so lay it to the Gout three daies, and it will help thee.

For the Gout.

Take a pint and a half of good Ale, and half a pound of black sope, and a handful of bay Salt beaten smal,

small, then mingle them all together till half be consumed; then put four spoonfuls of *Aqua-vita*, and let it boil a little more, then take a cloth and dip it in it, and lay it to the grief as hot as he can suffer it, and be whole. Or take a pint of good Ale, and clarify it on the fire, and put therein a handful of Bay Salt, and stir it a good while; put thereto two spoonfuls of black Sope, and before you lay on the medicine, take a linnen cloth, and rub it well a good while, and then lay on the medicine.

To take away pain of the Gout.

Take the fattest Brach you can get, and scald him like a Pig, and take out the guts and garbidge at one of the sides, then take Nettles and stamp them with two ounces of Brimston, four yolks of Eggs, four ounces of Turpentine, incorporate all together, and put it in the whelps belly surely sowed up, that no composition come out; then roast him with a soft fire, and keep the dripping that doth come from him, and anoint the sore place therewith, for this is excellent; and will cease all manner of Convulsions of the Sinews or joynts, and pain of the Cramp that may be felt in any man: This medicine hath been tryed not onely to heal the Gout, but to drive it away for ever.

Another for the same.

Take half a pint of Strong Vinegar, and three yolks of Eggs, and put them to the Vinegar with a quantity of black Sope, and so let it stand three daies and three nights, and then mingle them together like a
plaister,

laister, and lay it to the sore. Or take and stamp Walwort small, and seeth it with the lees of Red-Vine as thick as pap, and lay it to the sore where-sover it be; if it be hot, lay it on hot, if it be cold, lay it on cold, and then anoint it two daies after with Nerve-oil upon the Sinews.

For the festring Gout that makes holes.

Take the juice of rib grasse, and as much of the white of an Egg, and Rie-meal, and mingle them together, and stamp them, and make a thick plaister thereof, and lay it to the sore, and let it lie still until it fall away. Or take Rie-flour, and mingle it with the juice of Walwoort roots, and make thereof two cakes, and bake them, and then take one and do away the crust, and bind it to the sore as hot as you may suffer it; and when that cake is cold, then take the other, and lay it to the pain, and this will heal it.

For the Gout.

Take Castle-sope, and scrape it into the barm of Ale, but the Ale must not be sowre; and stir the sope and the barm together, and then lay it upon the ach, and with a little cloth rowl it on; and when it swels, take Red-fennel and seeth it, and put to it butter, and lay it to the swelling; it must be butter unsalted, and use this, for it is very good.

An approved medicine for the Gout.

Take a quantity of unwrought wax, and four times so much Boars grease, and as much black sope as the Boars Grease; then take the Boars Grease first, and seeth

seeth it in a skillet, and then clarifie it, and melt the Wax by it self, and put it to the grease, and then put them together with the sope, then take it from the fire and stir it a great while till it be like a salve then make a plaister of sheeps-leather, and when your pain doth come, lay on this plaister somewhat broader then the grief is, and let it lie on twenty four hours before it be removed, and you shall find great ease in it. This salve will be good a whole year, if it be kept close.

A special medicine for the Gout.

You shall buy at the Apothecaries *Cantarides* which is a great fly, take of this a quantity, and twice so much sowe bread, the crums thereof stamped in a Morter with a little Vinegar, so that you may make thereof a plaister, then stroke it upon a cloth, and cut it the bredth of a penny, and lay it to the place where the pain is for six or seven hours, then lift up the plaister with a knife, and let it lie half an hour, then again pull it off, and a blister will rise there, then let out the water with a needle, in the lowest place of the blister, and softly thrust it with your finger, and if the water be cold, it will be somewhat yellow, if the pain be new, it will be white like the gelly of a Pig, then take the leaf of an Oak tree, and cut away the hardnes thereof, and prick it full of holes, and lay it on until it be whole, as soon as the blisters broken the pain is gone, but you must make the blister beneath the joynt.

For the Gout.

Take six new laid Eggs, and rost them hard, and cut them asunder, take out the yolks, and where the yolks were, while the Eggs be very hot, put in myrrh of *Alexandria*, it is to be bought at the Apothecaries, and lay one side of the Eggs upon another as you cut them, and lay them in a row between two shes, and thereof will come a water and be in the sh, then take it out, and put it in a glass, and then dress new, till you have some quantity of the water, for five Eggs will not make above a spoonful at once, this is a proved medicine to drive away the pain of the Gout when it cometh.

For the Gout.

Take the milk of a Cow of one colour, and small Planten Leaves, and flour of clean Wheatmeal, and oil them together, and make a plaister. and lay it to the sore, and this wil help thee in short space.

A special medicine for the Gout.

Take a young Whelp in the moneth of May, and strip him out of his skin, and dress him clean, then make a quantity of Water-frogs, and put them in his belly when his guts be out, and sew up his belly then fast him. and take the dripping in an Iron Vessel, and when it is cold put it in a glass, and therewithal a pint the disease, and you shall be whole, by Gods grace.

*
For

For

For the Gout

For the Gout, a proved medicine.

Take a spoonful of Civil sope, and two penniworth of Camphire, a sawcer full of womans milk, of a ma child, then put the Sope and Camphire into the milk till it be thick, then put it into a clean box or vessel and let it stand twenty four hours, and then anoint the patient therewith cold; and ever lay the medicine above the sore, to draw it downwards. This was proved upon Sir *John Wilton* and many others.

For the Gout.

Take Cows horn coming of a red or brinded Cow a good quantity, and make it warm in a frying-pan and put thereunto half a spoonful of the powder of rotten post, or pole of Elder Wood, and stir them together, and bind them on the place agrieved hot and blood-warm, and lap it with a woollen cloth next the medicine, and a linnen cloth over all, to keep the medicine: wash off this medicine when you take it off with Farrow Cow milk warmed.

Another for the Gout.

Take four ounces of the Oil of Linseed, four ounces of Oil of Worms, and the like quantity of the best Treacle, and mix them well together, and anoint the place agrieved, and also spread it on a linnen cloth, and bind it on all night.

For the Gout.

Valerian Coltsfoot, oyl of Shoemakers patch Deers sewer, and as much of Neatsfoot oyl as the other two, melt the oils and Deers sewer, and then put in the two herbs, being chopped small, and boil the

all together with a gentle fire half an hour, and then strain them through a courſe cloth, and keep this ointment in a box. Anoint the place agrieved with this ointment, and lay it on a plaister of the oil of Shoemakers patches onely ſpred upon thin brown paper warmed.

Medicines for the Dropſie.

Take a portion of water-cresses, and Sage, the greatest part of Mugwort, Hyſope, red Fennel; of every one of these a like portion, wash all these a like portion, wash all these clean, and let the water run from them: then take the same herbs and put them in past of a great pie, and the same Pie to be baked in an Oven, and when it is baked take it out, and all hot put it into a pot of Ale, clear drawn after the portion of your herbs: Also you must cover your pot, to the intent the strength of the herbs come not out, but remain in your pot still, and work in the Ale, to make it so much the stronger: then draw off the said Ale daily, and let the sick drink thereof at all times, when you will day or night, when he desireth to drink, and within nine daies he shall be whole.

*An excellent medicine for the Dropſie, made for
Queen Elizabeth. by Doct̃er Adrian and
Doct̃er Laiſe.*

Take Polupodium, Spicknard, Squant, Ginger,
Marjeram, Setwel, Gallingal, of every one one penny
weight, Senny, the leaves and cods, ſo much as all the
reſt, groſſy broken into powder, and ſo put them into
a bag, and hang it with a packthred in an earthen pot
of two gallons of Ale, and every four daies cover the
Ale with new Barm, and drink no other drink the
ſpace of a whole week, and this will purge all ill hu-
mours in the body; this drink will not let the blood
putrifie, neither ſlegme to have domination, nor cho-
ler to burn, nor melancholy to have exaltation, it
doth multiply blood, and helpeth all evil, it purgeth
the rheume, and mightily helpeth it, it defendeth the
Stomach, and nourifheth it, proſfireth and preſerveth
youth, and engendreth good colour, comforteth the
ſight, and nourifheth the mind.

For the Dropſie that ſwelleth.

Take and eat Water-Creſſes, and Rayſons, and
this ſhall make the malady come down to the Legs
and Toes; then when it is in the Legs or Feet, take
the green bark of Older in Winter, and the Crope
in Summer, and Oatmeal, and lay it to thy Legs be-
ing ſodden in fair water, and this will heal thee.

For a ſwelling in a mans body.

Take Betany, and Sentory, of each a like much,
and make Powder of them, and put of the powder
in your drink, and in your pottage, and it will bring
the

he swelling out of your body into Legs and Feet,
then take Salendine and bruise him in a Mortar, and
lay him to the soles of your Feet. and it will take a-
way all the swellings of the Body through the soles
of your Feet, by water running: and it is called a
Dropfie.

Medicines for the Canker.

Take Walwort and Waydbred, Self-green,
Bloufleeke, and Smallage, of each a like much, stamp
them together in a Leaden Mortar, and strain them
through a cloth, and mingle the juice with wheat-
flour, honey, and the white of an Egg, and stir all
these, and lay it to the sore.

*For a Canker, Fistula, Wart, new sores, old sores,
or wounds.*

Take a gallon and a half of running Water, and a
peck of ashes made of green ashen wood, and sift
them clean, and make thereof a gallon of Lie, and
put thereto a gallon of Tanwoole, and a pound of
ladder, and seeth all these to a gallon, and let your
fire be so great, that it be little more then half full;
and when it riseth with the seething, stir it with a
rodle, that it run not over, then let it stand three or
four hours, til it be clear, and then let all that is clear
rain through a good clean cloth, and then wet a
lugged cloth, and with a long Lint lay it to the sore,
and this will heal the diseases aforesaid.

Medicines for burning or scalding.

Take unflaked Lime, as much as you think good and flake it in Common oil, and then take it out dry as you can, and incorporate it with oil of Rose and it will be as it were an ointment, which you shall anoint the place with, and in eight or ten daies it will be whole, and not leave any mark or scar upon the skin; and when the party is first burned or scalded because the other is not ready, take a little of the lard of a Barrow.

For one that is burned with a Match.

Take the same Match and burn it to powder, and strew the same powder upon the place, and this will heal it in short space.

For burning with Gun-powder.

Take Sheeps sweet, and Sheeps dung, and fry them both together and so anoint the place that is burned therewith, twice every day, and do not wash before with any thing, for the medicine will fall away of itself as it doth heal; and do not change the medicine in any wise.

For burning with Wild-fire.

Take the dregs of Wine and Vinegar, and an Egg both the white and yolk by even portions, and mingle

them well together, and lay it to the fore, until it be whole.

To get out the fire of burning or scalding.

Take the white of new laid Eggs, after the quantity of the fore, and put them in a pewter dish, and with a stone of Roch-Allum, labour it about till it come all to a froth; then take a fine linnen cloth and wet it in Oil of Olive; or for lack of it, in fresh grease or butter, and lay it next the fore, and then lay the froth upon the same a good thickness, and so bind it with a cloth, four times dress it, evening and morning, and the fire will be out.

Medicines to stop Blood.

To stop bloud in a Veine.

Take a handful of Leaves of the little Burs that stick upon a mans Coat, and are called Serachantes, and bray these Leaves, and lay them to the wound, and it will stop the blood.

To stop bloud in a wound suddenly.

Take Paper, Flax, or linnen cloth, which is next by hand and burn it, and put it into the wound the whiles thereof hot, and the bloud shall stop straight: Or if you will stamp Nettle-roots, and lay them to the wound, it shall be no more.

To stop bloud, if the Master Veine be cut, or the wound very large.

Take red Nettles or red Colwort leaves, stamp them with Hogs-dung well tempered together, and lay it on the wound, and this will stench the bleeding, quickly. Or take dried Vervain made in Powder, and put the Powder into the wound, and it will help.

For a wound that is full of Blood.

Take red Nettles and stamp them with Vinegar and lay them upon the wound, and it will cleanse the wound, and do away the blood.

To stop bleeding at the Nose, or in any other place upon the suddain.

If it be a man that bleedeth, take a Leather-peg and tye about his stones very hard, and this will stop the bleeding straight. Or if his Arm or Leg be cut, bind the other Arm or Leg very hard, and the blood will run to the other side that is most pained.

Medicines for the Morpew.

TAKE Mustard made of White-vinegar, and let the Patient anoint himself withal where the Morpew is nine nights, and this will help him. Or take and bray Sorrel, and strain it clear, then put to it as much Sugar and Honey as you do juice, and boil them well together over the fire, and then let them seeth.

Sugar have the tast, then put to it one ounce of
Vinegar, and so dress it, and keep the medicine to eat.

Another for the same.

Take an ounce of very good sope, and a penny-
worth of *Aqua-vita*, and put them both into a mor-
tar, and grind them well together; then take a hand-
full of Eglantine, and stamp it, and strain it, and put
one of the Juice to the sope and *Aqua-vita*, and
then take a course Canvas cloth, and rub where
the Morpew is, and after anoint the place with this
medicine, and be whole.

For the black Morpew.

There be two kind of Morpews, the white and
the black, the white is named *Albors*; and for re-
medy for the black Morpew, take this rule, that if
the place be pricked, and it will not bleed, then it is
curable; but if it will bleed, take of Rapes and
Pecker, of each an ounce and a half, and stamp it
with Vinegar, and after that wash the place. Or take
the earth of *Africk*, and mix it with Vinegar, and
wash the place oft therewith, and it will heal thee.

*most excellent Water, to comfort the Vitall, and
preserve other parts of the body, made by*

Doctor Stephens.

Take a gallon of good Galscoygne Wine, Ginger,
Malingle, Cinamon, Nutmegs, Graines, Cloves, An-
iseeds, Fennelseeds a Dram, Sage, Mints, Red-
Roses, Time Pellitory, Rosemary, wild Time, Camo-
mile, Lavender, of each a handful; then bruise the spices
and the herbs small, and put all into the Wine, and

let it stand twelve hours, stirring it divers times, then still it in a Limbeck according to the art, and the first water is of more strength then the second, and both be the better by standing in the Sun.

The vertues hereof

Be to comfort the spirits vital, helps to the inward diseases of cold, the Palsie, the contraction of Sinews, the conception of women, killeth the worms within the body, cureth the Cough, Toothach, colic, Dropisie, comforteth the Stomach, helpeth the Stone in the Bladder, and in the reins of the back, slackneth stinking breath. Whosoever useth this water every morning, and not too often, it preserveth him in good liking, and maketh him seem young very long: witness this Doctor *Stephens* preserved his own life, unto such extreme Age, that he could neither go nor rise, and kept him five years, when other *Physicians* judged it impossible for him to live one year.

To make Cinamon-Water.

Take Rhenish wine a quart, and Spanish wine a pint, Rosewater a pint and a half, Cinamon bruised pound and a half, let these stand infused the space four and twenty hours, then distil it, and being distilled, stopp'd and luted, then with a soft fire distil the same softly in a Limbeck of glass, and receive the first water by it self.

Also, if ye be so disposed to make the same weaker, take three pints of Rosewater, and a pint and a half of Rhenish wine, and so distil the same, and you shall have to the quality of the stuffe the quantity

of the water, which is three pints; but the first water is the best, and so reserve it to your use, both morning and evening.

To make Cinamon water another way.

Take three quarts of Muscadine, and a pound of Cinamon, and half a pint of good Rosewater, and so let it lie infused the space of four and twenty hours, and distil it as aforesaid, and you shall receive to the quantity, as to the quality, but the first pint is the best, and the chiefest of all the other, as is manifest by practice.

Medicines for the Palsie that take away the speech.

Take Sage leaves, and Primrose leaves; and if it be in winter, take leaves, and roots and all, of each like quantity, beat them together, and strain them with Ale, and give it the sick to drink, a spoonful or two at a time, and it will bring the speech again.

For the Palsie.

Take and stamp a handful of Sage, as small as may be, and put thereto two pennyworth of Treacle and a pennyworth of Aqua-vitæ; temper them well together, and lay a plaister thereof to the wrist of the hand, and in the Nape of the Neck; and thus thou may'st heal him that is lame of the Palsie in short time.

For the Palsie that maketh a man bed-ridden.

Take both the crops and blossoms of broom, and seeth them in good Red-wine till it be thick a Ointment, and then anoint all thy body with it, and use this, and it will make thee whole.

An excellent drink for the Palsie, proved divers times.

Take all the flesh of a Fox new killed, and lay it all night in new milk, and the buds of Rosemary leaves and flowers, and that a great quantity, and half an handful of Harts tongue, and take away the string that goeth along the back of the leaves, and a good quantity of Bugle, and a few small Raisins; fill all these together, with a gentle fire, and when it is forty daies old, drink it fasting; it destroyeth the Palsie, and maketh good blood.

Medicines for a Fellon.

TAKE Grounsel and stamp it small, then temper it with oil of Roses, and make it like a salve, and lay it to the sore, and this will heal thee.

To break a Fellon hastily.

Take the yolk of an Egg, and Bay salt, and powder of Coperas, and lay it to the sore, and it will break it.

To destroy a Fellon.

Take Scabias a good handful or two, then take Sheeps suet and brown-bread, and chop all these together small, then fry them in a pan, and lay it hot to the Fellon, and it shall destroy it.

**Medicines for the Impostume with-
in a Mans Body.**

Take young Walnuts, and stamp them rinds and all, and lay a plaister thereof upon the Navel; and this will destroy an Impostume; as *Isaac* saith. Or take two handfuls of Clot roots made clean, and seeth them well in half a gallon of good Ale or more, until the fourth part be wasted away, and let it run through a cloth, but wring it not; and let the sick drink thereof three daies, and then other three daies; and if thou wilt, thou may'st put thereto Licoras. This is proved.

To break an Impostume.

Take the kernels of Walnuts, and stamp them with Rue, and lay a plaister thereof morning and evening upon the Navel, and without all doubt it will help thee of all other swellings.

To put out an Impostume without peril.

Take and drink the juyce of Mary-golds with red Horehound, and thou shalt be whole.

Medicines for the Measels or Shingles.

TAKE the juice of Arch-angel, and dip a linnen cloth in it, and lay it to the fore morning and evening, until it be whole. *Probatum est.*

To take away the Scars of the small Pox or the Measels.

Take the blood of a Bull or of a Hart, and this is much commended of Authors, to be good to anoint hot the scars, and also the liquor that issueth out of the sheeps clawes, hot in the fire, or the dripping of a Signet or Swan upon the place oftentimes hot.

For the Shingles or Measels.

Take a Cat, and with a stick beat her ear a good while, and when you have well beaten her ear, cut off that ear first, and with a sawcer save the blood, and then cut off the other ear as you shall need, and with the blood anoint the place where the Shingles be, and use this three times, and be whole.

Medicines for the small Pox.

First, let all the Physicians beware, not onely in this infirmity, but in many others, not to minister Medicines External which should be repercussive, which is to say, to drive in the infirmity into the body: And beware in this matter of ointments and baths, and of cold and open aiers, or of picking or touching any of the pushes, or scabs; keep the Patient warm, and let him be of a good diet to comfort blood: although some that be expert Physicians in this matter, would that a man should exhaust blood out of a vein named *Mediana*.

For Pock holes.

Take for a man the grease of a Capon, and for a woman the grease of a Hen, and anoint the place where the Pock-holes be, and it shall cleanse them, and make them appear as it were no Pox there.

To drive out the Pox.

Take Malmsey, Ginger, and Treacle, and mingle them well together; and when thou goest to Bed, drink a good draught, and it will drive out the Pox.

For

For the French Pox.

Of this there be many kindes; some be moist, some be watrish, some be dry, and some be scurvy; some be like Scabs, some like Ring-worms, some be fistulled, some be festered, some be Cankers, some be like VVens, some like Biles, some like Rnobs or Kernels, and some be Ulcerous, having a little dry Scab in the midst of the ulcerous scab; some have the ach in the joynts, and no sign of the Pox, and yet it may be the Pox.

The cause of this infirmity doth come many waies: it may come by lying in the streets or bed wherein a Pockie person hath lyen the night before; it may come by lying with a Pockie person it may come by sitting on a Jakes, where Pockie persons did lately sit; it may come by drinking with a Pockie person; but especially it is taken, when one Pockie person doth sin in Lechery with another; all the kinds of the Pox be infectious, and therefore beware of them.

A Remedy.

Take the greafe of a Boar, the skin clean taken away; the weight of a pound of the Powder of Brimstone, three ounces of the powder of Oyster-shells, two ounces of Verdigrease, the weight of twelve pence of the inner bark of the branches of a Vine; two ounces of quicksilver mortified with fasting spittle; then stamp all these in a Morter, and anoint thy body, specially as near as you can to the fores

fores, and then lay the person in a Bed, and lay clothes enough over him, and let him sweat twenty or four and twenty hours: do this three times in nine daies, and after that take an easie purgation, and take of the water of planten half a pint, of Mercury sublimated the weight of eight pence, of roach allom half an ounce, make powder of it, and mix it all together, and with the feather anoint the place. Or take of Turpentine well washed one ounce, of Lytarge and burnt Allom, of each an ounce, and mix these together, then take seven ounces of the fat of a Goat or Kid, and anoint the place. Or take of fresh butter an ounce and a half, of Barrows greafe half a pound, of old Treacle an ounce, of Mithridatum half an ounce, of quicksilver mortified the weight of six groats, of Lytarge and salt of each half an ounce: mix this together, and make an ointment thereof, and anoint the sores therewith, and this will heal thee if thou wilt use it as aforesaid.

For the Cramp.

TAKE the stifle bone of a Hare, and as long as you have the same about you next to your skin, you shall not have the Cramp.

Ano-

Another for the Cramp.

Take two sponfuls of May-butter, and two spoonfuls of Ruejuice, and temper them together till they be a salve, and anoint the place therewith.

Medicines for all kind of sores and wounds, and first to draw a sore.

Take and beat Oatmeal in a Morter small, and then put it into milk, and seeth it well together, with a handful of Roseflowers unstild, if you may have them, or else of them that are stiled, and not burned, and seeth them till they be like Pap together, and then lay them warm to the sore as the Patient may suffer it, evening and morning, and this will dry it.

A good water for every sore.

Take a quart of ashes made of an Ash, and a pottle of vinegar, and a pound of Madder, half a pound of Allem-glais, and seeth all these together until they be half wasted, then take it from the fire and let it stand and spurge; then take the water that is clear above, and put it into a Vial, and put that water into a sore, and this will heal it without any more cost.

A

A Plaister for that swelling which is called an Vncome.

TAKE Rue and Smallage, of each a handful, a good gobbet of fat Bacon, such as is very much smoaked, or resty as they call it, and dresse the said Bacon in squares as big as your finger, and beat all these together, till it be dissolved, and meet to spread upon Leather or cloth, and lay it to the sore, and it will both draw it and heal it when it is broken.

A soverain plaister for any Ach.

TAKE a quart of Malmsey, and a spoonful of Sallet oil, a good handful of Onions piled, broken, and bruised, and an ounce of Pepper finely beaten, then seeth all these together, till they be thick, and spread it upon a cloth, and lay it to the place where the pain is, and this will take away the Ach.

A



For an Ach in any part of the body.

Tak the gall of a beast, Neatsfoot Oil. Deer-sew
et, a quantity of Sallet-oil, of each a convenient quantity,
boil all these together, then pour out the thinner
thereof; and therewith anoint the place grieved
gainst the fire, morning and evening.

A Medicine or Ointment called *Flos Unguentorum.*

TAke Rosin, and per Rosin, of each half a pound
Virgin wax, and Frankincense, of each a quarter
of a pound, Mastick an ounce, Harts tallow
quarter of a pound, and Camphire two drams; melt
that which is to be molten, & powder that which is to
be made in powder & searle them fine, and boil them
over the fire, and then strain them through a Canvas
cloth into a pottle of White-wine; then boil the wine
with all the other ingredients together till the wine be
consumed, then let it cool till it be but blood-warm
then put thereto a quarter of a pound of Turpentine
evermore stirring it till it be thorow cold, but ever be-
ware your stuff be no hotter then blood when you
put in your Turpentine and Camphire, for if it be, it
marreth all your stuff; then when it is cold. make it
up in rols, and keep it for your use, for the best medi-
cine and precious salve that ever was or can be
made.

To make *Salus Populi*, which is for Blaines, and to skin all sores in three daies, and is good for him that feareth the Hemeroids.

Take of Salendine two handfals, Allom one handful, and grind them together like sauce; then take Weathers tallow, or Harts tallow a pound, of oil of Roses halfa pound, and melt them together, and boil the herbs therein until it sink down to the bottom, and it wax somewhat black, then strain it, and keep it to your use. This ointment is hard, and therefore when you will use of it, put it in a spoon, and melt it over the fire; and understand, it must not be put in old sores: but there as it scaldeth the skin off; and when there riseth any pimples, white, black, blew, or red, this *Salus Populi* dryeth well, and healeth well, and destroyeth the wild fire.

A special Medicine for a Bruise.

Take a great handful of Rue, the white and yolks of five Eggs, half a pint of Honey, and a handful of Wheat-flour, temper all these together, and make thick, and so lay it to the place that is bruised, upon

a fair cloth heated hot, against the fire, and let it ly twenty four hours, and then lay on a fresh.

Doctor Owens *ointment for an Ach.*

Take Wormwood, Rue, Featherfew, Hyssop Sage, Bayes, of each of them one pound, of Sallet-oil a gallon, of Sheep-sewet a pound, stamp them one after another, then mingle them all together, and grind them with the Sallet-oil and Sheep-sewet, and put it in a pot, and let it remain in hot ground or a dung-hil nine daies; then take it, warm it, and straine

To asswage any Swelling whatever it be.

TAke two handfuls of Penyrial, and set it in the strongest Ale you can get, till it be tender; then take it and press it from the herbs, and lay it upon the swelling as hot as he can suffer it, and so use it two or three daies, and it will be good.

A marvellous Salve to heal & draw

Take Betony, Plantane, and Smallage, the juice of them one pound, then take four ounces of Wax that cometh of the honey, two ounces of incense white and clean, two ounces of pitch, two ounces of Rose-melt these by themselves upon a soft fire; that done

Powax

put the juice of the herbs to it, and boil it together until the juice be wasted, and alwaies stir it; then take it from the fire and strain it through a clean cloth; then take two ounces of Turpentine, and temper it with the rest, and when it is cold keep it as gold.

To heal a wound.

Take the flowers of herb John, and put them in a glass, and put thereto as much Oil-olive as will cover the herbs, and then stop the glass close, and put it in the Sun for twenty daies or more, then it will be a fine coloured ointment, and very good for green wounds: and when you will use it, warm it a little at the fire, and then wet your Lint therein, and lay it to the wound, and it will be whole.

A water to heal all manner of wounds in short space; which is a thing that every man ought to have in his house, seeing it is of so great vertue.

Take a pound of new yellow wax, or as much as you will, and melt it in a clean pan, and then pour it out into some other vessel, wherein must be Malmsey, Muscadell, or good Claret-wine; and then take the wax out, and pour it again upon the wine, and do so

Seven times: then take the said wax and melt it on the fire, and put it into a handfull of Brick beaten into fine powder, and stir it well together, and then put it into a crook't-neckt glass, such as Stillers call the Bag-pipe-glass; you must clay it well about the midst of the glasses neck, and let it distill first with a little fire, and then more, and last with a good great fire, and then when all the things be cold, put it out of you recipient, and pour it into a Vial well stopped with wax & searcloth, so that in no case the aire go out, no sun nor fire come to it, for it is so fine of it self, that it will vanish away straight; and when you will occupy it, you must wet and moist the wound with a fine linen cloth, and so bind it to the wound.

To heal a wound in ten dayes.

Take Camphire, and stamp it with Boars-grease, put it into the woud, and this will heal it in ten dayes without pain.

To make that flesh shall not grow too much in a wound.

Take the Lights or Lungs of a Sheep hot, and lay it upon the wound, and the flesh shall rise equal with the skin.

A Diet for him that is wounded.

Take heed you eat no Cheefe, Butter, Eggs, nor Fish of the Sea, nor Fruit, but fine and light meats, as Capons, Chickens, Rabbits, Pheasants, and Partridge, Lamb, Lark, and such like.

Medi-

Medicines for the Itch in man or Woman.

This I do advise every man for this matter, to ordain and prepare a sharp pair of nails to scratch, claw, rent, and tear the skin and the flesh, that the corrupt blood may run out; and then use purgations, stoves, and sweats; and beware you reverberate not the cause inward with any ointment, nor claw not thy skin, with filthy fingers, but wash thy hands to bed-ward.

For a Scab on man or Woman.

Take Mallows and Wormwood, and boil them well together, and with the said water and herbs (warm as thou maist suffer it) all to wash thy Body, and this will heal thee in short time.

For as Itch in the hands, that comes of Worms.

Take the seed of Henbane, and cast it on a Chafingdish of coals, but first wash thy hands, and then hold them over the fire as hot as you may suffer it a good while; and then put thy hands in a basin of cold water, and thou shalt see the wormes creep out into the water; do this three or four times and be whole.

To destroy all manner of Scabs dry or moist.

Take half an ounce of the juice of Scabias, and Vinegar, and one part of Garlick, and seeth all together till it do turn to an ointment, and anoint the Scabs therewith, and be whole.

This infirmity cometh to man after his complexion by superabundant humours, or by lying with an infectious person having the said infirmity, or by aridity or driness of choller, or melancholy, the which doth engender a dry Scab, which is the worst among all the kind of Scabs.

The Remedy.

Take Mercury mortified with fasting spittle three ounces, incorporate it with the oil of Baies, and anoint thy body therewith: Or take Mercury mortified three ounces, of the Powder of Brimstone two ounces, of the powder of Elicampana two ounces; Confect it together with Barrows grease, and anoint thy body oft.

**Medicines for the Falling-sickness
that doth not foam in the mouth,
but by urine and Egestion, or
both at once defileth himself.**

The cause of this infirmity, many Authors in divers matters be of sundry opinions; but for this matter I do say, that forasmuch as it is one of the kinds of the Falling-sickness, it doth take his Original of a Rheumetick humour, opilating the cels of the Brain: the Brain so opilated and stopped, the Patient lyeth piteously, unto the time that nature hath removed the Cause.

A Remedy.

For this matter a great circumspection must be had, first in the diet of the patient: for the patient (not only in this kind of Falling-sickness, but in all other kinds) must abstain from white meats, Beef, Hares flesh, and Venison; also they must beware of climbing up to high places, they must eat no Sallets, Onions, nor Garlick, Raisins, Gibboles, or Scalions, or such like things: The Patient must beware of eating of water-fowles, and fatness of fish; as Eels, Conger, Salmon, and such like; and then use the seeds and roots ofiony, as well in the meats as drinks; and so wear the seeds about thy neck, and purge thy head, and so as it is specified in the Chapter named *Epilepsia* next following.

There be three kinds of Falling-sickness which men be infected with; to wit, *Epilepsia*, who in their falling foam at the mouth; and this is the common kind of the Falling-sickness: They which have the *Analepsia*, shall (when they fall) defile themselves, and not foam at the mouth: They which have the *Catalepsia*, whether they be taken open-ey'd, or half closed, for the time they shall see nothing.

For the Falling-sickness.

Take Rue, and Wormwood, of each of them a handfull, and make it powder; and blow some of it into his nose that doth fall, and he shall presently rise.

Medicines for Warts.

THis in firmity doth come of gross evil humours to remedy which, take a pair of Cissers, and cut off the heads of the Warts, and then rub them with Garlick and Bay-salt, and stamp both together; do this six or seven times, and lay over them a plaister of lead.

To take away Warts.

Take the juice of red cole-stocks, and lay it on the Warts, and this will heal them. Or take a white Snail without a house, and anoint thy Warts withall, and they will go away. Or take Egrimony, and Verjuice, and put them together, and lay it to the Warts three nights, being stamped, and it shall drive them away and heal them.

Medicines to make one sleep.

Take of the Oil of Violets an ounce, of Opium half an ounce, incorporate these together with woman's milk, and with a fine linnen cloth lay it upon thy Temples. Or take leaves of Herbane, stamp it, and lay it to thy Temples. Or else use to eat Lettice seeds, white Poppy seeds, of Mandragon seeds, and of Sander, of each three drams; but above all things mirth is best to bedward.

To make one sleep.

Take ground Ivy, and Sengreen, of each a like quantity, and stamp them, and temper them with womans milk, and lay it to thy Temples, and this will make thee sleep well.

Medicines for an Ague; for a Fever Tertian.

TAKE the buds or leaves of Willows red Sage, and Fetherfew. of each an handful; seeth them in a quart of milk till the herbs be well sodden; then crush the herbs, and wring them in a cloth, and lay them to your pulse as warm as you can suffer it, and this will help the Ague.

Another for the same.

The Medicines which do help a Fever caufon, will help a fever tertian; first purge choler, and three or four hours before the fit doth come, I do thus; I cause a man to lie in his doublet, and a woman in her wastcoat, then do I cause them to put on a pair of gloves, and with two garters I do bind the wrists of their arms, and do lay their arms and hands into the bed, and do cast on clothes and do bring them into a sweat before the fit doth come three or four hours, and out of a goose quill one put into another, they do take their drink, because they shall take no aire into the bed; then do I give them first an Altery, and
suffer

suffer them to drink as much possit Ale as they will, and when the burning doth begin, I do withdraw the clothes; and this I do three courses, and have made many hundreds whole so; and on their good daies I do not suffer them to go into the Aire.

For the quartane Ague.

Take a spoonful of Mustard, and as much Treacle as a bean, and let the sick drink thereof with Vinegar, and he shall be whole. Or take his urine, and scum it clean, then take the juice of Camomil, the juice of Sage, or the powder of them both, and the powder of Galingale, and Licoras, and let them boil together a little while, and drink thereof often fasting.

For the Ague: Mr Willoughbies Medicine.

Take a handfull of the herbs called Shepherds purse, and half an handfull of Housleek, and as much Sinkfoyl, and the like of Groundsel, and beat them with two spoonfuls of bay-salt; then divide it into four parts, and lay two parts to the wrists of the hands, one half hour before the fit doth come; and when you feel it come, take knot-grass, and stamp it, and strain it with a pint of stale Ale, and let the sick drink it luke-warm; he must ly down as soon as the herbs be bound to his arm.

For the byting of a mad Dog.

TAke mints, and a clove of Garlick, and salt, and stamp them together, and make a plaister thereof, and lay to the bitten place, and this will heal it.

Another for the same.

Take Egremony, Plantane, and the white of an egg, and beat them well together, and make a plaister thereof, and lay it to the sore place, and this will heal it.

For the biting of all kind of venomous beasts, and other things.

Take the juice of Vervaine, and drink it, and with this many have been holpen. Also the black that is of the Crabs feet well beaten into powder, do very well help the same being drunk.

For the biting of a mad Dog.

Take a quantity of Vervaine, as much of Rue, and as much of Plantane, with Treacle, and stamp it, and strain it with good wine, or stale Ale, and give it unto the Patient. Also take any of those herbs, and stamp them with Bay-salt, and bind it fast to the wound, and it will draw out the venome. Dr *Wood*, and Dr *Nichols* are of this opinion.

To kill a Tetter or Ringworm.

TAKE Fetherfew, and stamp it, and strain it with Vinegar, and rub the Tetter therewith, and this will kill it in short time.

For a Ring-worm.

Take Juniper berries ounces, and stamp them, and seeth them in a sufficient quantity of water, until half be consumed; then strain it, and put to the said water Swines greafe cleane tryed, three ounces, of Turpentine half an ounce; seeth all these over the fire again a little time, then take it off, and when it is cold, put the said water away; and to the rest, put of Brimstone finely powdered one ounce, and so make an ointment; this is very good.

Medicines to take away Wens.

TAKE Snails, to the number of forty, and seeth them in a pint of running water, as you do Perywinckles, and let them rest in the water until they be cold, and then scum off the fat with wool, or with a linnen cloth, and lay it to the Wen, and in short time it will be whole and gone. Or take a stone or two of fine Jet, and make the same in powder, and put it in Ale or Pottage, and give him to drinck that hath a Wen, and this will assuage it in short time.

For

For stinging of an Adder.

Take Garlick pill it and fry it in oil-olive, or in May-butter or in any other thing without Salt (but May-Butter is best) and lay it unto the place that is stung and charge it twice a day, and this will kill the Venome, and make the place whole.

For an Adder that is crept into a Mans Body.

Take green Rue, and temper it with mans urine, be it man or beast that hath the worm crept into him, and give it him to drink.

For him that hath Eaten or Drunken Poyson.

Take the bark of a Walnut Tree, and put away the innermost Rind, and stamp it in a Morter as small as you can, and lay it in Ale, and in the morning strain it, and give the Patient to drink thereof fasting. and this will make him cast out all the Venome in short time.

To avoid poysoning with wicked meats, and to keep thee from Drunkenness.

Take the seed of Lettice, and drink it fasting, with clear running water ; or take Betony and dry it, and make Powder thereof, and use this every morning fasting in a little stale Ale, and this will keep thee from Drunkenness, and save thee from poysoning.

For biting or stinging of any venomous Beast.

Take one handful of Plantane, and one handful of Rosemary, and stamp them together ; then mingle it with a little sowre Leaven, and fry it with a little butter, sweet ; and when it is a little through warm, then lay it plaister-wise unto the sore place, but first you must bath the place well with warm Vinegar. *Probatum.*

For Man or Woman that is poysoned.

Take Rue and Worm-wood, and stamp it, and drink the juice thereof, and eat Haselnuts, for they be very good for the same : Or take Goats-milk, and mince and seeth them together with Treacle, and drink it hot three daies, and be whole.

For the wind in the Stomach.

Take Cummin-seed, Fennel-seeds, and Anniseeds, and make them in Powder ; seeth them in white Wine, and drink thereof first and last five daies, and you shall find great ease therein.

The

Pils for wind.

Take of the best Aloes, Succotrina nine drams, Rubarbe, Jallop, Agorick; of each six drams; Mastick four drames Red-rose-leaves, three drams; let all these be made into fine powder severally; then mix them well, and beat them up into a past with syrrope of Damask-roses: add to it Twenty drops of oil of Annerdseeds.

**Medicines for the Plague or
Pestilence.**

Against the Plague.

Take three ounces of the liquor of the inner rind of an Ash-tree, and still it with three ounces of white Wine, and give the Patient to drink of it every three hours, and within four and twenty hours he shall be whole by the grace of God.

*A Medicine sent by the Queens Majesty to my
Lord Major of London for the Plague.*

Take a handful of Sage vertue, a handful of herb grace, a handful of Elder-leaves, and a handful of red Bramble-leaves, and stamp them together, and strain them in a cloth with a quart of white Wine, and a quantity of white Vinegar, and take a quantity of Ginger and mingle them together, and drink thereof evening and morning a spoonful nine daies together: after the first spoonful, they shall be
made

made safe for four and twenty daies; and after the ninth spoonful, for a whole year. by the grace of God: And if it happen one to be sick of the Plague before he hath drunk of this Medicine. Then take the water of Scabias, a spoonful of Betony-water, a quantity of Treacle; put it all together and it will put out the venome: And if it fortune the Botch to appear, then take Bramble-leaves, Elder-leaves, and Mustard-seed, and stamp them together, and make a Plaister thereof, and lay it to the sore, and it will draw out the venome, and heal the Patient.

Another for the same.

Among the excellent and approved Medicines for the Pestilence, there is none more worthy or available: When the sore appeareth, then take a Cock-pullet, and pluck off the feathers of the taile or hinder part. till the rump be bare, then hold the bare of the said Pullet to the sore, and the chicken will gape and labour for life. and in the end he will dye; then take another Pullet and do the like, and so another, as the Pullets do dye; for when the poyson is drawn out, the last chicken that is offered thereto will live; the sore presently is asswaged, and the party recovereth; it is necessary to use the Medicine to drive away venome from the heart; This is proved very true.

To make Plague water.

TAKE a pound of Rosemary, a pound of Sallendine, a pound of Sage, and a pound of Balm, a pound of Mugwort, one pound of Rue, one pound of Wormwood, one pound of Dragon, one pound of Scabias, one pound of Pimpernell that grows among the corn, one pound of Angelica, and one pound of Betany; put all these herbs together in a great pot with a narrow mouth, and let them soak in white Wine three daies and three nights closely stopped, and then take the herbs out and distill them, and keep the water in a fair glasse, and if any be sick of the Plague, give him the value of ten spoonfulls blood-warm, so soon as he doth feel himselfe sick; and then let him walk if he be able, if not, lead him by the arms, and keep him from eating and drinking one hour after; and then let him go to bed, and if he vomit, it is the better for him; and if it be possible that he take it before he sleep, he shall escape by Gods grace; and the elder the water is, the better it is: This water is good for the quartane Ague, or any disease lying in the stomack, taking it before the fit doth come; and this water must be distilled in the moneth of May

Contra vim mortis non est Medicamen in hortis.

To make Doctor Josephus Water.

TAKE a pint of Water, and a spoonful of French Barley, half a handful of red Rose leaves, two or three drops of the Oyl of Brimstone, and a quarter of a pound of the finest refined Sugar; the Water and Barley to seeth together, and then the scum to be taken off, and so the other to be let cool, so with the Rose-leaves to stand all night, and then to be well brewed all together; but first the leaves and Barley strained from the Water.

For the Convulsion.

TAKE one ounce of an Elke-hoof, and half an ounce of English Liquoris, two Piana small roots, two or three Fennel roots, as many Parsly roots, three or four roots of unset Hyssop, a little quantity Herbegrass, which is Rue, a quart of small Beer, but boyl it till it come to a pint, then strain it, and sweeten it with Syrop of Hyssop, and give it the Party before and after the Fit.

For the moist Rheum in the Head.

TAKE conserve of Roses two ounces, Methridate two drams, Bolearmoniak one dram, of Olibinum one dram and an half, Mastick half a dram, beat these together with Syrop of Violets into the form electuary; whereof take

twice

twice going to bed, and in the morning the quantity of a Nutmeg.

Another for the same.

Rosemary flowers, Eldar flowers, Bitany flowers, Sage flowers, of each two good handfuls, Scurvygras three handfuls, China-roots three ounces, an ounce of sweet Fennel-seeds, two ounces of Coriander-seeds, halfe a pound Fumiter, three handfuls Epithimum, Agramony, Hartstongue, of each two handfuls; Harts-horn-shaving one ounce, of Eringo-roots four ounces, Citron-seeds musked, half an ounce; let these be boyled in a gallon and an half of Whey, and let them first be infused two dayes in a gallon of white Wine, then put the ingredients with the Wine to the Whey, and let them be boyled gently the space of two hours, and so next day drink thereof half a pint in the morning, and so in the afternoon as long as it lasteth.

An approved Medicine for sore Eyes.

Take six ounces of *Lapis Calimmaris*, and heat that in a wooden fire, and blow it red hot, and then quench it in a pint of pure white Wine in a Bowl, or any other clean vessel nine times; and then strain it out by it self through a fine linnen cloth; and then take a handful of Houfleeck unwashed, and stamp it in a clean Mortar, and strain it through a fine cloth; then

put the quench'd Wine and that both together, and strain them again through a fine cloth; and then take a feather and drop it in your Eys three or four drops at a time every morning and evening, and by the grace of God you will find help in a very short time. *Probatum est.*

Mistris Fryerirs medicine for sore Eyes.

TAKE a pint of white Wine, two drams of Camphire cut as small as may be, halfe an ounce Omphacium, that is, pure oyl of greene grapes, or for want of that, your purest Sallet-oyle; put the Camphire and the Oyle into a Basin, let them stand covered two houres, then put in your white Wine to them, then take the stones called *Lapides Balumanaris*, and heat three of them fire hot; then put them so hot into the Wine, covering your Basin very close; while they are a cooling in the water, heat three more fire hot, take the other out, and put in the hot ones, and so heat them by course five or six times, till the Wine is very hot, and the Camphire well dissolved; then take the clearest of it, and the top, (when it is cold) and reserve it in glasses for your use: put two or three drops into the sore eye three times a day.

*A medicine for Children that have the Wormes,
approved by Mistris Isabel Dee in Moscoe.*

TAKE Wormseed and boyle it in Beere, and then sweeten it with clarified Honey, and let them drink of it every morning fasting.

For a pain in the stomach by a Cold.

TAKE two or three Turnips, and wrap them in brown paper wetted; and put them in Ember-ashes for two houres as ready for to eat, and then squeeze the juice out of them betwixt two Trenchers, and then mix it with Loaf-sugar, with Cinamon and Nutmeg powdered and made like a Syrup; and then drink four ounces of it at night when you go to bed.

Probatum est.

*For one that is Bursten, or a child that hath been
Bursten six years.*

TAKE Oyle of Nip or Nep, and annoint the party therewith, and morning and evening take of the herbs, and bind one boyl'd in butter, or dip Wool in the aforesaid Oyle; this use six weeks until you be whole: This is proved.

*For to keep a child from having Convulsi-
on Fits.*

TAKE Oyl of sweet Almonds new drawn, beaten up with white Sugar-candy, and give

the Child-so soon as it is born, as much as a good big Pea or Nut: This is proved.

For a Child still born, that was not long dead in the womb; or if there be any life in it, though not in appearance.

TAKE of the blood of the String, and squeeze out a drop (as you cut the Navel string) into a spoon, and give it the Child in a little fair water, and if life be in it, it recovers in an hour or less: Proved.

For to bring them down on a woman in child-bed, though never so weak.

TAKE half a Dofin of Piana-seeds, and beat them a little till the black hull come off, and then beat this small, and give her in a spoonful of Cardus posset-drink, sweeten it with a little Sugar, then give her a good draught of the Posset to drink, as hot as she can; and let her lie close, and it will cause her to sweat, and it will be a means to bring them, and to drive an Ague away, if she take it but three times every two hours: Proved.

To make a Cordial to give one in a burning Fever or Ague, in the time of their burning, when it is at the height.

TAKE some gross Mace-oyl, a quarter of a pint, and sweeten it with an ounce or

two penny-worth of the syrop of Clove-gilliflowers, and give it him to drink; and you may make another on this wise: Take the joyce of an Orange, and as much red Rosewater, and sweeten it with white Sugar-candy; it will refresh the spirits, and cool and allay their drought.

Probatum est.

To make a Glister for one that is troubled with sharp humour that causeth blood to proceed instead of Ordure.

TAKE a pint and an half of Milk; and boyl it into a pint, with a handful of red Rose-leaves, and sweeten it with powdered Sugar, and give it him, and let him keep it as long as he can : *Probatum.*

For an Itch that is vehement.

TAKE of your Soap and Brimstone a like quantity, and as much English Honey, and boyl these together till it be like an oyntment, and then anoynt your wrists with it, warm by the fire, and lap clouts about them warm, and anoint under your Arm-holes, and under your Hams, and in the bent of your Armes; and do not shift you in a moneth, nor pull off your clouts from off your wrists all the while, and you shall be whole without any purge, though your hands were all scabby : *Probatum.*

For a Consumption.

TAKE as much flower of Brimstone as you can take upon a sixpence, and put three drops of blood-warm milk into a spoon, and mix it by degrees, and till it be like batter; and your spoon being full, put to it good store of sugar, then drink the rest of the pint of milk blood-warm also, sweetned with sugar well; this you may use as long as you please, and at any time in the year; for them that find a wheasings and shortnesse of breath, it is very good; you must fast an hour after it: Proved.

*A medicine to ripen any Boyle, or Sore, or
a Pussh.*

TAKE a spoonfull of Molish-honey clarified, Wheat-flower a spoonfull, a yolk of an Egg, mix these all together, and apply it warme (as blood) morning and evening as thick as your finger, till it break apply it. It is very good to ripen a Plague-fore.

For the Spleen.

LET the party purge twice a week, with a dram or the weight of sixpence of *Pulvis Sanctus*, and the next week cause the Leeches to be applied to the Emeroid veins in the fundament; afterward use this drink following for the space of seven or eight daies.

Take

Take the inward bark of an Ash-tree, two ounces of Polopody-root, or Fern that groweth on the sides of watry ditches one ounce, Tamar-tack two good handfuls, Licorish half an ounce, Anniseed an ounce: Let these be boiled in three quarts of small beer, till it come to two quarts; whereof let the party drink every morning, and at night going to bedward a quarter of a pint very warm,

And for Diet.

Let them generally forbear Fish, bak'd meats, smoak'd meats, and new beere, use to eat good store of Broom-buds, Capers for Sallets; and after this course, you shall cause the Leeches to be applied to the Emeroid veins in the Fundament.

An excellent medicine for a Scald or Burn, and chiefly for the Emeroids.

Take a pint or a quart of Linseed Oyle, and put into it as many Crasfish alive as it will hold, then boyl them a quarter of an hour, then strain the oyl from them, and let them be very well beaten in their shells in a Mortar, then put them into the oyl again, and let them boil as formerly, then strain them from the oyl as you can, then fill your oyl as full of tops of Eldar, or young buds of Eldar, or the young fresh leaves, and let it boyle in them till they be crisp'd like fry'd

fry'd Parsly; then strain it very hard from the Eldar, and reserve it for an excellent Medicine.

For a Felon or a Whitlow.

First take a quarter of a pint of Milk, and as much Leaven as an Egg, and let it boyl till it cometh to be as thick as a Poultefs, then take a penny-worth of oyl of Roses, and mix with it, (and which is above half a spoonful,) and so apply it to the grieved place as hot as you can; twice a day lay it to as you do a Poultefs: This is proved.

For a Whitlow.

TAke a Snail out of his shell, and chop it very small, and bind it to it; and dress it twice in a day, and it will quickly heal it.

For a cut of a finger or hand.

TAke some green Hysop and stamp it well in a Mertar, with some Sugar, and so bind it on the hand.

For a Tettar or Ring-worm.

TAke ordinary white Coperas, four ounces powdered fine, and put to it a pint of sharp white Wine Vineger, and shake them well together, till the Coperas be well dissolved; so wetting linnen cloths in it, and apply it to the place grieved.

For

For the Sciatica, an approved Medicine.

Take red seeded Nettles, and whip the griev'd Party so far as his pain goeth, till it be overbubbled, and so let him ly to sleep, and the next day he shall be whole by the help of God, though he were so bad he could not stir from the bed in five or six weeks; you must lash them gently, not too hard; and if it should come again, use it again; and be whole alwaies after.

For an extraordinary flux of Rheum in the Eyes that hath been.

Take stone-pitch and spread it upon Leather as broad as the palm of your hand, and as round, and prick it full of holes with a point of knife, and lay it to the nape of your neck, just upon the bone that sticketh out most, and as long as it will ly on, let it; but in two or three dayes it helpeth some: You may let it ly on as long as you please, a quarter of a year, and if it falleth off before your eyes be well, you may wipe off the moysture of it, and apply others as you shall see occasion: *Probatum.*

To cure a Catarack.

A Catarack is curable by making an issue in the Nape of the Neck.

This is the manner how you shall discern a Catarack, it will seem to be like many motes or little

little Flies between them and the light, and in the beginning, beginneth to take away the true sight of the Eye, and then groweth into a film which is counted incurable when it covereth the whole sight or ball of the Eye, though at first it is curable, although there is nothing to be seen on the outside of the Eye, as a purl, or such like, so that it is not to be helped being within the Eye (though many Books write of it) without the handy operation of some skilfull Chyrurgion, putting some silver needle into one corner of the Eye, and twisting the film about the needle, coucheth it under the sight of the Eye, where it will afterward wast; but it requires an Artificer that is well skill'd in the couching of a Catarack.

For a Consumption.

TAke the heart and lungs of a calf new kill'd and a capon; let these be bruised in a stone mortar, and boyled with an hundred Snail's, till the broth be as thick as portage; then put to it Harts-tongue, Maiden-hair, Hysope, Scabias, Sage, of each an handfull, with two ounces of China roots sliced and beaten, of the juyce of Coltsfoot roots ten ounces, the blood of a pig newly kill'd, and Conserve of red Roses one pound: these being well mixed, let them be distilled in *balneo* with a very gentle fire, and reserve it.

Another

Another:

TAKE a young cock, pull him alive; and flie him in the Middle, then wipe him with a clean cloth, and take sops of white bread soaked in a quart of Borage water, put the sops in a common Still, and lay the cock with his bones broken upon the sopping, putting thereto Raisins of the Sun stoned and unwashed, with a quantity of Dates: This being distilled, take thereof constantly a pretty quantity.

*A. Iulip of D. Trench, for the Mother-fits,
Proved.*

IN the time of yeer distill black Cherry water, Piony-flower water, Cowslip water, Rue or Herbgrace water, then take of the waters of Cowslip and black Cherry of each an ounce, *Aqua Histerica* half an ounce, Cinamon water one dram, Syrup of Clove-gilliflowers three drams; take of these two spoonfulls at a time as often as you please. *Histerica* is Castor.

To make the Salt of Corall.

TAKE of the broken pieces of the reddest Corall that you can get at the Druggists, half a pound, or as much as you please; then put upon it of good wine Vineger distilled a gallon, and presently you shal see it work up and down upon the Corall; then set it in a great glasse on the
top

top of a warm stove, and let it stand three or four dayes, then if you tast of the Vineger, although it were sharp before, it will have no strength, but tast sweetish, which is a sign it hath taken into the Vineger as much as it can; then you may pour that off from the Coral. and put on more Vineger, and do as before, till all your Coral be dissolved; then put all your Vineger together, and put it into a large flat Pan well glazed, and lay into the Vineger in the pan two or three white lists half a yard long, and let one half of them ly in the Vineger in the pan, and the other half hang out, and you shall see those lists (which must first be very clean washed before you lay them into the Vineger) by drops draw out all the Vineger in the pan, which you must receive with setting another large pan or pot under the ends of the Lists that hang out of the pan that they ly in: And when you have so filtered your foresaid Vineger very clear from the dross of the Coral, which you shall see remain at the bottom of the first pan you put your Vineger into, then you must set your clear Vineger into the Oven, being a little hotter then when household bread is drawn; but it must be put into a large clean tinne Bason, or silver, for it will pierce through any earthen vessel; and so it must be breathed away gently, till all the Vineger be gone, and leave the salt of Coral in the bottom, being very gently dryed: Then must

must you have in a readines a pottle or two of plain distilled water, and upon your formerly dried salt of Coral, if there be a quarter of a pound, put a quart of distilled water, and set it in warmth till it be melted, like sugar in it; then lay in your clean washed lists of cloth into it, being put into a flat Pan as formerly, and let it run through those lists by drops, to purifie the salt, and when all the water is come from the drofs, which will remain in the Pan the lists were put into, then put your clear water into the Oven, and let it breath away gently, till it leave the salt of Coral dry, and then dissolve it in distilled water again, and proceed with it as before, and then it will be pure and prepared for your use; whose vertues are many, and some approved by practise as followeth:

The vertues of the salt of Coral.

IT is to be given to children of any age in Fevers, the weight of twenty grains, and gently covered to move sweat. Also to women in child-bed that are in any Fever, the weight of thirty grains: Also in apparition of any small Pox, or the Measels, it is never taken without good success. It strengtheneth the Liver, and helpeth it to make good blood, being taken twice in a week in a little Posset-ale, and continued so for the space of a moneth: Also it helpeth children of Convulsions.

For

For Convulsion fits.

TAke white Coperas and dissolve it in a little warm distilled water, and then with cleane lints laid into it filter it from the drosse, and gently vapour away the water till it be dry; then dissolve it again, filter it, and lay it again in an oven as before, and it is prepared: Hereof you may give unto a sucking child three grains in a spoonfull of posset-drink once or twice, and it seldome or never faileth, but cureth.

An Excellent Vomit.

TAke of the leaves of Assara-bacca, being gathered in the beginning of June, and run a thred thorough the leaves, and let them hang thereon (till they be dry) in the shade, so that you may powder them to fine powder in a mortar; then searse them, and keep the powder in a glass close stopped; hereof you may give a man or woman ten grains, and temper it well with conserve of Barberries, or any other conserve; and after it doth work, let them drink still between times a good draught of posset drink.

For the Tooth-ach.

TAke the green Bark of the Eldar-tree, after you have scraped off the upper gray Bark, being gathered in the Spring; let it be gently dried in the shade, so as it may be powdered, whereof take a quarter of an ounce; Bay-salt well

well dried, Pillitory of Spain, and Euphorbium, of each the weight of six pence, let all of them be beaten together into very fine Powder, and thereof tie up so much in a little thin Lawn, Tiffiny, or Sarcenet, as will make the quantity of an ordinary Button; which you must let the Party hold between his teeth, laying it on the pained Tooth, and so hanging down the head, let the Rheume run out of the mouth till the pain cease. With this onely Medicine, Master *Clark* in Sheer-lane got forty pound in a year, having many coming to him in the mornings, and paying ten groats each of them, and so departing holpen. Or take the Powder of Spanish Flies, and lay them on a piece of sowre Leven, well moystened with sharp Vineger, and press them well into the Leven, (being the bigness of a shilling, and so lay them under each ear, and when they are fast bound, let them lie still the space of six or eight hours, in which time it must raise a Blister, which when you take it off, you must dip and let it run as long as you can, laying on it a Colewort-leaf, until it be whole; and this will also help.

For the Mother.

TAKE Sneefing-powder, the weight of six pence, Castorium, the weight of two pence; mingle them together, then moysten the Powder well with oyl of Amber, and taking a

M

lit-

little on the end of ones little finger, stroak
into the nose when the Party hath her Fit, and
it will cause her sneez, and cease the Fit.

Also for preventing the Fit.

THe Party should use twice in a week at her
going to bed, to take two good Pils of *Asa-
fa-fetida* : Or else, Take of the Briony-root dr
the weight of sixpence, and boyl it in a pinte of
white Wine; and then strain it, and put some su-
gar to it, and make three draughts of it, taking
it three times in a week, each other morning, and
you shall find it a singular Remedy.

For the Spleen.

LEt the party purge twice in a week with a
Dram or the weight of six-pence of *Pul-
vis sanctus*, and the next week let them cause the
Leeches to be applyed to the Hemeroid-veins in
the Fundament, and afterward use this drink
following for the space of seven or eight
dayes.

Take the Inner Bark of the *Ash-tree*, two
ounces; the *Polipody-root*, or *Fern-root*, that
groweth on the sides of watery ditches, one
ounce; *Tamerickt* two good handfuls; *Liquo-
ras*, half an ounce; *Anniseeds*, one ounce : Let
these be boyled in three quarts of small Beer,
till it come to a pottle, whereof let the Party
drink morning and at night going to bed a
quarter of a pinte very warm.

And

And for Diet, let them generally forbear Fish, Baked-meats, Smoak-dryed-meats, and new Beer; use to good store of Capers, and Broom-buds for Sallets.

And after this course, you should cause the Leeches to be applyed to the Veins in the Fundament, called the Hemeroid-veins.

For a Tertian Fever.

TAKE young Plantane, with the root, young Vervane, with the root, Cinquefoyl, with the root; of each of them three roots; with the herb of red Fennel, red Sage, Rosemary, of each three slips: Let these be boyled in a pinte and a half of Posset-ale, or Whey, till that come to a pinte; and in the latter end of the boyling, put into that a dram of the salt of Wormwood, and then let that be strained.

Whereof the Patient must make three good draughts three hours before the fit be expected; each hour a draught as hot as he can drink it, and at the second day of taking that, the cure is done. This cureth the Fever that cometh every other day.

To dry up milk in the breasts

VSe nothing but the plaister of Diachilon, spread upon thin leather, and let it ly on three or four dayes, and it faileth not.

For sore Nipples.

TAKE of the Rosin of the *Girre-tree*, and when that is finely powdered, strew that upon the sore Nipples, and then cover them with little cups fitted hollow for to cover the Nipples like a rimble with a little brim unto it, and it will skin it. This powder also being finely beaten, and with a quill blown into the eye, will take away the pin and web, or any excrescency on the surface of the eye.

For one that is costive in Child-bed.

THERE is nothing safer nor better, then to give the party two ounces of the oyl of sweet Almonds: Or if the party cannot take that, you may give her a suppositer of Cassel sope, which is alway to be had; for the manner of the cutting the sope, you may do that by the holding a Cytern-wyer fast at both ends, and then sawing it through it, without breaking out of the sides, as it will do if you cut with a knife.

For to cleanse and stay the Whites.

TAKE of the purest Rosin, or gum of *Lignum vite*, otherwise called the gum of *Guaiacum*; rub it gently in a Morter, so as it may be in a fine powder, and thereof mingle as much as the weight of six pence in a draught of Milk
and

nd Sugar ; taking that cold , and so use that
 wice in a week for two weeks together , and
 hat will give two or three stools , cleanse and
 nit the weakness of the back perfectly.

To stay the bleeding of the Nose.

TAKE Nettles, stamp them, and juyce them,
 which you may take cold a good spoonful
 or two , holding that in your mouth as long
 as you can, and then take some more fresh, and
 also stamp them , and lay them all over your
 forehead, being a little moystned or sprinkled
 with vinegar.

Also thus :

YOU should in the moneth of *March* take
 two or three cloths as big as handkerchiefs,
 and wet them very well in the spawn of froggs,
 and hang them up to dry in a stove, and then
 dip them very well again, and dry them , and do
 so three or four times, and when at last they be
 well dried , reserve them. And when you have
 occasion to use them, you may tear off a peece,
 and sprinkle it with a little vineger , and lay it
 on cold upon the forehead , and if that do not
 stay it, the party must presently be let blood be-
 fore he grow too weak.

For a Cough.

TAKE Turnips, and put them into an earthen
 glazed pot, and cover it with a cover of

the same, or a Peuter-dish, and paste that close together, then set them into the Bakers Oven with the household bread, and then they will be well stewed; And then press out the juyce, and make it into a syrop with sugar, and take of it often in a day, a spoonful at once, letting it melt down your throat by degrees, and that will recover you from your cough.

For the wormes in Children.

TAKE gum Tragagant a dram, put to it a quarter of a pinte of Rose-water, let it stand twenty four hours, stirring of it often, and with this muscilage moisten some fine powdered sugar, working them together into a paste, of which paste, take the quantity of twenty grains, and mix with it nine or ten grains of the powder of *Mercurius dulcis*, and make that into a little cake, and let it dry in a stove, and give it to children of five, six, or seven, and to elder you may give twelve grains.

The composition of the Emplastrum Diachilon, to dry up milk in the breasts.

TAKE Linseed-oyl two pintes and an half, Litharge of Lead in fine powder, two pound, mix the oyl and the Litharge together, and let them boyl till they be knit and come to a reasonable stiffness, then put in twelve ounces of the muscilage made with Marshmallow-roots, Fennegreek

close
Oven
will be
and
of it
melt
ll re-
negreek-seed, and Linsced ; then boyl it till all
the muscilages moysture be boyled away , then
put in half a pound of wax , rosin one pound,
melt them with the rest; which being done , put
into the same in the cooling ceruse one pound,
stir them up together , and then make them up
into roules and reserve them.

When you put in your muscilage, put it in a
spoonful at once, till you have put it all in, lest
it make the medicine run over.

*For any red inflammation, or that which is called
saint Anthonies fire, which usually doth come in
the Legs, and sometimes in other places.*

TAKE one ounce of the *Lapis Medicamento-*
sus, and boyl it in a quart of fair water, till
half a pint be wasted, and then let it stand to-
gether all night, next morning you should dip
a linnen cloth in it warm, and lay it on the place
till it be dry, and then lay on another, and you
shall keep wet clothes to it till it be well, which
usually is two or three dayes.

Medicines of an approved Chymi- cal Physician.

An artificial Balsamum for new Wounds, cold A-
ches, Strains, Bruises, Gouts, &c.

TAKE of your Garden herbs of good and
strong smell , namely Sage red and
M 4 green,



green, Wormwood, Rue or Grass, pennyreal, Marjoram, Hyssop, Neep, Motherwort, Tansey, Time, Savoury; as also Rosemary and Bayleaves, Abrotanum, Clare, Balm, Mints, &c. As also of those hot herbs of the fields, as Mugwort, Calamentum, white Hhorehund, Origanum, Melilot, Serpillum, Camomil, Germandry, Nettlesseed, Fennel-seeds and leaves, &c. Item, of the vulnerary or healing herbs as the season of the year will afford, as your Penacea or Clowneworte, Camphory of all sorts, Bugula, Prunella; St. Johns-wort, golden Rode, Perwinckle, Sanniclp, long Plantane, &c: Take of as many sorts as you can have, of each alike quantity, and put all (being neatly cleansed) in half Sallet-oyl, and half Linseed-oyl, as much as conveniently you may guess to be enough to hold your herbs, adding a quarter part of good Sack to it, meaning a quart of Sack; if your Oyl be four quarts, steep all together warm a whole night, and afterward boyl it till the Sack and moysture of the herbs be consumed; then strain it, and in the Oyl so strained, add two ounces of Bees-wax, clear Turpentine one ounce, black Pitch, white pitch, Gum-Elemly, Rosin, and Goose-grease, of each half an ounce, red oyl of Turpentine, or Colophony, *once storax liquide*, Spick-oyl, Rosemary-oyl, Amber-oyl; spirit of Salt, of each a quarter of an ounce; Gum-Ammoniacum first dissolved with white Wine, about also a quarter of an ounce,

ounce, and as much of Sagapenum and Opoponax; Benjamin Styrax calamities, Myrrhe and Aloes, of each a dram; and of the oyles made of the herbs abovesaid, the more the better, within a quarter of an ounce for every pound of the former Sallet and Linseed-oyles; observing to put to an account all the oyles first and last, that you may be sure to compass your wax, and gums, and pitches to the weight of all the Liquors weighed together, as well as your Sallet and Linseed-oyl; otherwise your Balm should be too liquid, and not healing enough: And if you put Chymical oyles of your herbs aforesaid, so much the better; wax-oyl, and brick-oyl be also excellent in it, a dram in the pound; Sugar-loaf and Honey I have often put in it, but it will not mix among the rest, therefore I put it in among the herbs afore the straining two drams, also of each in the pound: How to use this excellent composition, is as followeth:

The Oyntment for Burnings and Scaldings.

TAKE according to the time of the year more or less of the herbs underwritten, as Night shades, *Umbilicus veneris*, Hemlock, white and black Poppey leaves, Porcelan, Lattices, Sorrel of all sorts, Hennebane, green Colworts, Housleek great and small, *Lenticula palustris*, Violets and Mallows leaves, wilde Tansey, *Str ammonium*, and *Mandragora* leaves, if possible

fible could be, to have altogether green and the like. Item of the green inward Rine of the Eldar-tree, of all a like quantity, and as much fresh Butter as may serve to boyl easily the aforesaid herbs, and a little Onyon in every pound of Butter, with as much (or a little more) of an As-fes dung, or for the want of it, take Horse dung, boyl all together till your Butter be very green, which will be the sooner, if you bruise or chop your herbs very small, boyl it till you see the moysture of your herbs almost vapour'd, and strain it in a Napkin, adding for every pound of the said Oyntment half a dram of Salt, of Lead, or *Sacharum Saturnii*, dissolved in a little water and Wine-vineger, stirring it with a stick when your Oyntment is almost cold, and so keep it close to be us'd.

An excellent Remedy for sore Eyes.

TAKE Roch-allum, dissolve it in Plantane-water upon an easie fire, and when it is cold, put the white of an Egg to it, and stir it much with three or four sticks together, then filtre it by the brown paper, or at the least strain it softly by a Napkin, and then by evaporation in an earthen vessel dry your Allum softly, and begin the same work again with Ey-bright or sweet Fennel-water, then when your Allum is so dried again, adde as much *Ireos* or *Ovis* in Powder, and that Powder so mixed when you have

have any occasion to use it, steep it in Rose-water; a dram of the Powder is enough for two ounces of Rose-water, &c.

The Searchcloth for Cornes.

TAKE Gum-Elemy, white Pitch, and black Pitch, Bees-wax, Rosin, and Turpentine, of each a like quantity; onely the black Pitch may be doubled; melt all together upon a soft fire, and so make Searchcloth according to Art.

The Medicine for Tooth-ach proceeding of cold causes.

TAKE Angelica-roots, Spanish-pellitory, Cloves, and Ginger, of each a like quantity; and with the Mulcilage of Gum Tragagant dissolved in Mugwort-water, adding a little starch, make your Paste and pastilles to hold upon the aking teeth, &c. But if the pain proceedeth from a hot cause with inflammation, then take the root of Henbane, slice it, and boyl it in Wine-vineger, then strain it, and hold in your mouth the said Vineger warm, and it will put you in admiration how quickly it will cure you; the seed of the same Henbane may be used alike, but the root is better.

To make Gratia Dei.

TAKE half a pound of Rosin, and boyl it in a Pan until the some or scum be come off it, then

then take a quarter of a pound of unwrought Wax, and put it into the Rosin, and boyl them together as is aforesaid, then take an ounce of Sheeps-suet, and as much Turpentine, and Oyl. Olive a spoonful, and put them all together into the same pan amongst the Rosin, and Wax aforesaid, and boyl them all together, until the fume begin above, and when the fume begineth to wax black, then take it off the fire, and clense it through a fair linnen cloth into a pan of Water, then work it with your hands, and put it out as you do Bird-lime for the space of a quarter of an hour, and now and then wet your hands in the water, when it cleaveth to the salve, and then make it into rolls.

THE LEARNED WORK

O F

HERMES TRISMEGISTUS,

Intituled

MATHEMATICA,

that is,

His Physical Mathematicues,
or Mathematical Physicks,
directed unto *Ammon* the
Aegyptian.

A Book of special great use, for all
Students in Astrology and
Physick.

Lately Englished by *John Harvey*, at the
Request of M. CHARLES P.

*Caroli P. præludium, in Joan
nis Harveii, Astrologi Cantabrigiensis,
Anglicam Jetromathematicam.*

*Qui modo satus erat Lingua Graia. atq; Latina,
Ex subito didicit verba Britanna loqui,
Hermes Astrologus, Phisicusq;, Sophusq;, Magusq;
Et legislator, Rexq;, Deusq; suis.*

Quis non Angliadum lætetur munere tanto?

Quis non Harveii laudet agentis opus?

*Tu verò ante alios, cui munus tale dicatum est,
Suscipe propitia, Mæde colende, manu.*

Vos quoque lectores, grata accipitote Minerva,

Quod dedit Artificis non malegrata manus.

Anglicus est Hermes; Hermes, ter terq; megistus,

Attamen ante minus, nunc magis, atq; magis.

Motör eram suasorq; operis: mibi sarq;, superq; est,

Interpres meritum si ferat ipse decus.

Sed ferat, ut par est; vivatq; Britannicus Hermes:

Hoc votum voti summa recentis erit.

Emblema è Martiale.

“ Hermes omnibus cruditus Armis:

“ Hermes & gladiator & magister.

“ Hermes omnia solus, & ter unus.

1041
The learned work of *Hermes*
Trismegistus, Intituled, *Zatromathematica*,
that is, his *Phisical Mathematicques*, or
Mathematical Physicks, directed
unto *Ammon* the *Aegyptian*.

C H A P. I.

THE rayes or powers proceeding of the
seven Planets, are multiplyed, mixed,
and disperfed into the severall and
particular members of mans natural
body, whilst the conception begineth to kyrdle
or cleave together in the womans Matrice: As at
the time of the Childs nativity it also hapneth,
according to the position and state of the
twelve Celestial signes of the *Zodiaque*, so that
Aries be assigned as governor to the head.

The principal parts, or rather sensorie Instru-
ments of mans body, are attributed unto the
seven Planets, after this manner.

The right eye to the *Sun*; the left eye to the
Moone:

The ears and sense of hearing to *Saturn*:

The brain to *Jupiter*; the blood to *Mars*:

The senses of smelling, and tasting to *Venus*.

The tongue and lung-pipe to *Mercury*.

And that part or member of the body is mi-
nished, distorted, or some wayes mishapen an
d

deformed, over which part a Planet being evil affected, at the time either of conception or deliverance had dominion.

Besides, there are in a man four more especial parts; the Head, the Brest, the Hands, the Feet, but if the predominant Planet be maliciously affected, or unfortunately configured, either at the womans conception, or at the Childes birth: The same Planet afflicteth, and dismembreth those members and parts of the body, which be then governed, or some small parcels of those parts.

As if the *Sun* be any way disgraced or afflicted, he vexeth the right eye, the *Moon* the left eye, *Saturn* the ears, the teeth, or sense of hearing, *Mercury* being *Retrograde*, *Combust*, or otherwise discouraged and oppressed by the hateful Aspect, and envious radiation of a malevolent and pernicious Planet, taketh away the perfect use of the tongue, and free liberty of speech: And thus also may we finde out and know whether any part in the brest, as the Lungs, the Liver, the Spleen, the Heart, or any of the intrals, and inward parts of the body be viciate or corrupt.

In the observation of the hands and feet, it is to be considered, whether the fingers, the nayles, or whether any parcel of them be hindred and made unperfect, by the cognation and affinity of the predominant Planet.

And

And against such defects, or wants, as are curable, and suppliable by medicine, convenient remedies are to be applied, and the disease proceeding of the Planets, must be withstood by Planets of contrary inclinations and effects.

To *Saturn* are naturally assigned, such things as are refrigerative, and such as do extenuate with their aridity and siccity.

To *Mercury*, which are flatuous, and congelative.

To *Mars*, which are calefactive, and impletive, as unto one being a very vehement heater, and hot begetter of bloud.

To *Jupiter* and *Venus*, which are mollificative, conglutinative, and such as are effectually to assuage pain, and cure Ulcers.

The *Moone* resembleth the nature of that Planet, unto whom she applieth, be it good or bad.

CHAP. II.

Wherefore first the position and state of the heavens is necessary to be foreknown, and diligently to be learned of the Physitian, then the first hour of the sicknesse approaching, is exquisitely to be sought out: last of all, the mutual habit and disposition of the stars for the time present, is advisedly to be discussed, and perfectly to be examined: for without their secret influence and

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working, in humane bodies, there is nothing either sound or subject to infirmities. Recurrent, acute, or vehement diseases ingender not: no patient may possibly be cured by the only art and industry of the *Phisitian*, be he never so skilfull or diligent, without the favourable configuration, and fortunate constitution of them: but either he shall perishe, being destitute thereof, or recover by their means.

But if the first hour of the disease cannot certainty be known, that hour is then to be observed, in which the disease is first signified unto the *Phisitian*, and then a celestiaall figure for that time being erected, the position of the Heavens is cunningly to be weighed.

First consider to what Planet the *Moon* applyeth, or from whom she is separated, and to whom she tendeth: if she be disjunct, with whose *Opposition*, or *Quartile* aspect, if she be conjunct, with what Planet she is conjoyned. Being linked with an infortunate Star, she betokeneth much harm, and signifieth great dread of death: if she be either corporately conjoyned, or aspectually coupled with a good and favorable Planet, she helpeth then the more speedily and effectually.

This is also to be marked, whether increasing in motion, she decrease in light, or whether the contrary heppen, that is, whether decreasing in motion, she increase in light, or whether both

of them happen at once, or whether neither of them.

For if after her *Conjunction* of the *Sun*, when she beginneth to grow big, and as it were to swell with the increase of light, and being swift in motion, she is withall afflicted with the *Quadrangle* of *Mars*, or is otherwise carried unto him, before she be in full *Opposition* with the *Sun*, and no benevolent Planet come between, she causeeth mortall and peremptory diseases: but if she be conjoynd or any way associated and accompanied, with either of the prosperous and fortunate Planets, although the patient may peradventure seem to be past hope of life, yet shall he recover of that disease.

But when the *Moon* is decreasing in motion and light, if she be stained, or discouraged, specially with the *Opposition* or *Quartil Radiation* of *Saturn*, unless presently after the said *Opposition* the disease be asswaged, death is then certainly presaged: but if the *Moon* meet with any wholesome Planet, the Patient is then in short time to amend.

This furthermore is to be remembred, that so long the disease increaseth, how long the *Moon* increaseth in course, and that then the disease slaketh, when the *Moon* is slow in motion, and hath overgone and passed the intersections or nodes of her circle, whereof the higher or ascending node is commonly termed, the *head* of

the *Dragon*, and the lower or descending node the *tail* of the *Dragon*.

Which consideration would be had at the first assault or entrance of every disease.

CHAP. III.

WHosoever shall lie sick and afflicted with any infirmity under *Saturn* or *Mercury*, is dull, heavy, and drowfie, scarcely moving his sick members, which are benumbed with immoderate cold, and stopped with defluxion: when the disease creepeth on, he may hardly be awaked, although he be pulled; he is very silent, fearfull, and desirous to have his garments often warmed against the fire, he delighteth in dark places, he sigheth continually, and is very short winded: The pulse of all such is short and painfull, they find greatest ease by hot things: their pulses also are weak and remisse, the superficial parts of their bodies dry, and cold, which signifie that those things are best for them, and do comfort them most, yea and cure them soonest too, which are naturally warme or hot, and those which doe mollifie and constringe.

They which fall sick under *Mars*, or the *Sun*, are much vexed, and vehemently disturbed in mind, and become very unquiet and troublesome, all the superficial parts of the body being inflamed, and as it were kindled with a burning heat.

heat. They are very testive, soon angry, and exceeding clamorous, often crying out, they look frowardly, and lie staring, they are alwaies thirsty, and very dry, through the scorching and parching heat of the tongue. They are greedy of wine, and again desirous of cold drink: and greatly given to bathes. No meat can provoke their appetite, or make them to have a stomack: They are easily moved, and ready to rail upon every person nigh unto them, withor-
cause.

Their pulse is short and depressed, but inordinate; their face is immoderately red, their colour fiery and furious, they are commonly grieved with an extraordinary fulnesse or swelling of the body. After the first impression or assault of the sicknesse unto the fifth day, *Phlebotomy* is very commodious and profitable for them.

As are also all such things as do evacuate and purge the body from all unnaturall grosse-
nesse, and other corrupt and putrified humors: besides such helps as nature hath provided, and ordained as remedies, and counter-receipts against these infirmities.

Such things as naturally agree with *Mars*, are contrary to the nature of *Saturn*, as whatsoever is calefactive, dissolving obstructions, and of a soft mollifying nature.

Those things also, which naturally agree with *Saturne*, are contrary to the nature of

The Physicall Mathematicques

Mars, as whatsoever is refrigerative, astringen and repercussive.

Moreover all passions of the heart, and such as arise from the mouth of the stomach, and all pains of the arteries, veins, and joynts, with such like, proceed from the *Sun* and *Mars*.

But continuall fevers, plurisies, and exulcerations, or inflammations of the lungs and lights, with other like, have their originall causes and beginnings of *Saturn* and *Mercury*. And against these diseases, such medicines as do naturally refrigerate are most appliable, of which sort, are these following:

Nightshade,
Coriander.
Endive,
Juice of Poppy.
The barke of the
root of Alkakeng.
Knot-grasse.
Sengreen.
Fleaworte.
Lentills.
Vine leaves.
White Lead.
Sylverfroth.
The stone *Hematites*
Purcelane.
The white of an Eg.

Flax seed.
Reed.
The leaves of Mal-
lows.
Pomegranet.
Hypocistes.
Cypresse tree.
Blackberry tree.
Acacia.
Quinces.
Pirapirastra.
Alume.
The flower of the
field Wine.
The fruit of both Palm
trees, he and she.

The

of Hermes Trismegistus.

The Myrrhe tree.

Sumnach.

Fresh Roses.

Bulrushes.

The Gum called *Ladanum*.

Saffron:

Potamogetum.

Such things as be naturally calefactive are governed by *Sol*, and *Mars*, as amongst many other these which follow.

Oleum Cyprinum.

All things having a fragrant smell and sweet savour.

Unguentum Irinum.

Cinamon.

Sweet Marjoram.

White Daffodyl.

Fenigreke.

Spikenard.

Myrrhe

Bdellium.

Storax calamita.

The root *Cera*.

Ocimum.

Commyn.

Pix liquida,

And *Solida*.

Fat.

Marroug.

The Gumme called

Galbanum:

Flower Delice.

Cassa Odorata.

Frankincense.

The Gumme called *Ammoniacum*.

Rue.

Mirabolans.

Dry figs.

Gravum Guidium.

The some of Saltpeter.

Staphesagre.

The stone *Asius*.

Galangall.

The some of the Sea indurate.

Helleborus.

The herbe *Pyrethrum*.

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The Physicall Mathematicques

The minerall:

Chrysocola:

Onyons.

Garlike.

Leeks.

Radish roots.

Chich pease.

Therefore to drive away and expell such infirmities as proceed from *Saturn*, and *Mercury*, (which may be known by the course of the *Moon*, as shal hereafter be declared) these or the like medicaments must be ministred, which are naturally calefactive, and mollificative. But to put away such diseases as have their beginning from *Sol*, or *Mars*, we are to use and apply such medicines, as are by nature refrigerative, and repulsive.

CHAP. IV.

Now we will orderly declare what effects the *Moon* causeth, being infortunately configured in any of the twelve signes, through the unleskie radiations of any malevolons and hurtfull Planet, setting down withall the remedies and counter-remedies, whereby the Patients afflicted are to be cured.

Luna

Luna in Aries oppressed by Saturn.

WHosoever falleth sick, the *Moon* going her course in *Aries*, especially if she be slow in motion, and decreasing in light, being there also oppressed with the *Conjunction*, *Quartil*, or *Opposition* of *Saturn*, his disease proceedeth of cold, and overmuch refrigeration, and is commonly vexed, either with the head-ach, with the pain of the eys, with the *Catar*, or rheume falling from the head into the throat and wind-pipe, or els with the distillation of grosse and corrupt humors into the breast. His pulses are weak and inordinate, the disease assaulteth him most vehemently and grievously in the night time. All the inward parts of the body do burn with heat, the outward or superficial parts being nummed and made senselesse with extream cold: he is sometimes devoid of reason, and without understanding: he loatheth and abhorreth meat, and sweateth unseasonably, and unnaturally. Such things are most convenient for him, as are by nature calefactive, mollificative, & such as do loosen the belly, making the same laxative. *Plebotomy* is not meet or convenient for them. And if the *Moone* be void of all good and favourable aspects, the pati-



patient shall soon die; but if she be configured with an wholesome and benevolent Planer, the disease is not peremptory, or mortall, but the patient may recover the same, or else he shall fall from one disease into another, returning to his wonted pangs by night.

And if *Mars* in this case receive the *Moone* applying unto him, the disease shall not long continue, but at the next *Opposition* the sick shall die.

Luna in Aries afflicted by Mars.



IF the Patient fall sick, the *Moon* being in *Aries*, and linked with *Mars*, or *Sol*, he shall be troubled with some grievous pain in the head, proceeding from the distemperature of the brain: he shall be vexed with continuall fevers, with over much watching, with horrible dreams, with intolerable thirst, with troublesome driness of the tongue, with extreme heat of the breast, or with inflammation of the liver, his pulses are high, puffed up, and inordinate, his mind alienateth, and he becometh frantick, or brainfick: *Phlebotomy* is required, as the first and principall means whereby he can be restored, and such things must be ministred unto him as are refrigerative, and mitigative,

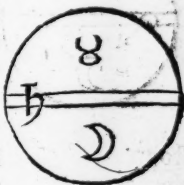
igative. And if the *Moon*, specially swift in motion, be comforted and fortunated by no lucky Planet, but shall conjoyn her self with *Saturn*, or otherwise apply unto him by any aspect of enmity and hatred, when she cometh to the same, then shall the patient die; but if she meet with any good and prosperous Planet, the patient shall then revive, and be restored to his former health, although perchance he seemed first past all hope of recovery.

C H A P. V.

Luna in Taurus oppressed by Saturn.

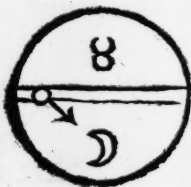
IF at the time of the disease approaching, the *Moone* proceeding by *Taurus*, shall be afflicted either with the *Conjunction*, *Quartile*, or *Opposition* of *Saturn*, her self being then slow in motion, and decreasing in light, she sheweth the same sicknesse to come of surfeiting and immoderate fullnesse, and likewise presignifieth fevers, proceeding of obstructions: pain in the inward parts and joynts, the fiery heat or inflammation of the whole body, and exulceration of the lungs, or lights.

The pulses are sublate, high, and also inordinate. *Phlebotomy* is very meet and necessary, and what.



whatsoever els doth mitigate, and assuage such passions: but unlesse the *Moon* do tend to a benevolent Planet, the patient shall perish before her next *Opposition* with the *Sun*. And if she be favoured of any wholesome Planet, or recreated with his fortunate irradiation, though the patient seem to be in a desperate case, and past hope of life, yet he shall be restored again to his perfect health.

Luna in Taurus afflicted by Mars.



THe *Moon* in *Taurus*, oppressed with the *Conjunction*, *Quartile*, or *Opposition* of *Mars*, signifieth the patients disease to proceed of the superfluous abundance of blood, and betokeneth continuall fevers, obstruction, or stopping of the whole body, inflammation of the neck, specially of the hinder part; extreme pain in the bones, immoderate watching, and inordinate dreams, greedinesse of wine, and of cold drink. *Phlebotomy* helpeth them much, and all such things as do naturally extenuate and mitigate. *Mars* being thus cruell and furiously bent, if no favourable Planet assist the *Moon*, the patient shall decease the ninth day; but if the importunity of *Mars* be repressed and slackened by the lucky aspect of some good and comfortable

ble Planet, the patient shall be well amended and much eased after the sixth day.

CHAP. VI.

Luna in Gemini oppressed by Saturn.

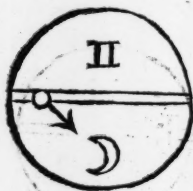
THe *Moon* in *Gemini* unfortunately configured with *Saturn*, or in *Conjunction* with him, specially if she decrease in light, causeth the present infirmity of too much watching, dreaming, or tedious wearinesse by travelling.



The sick joynts are so loosened, that they may seem scarce to hang together, the disease breaketh out in short time, or beginneth to increase or incroach more and more from the third day, unto the thirteenth day. Small Fevers shall assault the patient, the consumption of the whole body is also imminent; but the disease shall most vehemently and violently oppresse the patient in the night time; his pulses are slow and little, he is troubled very much with unnaturall sweat, and grieved with sore passions of the Spleene. If the *Moone* shall any way be afflicted or infected with the hatefull beames of *Mars*, the patient after the tenth day shall be dissolved, but if any benevolous, and comfortable Planet shall aid and assist the *Moon* with a fortunate

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fortunate aspect; after long sicknesse of the patient, health is promised.

Luna in Gemini afflicted by Mars.



VV Whosoever shall fall into any sicknesse, the *Moon* moving under *Gemini*, being there swift in course, and increasing in light, and also distained, or corrupted with the unlucky *Conjunction*, or other envious aspect of

Mars, he is tormented with excessive and deadly pain, with pernicious fevers continually burning, and also with obstructions: his pulses are high and inordinate: he is greatly comforted and refreshed by *Phlebotomy*. But if the *Moon* be void of all fortunate aspects, being likewise unfortunately configured with *Saturn*, the patients life shall be prolonged, untill she be full opposite to *Mars*, and then he shall die. And if the *Moon* be favoured of any fortunate and healthfull Planet, the patient shall escape his dangerous infirmity, and become healthfull.

C H A P.

Luna in Cancer afflicted by Saturn.

They are troubled with some disease proceeding of Bathes, or other cold causes, which feel the first assault thereof, the *Moon* being in *Cancer*, and there infortunated by *Saturn*: they are also disquieted with the defluxion of humors distilling and falling into the breast, with the cough, hoarseness, obstructions, and small fevers: if the *Moon* be comforted by no favourable Planet, but shall be thus oppressed with the unhappy rays of a malevolous and pernicious *Star*, the patient shall never recover that infirmity.



Luna in Cancer afflicted by Mars.

Likewise if the *Moon* be afflicted of *Mars* in *Cancer*, the present disease cometh of cholerick blood, and eversion of the stomach, the infirmity must be cured with such medicines as are naturally refrigerative: and if no lucky Pla-



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net do fortunate the *Moon* with his favourable aspect; at the next *Quartil* the patient shall die, but if the oppressing force of evill Planets be repressed by the aid and help of prosperous and favourable aspects, then after the next *Quartil*, he shall be delivered from that infirmity.

CHAP. VIII.

Luna in Leo afflicted by Saturne.



THe *Moon* in *Leo* oppressed by *Saturn*, causeth sicknesse to proceed of immoderate abundance and superfluity of blood, kindleth a vehement burning heat within the breast, and provoketh swelling of the in-

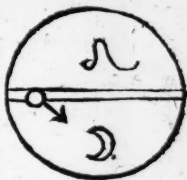
ward parts, grievous agues, outward and inward burnings, the pulses are troublesome; those things are best and most convenient which are calefactive and mitigative by nature. But unlesse the *Moon* be fortunated of some happy Planet at the next *Opposition* of *Saturn* and *Luna*, the patient shall perish; but if any good and prosperous Planet comfort and help her, the patient shall shortly enjoy his former health.

Luna

of Hermes Trismegistus.

Luna in Leo oppressed by Mars.

Also the *Moon* in *Leo* oppressed by *Mars*, procureth diseases, caused first of the fulnesse of bloud, uncertain and wavering fevers do inroach on, the patient is foolish and devoid of common sense and reason, he hath no appetite to his meat, he is heavy, and lumpish, and so drowsie and sleepy, that he may very hardly be brought from it; he is much weakened, and becometh very feeble, the strength of his body being decayed, sundry affections proceeding from the heart, do trouble and disquiet him, his pulses are slow and dead. Those things do best succour him, which do naturally refrigerate and adstringe. Touching the end of sicknesse, if the *Moon* be disgraced by the rayes of an hurtfull Planet, the patient shall die after the ninth day; but if any prosperous Planet come between, which doth comfort her, after her *Opposition* with *Mars* the disease shall depart.



The Physicall Mathematicques

CHAP. IX.

Luna in Virgo oppressed by Saturne.



THe *Moon* in *Virgo* discouraged with the envious aspects, or unlucky Conjunction of *Saturne*, causeth sicknesse of ill digestion, and crude or raw humours not perfectly concocted in the stomach. The patient is oft times suddainly and grievously pained, with fretting and wringing of the bowells, and heart-strings, quick, sharp, and inordinate fevers do assault him. Such things are specially comfortable, as are calefactive, mol-lifactive and of a soft loosening nature. But if the *Moon* be neither corporally conjoyned, nor aspectually coupled with a mercifull Planet, the patient shall decease about the fourteenth day: but if the violent force of *Saturne* be repressed, or the patient be otherwise restored, by some prosperous and favourable Planet, he may continue a long time, but he shall be alwaies queasie and sickly.

Luna in Virgo oppressed by Mars.



THe *Moon* in *Virgo* enviously beset of *Mars*, betokeneth the flux or lask of the belly, the exulceration or sorenesse of the bowells, small and unstable fevers, the pulses are dull, plenteous and thick, the stomach loatheth and abhorreth meat: This sicknesse is to be appeased and restrained with such things, as do stop, shut up, and bind. And if the cruelty and fiercenesse of *Mars* be not asswaged and allayed by the favourable aspect of some benevolent *Star*, he will utterly extinguish the patient, after thirty daies. But if any fortunate radiation of either of the fortunes do withstand, and resist him, by aiding and assisting the *Moon*, he shal do the lesse harm; for that disease shall be curable and suppliant by medicine.

Luna in Libra afflicted by Saturn.



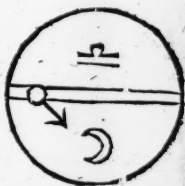
THE *Moon* in *Libra* ill affected by the *Conjunction* or other infortunate aspect of *Saturn*, pronounceth the sick passion to proceed of overmuch ingurgitation of wine, drunkenness and surfeit, especially if she be de-

creasing in light, and slow in motion, the disease assaulteth the patient most vehemently in the night season: the head and breast are sore troubled and grievously pained with distillations, coughs, hoarseness: the breast is faint, and weak, the stomach without appetite: the ague fits are doubled in the night time, continuall pangs and many sorrows do disquiet and greatly molest the sick patient, his pulses are slow and dull. He is most recreated, and soonest restored with such things as are by nature calefactive. And if the *Moon* be not aspected, specially at the time of *Opposition*, the patients disease shall thereby be dissolved. But if she proceed under Masculine signs, untill she, coming to the *Diameter* of her Circle, doth arise in the evening, the patient after many cruell fits, and painfull brunts shall be restored to health again. But if the *Moon* slow in course,

course, behold no Planet, neither in the increase of her light and moving, nor in the decrease thereof, nor otherwise. she provoketh the bloody flux, but e're her circuit be compassed the disease shall depart, yet the patient shall still continue pale and wan, and this token of sickness shall remain long after. And if *Mars* oppresse the *Moon* thus configured, the patient shall perish, before he fall into any other kind of infirmity.

Luna in Libra afflicted by Mars.

THE *Moon* in *Libra* discomfited by *Mars*, causeth sickness of the superfluous abundance of blood, besides vehement fevers, immoderate watching, fearfull dreaming and fiery inflammation of the whole body, the pulses are high and swelling: *Phlebotomy* is the beginning of health unto them. And if no humane Planet succour the *Moon* being thus afflicted, the patient shall be in great danger of death, untill the *Moon* oppose her self against *Mars*; but if a comfortable and helping Planet doe favourably receive the *Moon*, the patient shall be revived, and enjoy his wonted health again.



The Phisicall Mathematicques

CHAP. XI.

Luna in Scorpio oppressed by Saturn.



THe *Moon* in *Scorpio* vex-
ed by *Saturn*, afflicteth
the secret parts of mans bo-
dy, with shrewd and sore ex-
ulcerations, botches, or im-
postumes: if she increase in
motion and light, she helpeth
and reviveth the patient.

Luna in Scorpio afflicted by Mars.

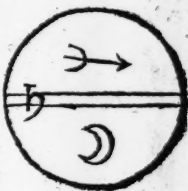


BUt if the *Moon* decrea-
sing in course and light,
be coupled with *Mars* in
Scorpio, some fortunate Pla-
net comfortably refreshing
her, the patient shall reco-
ver; and the same things are
to be understood of this sign,
which are already said of the rest, insomuch as
the *Moon* is accordingly configured.

CHAP. XII.

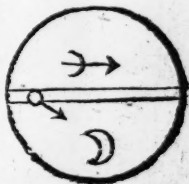
Luna in Sagittarius afflicted by Saturn.

THe *Moon* oppressed by *Saturn* in *Sagittary*, specially decreasing in light and motion, provoketh sicknesse of the defluxion, and course of thin, crude, and lowre humours, also paines in the joynts, horrible fevers, extreame cold in the uttermost parts: and causeth the fevers to invade with a double fit. Those things are convenientest for the patient, which are by nature mitigative, and calefactive; the *Conjunction* or other aspect of the *Moon* with favourable Planets delivereth the patient.



Luna in Sagittarius oppressed by Mars.

THe *Moon* in *Sagittary* oppressed by *Mars*, she being swift in motion, and increasing in light, causeth pernicious and deadly diseases, proceeding of immoderate repletion and drunkennesse: also wandring and un-

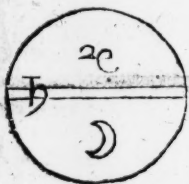


The Physicall Mathematicques

constant fevers, cholerick passions, the *Flux* or *Lask*: The pulses are few, and faint, such things as do refrigerate and bind, are most meet and profitable. And if no lucky Planet behold the *Moon*, the patient shall die the seventh day, but if some happy Planet do comfort and favour her, the sick patient shall still be grieved, untill the next *Opposition* of *Mars* and *Luna*, being then to be restored again unto his accustomed health.

CHAP. XIII.

Luna in Capricorn afflicted by Saturne.



IF Saturn afflict the *Moon* in *Capricorn*, being hindered in course, and diminished in light, she provoketh sickness through cold baths, and thin distillations. The patient is troubled with grievous heaviness of the breast, he is short winded, coughs disquiet him in the night season, and violent fevers. His health must be restored with such things as are naturally calefactive, and mitigative. And if the *Moon* be in *Conjunction* with some wholesome Planet, or be otherwise aspected by him, the disease may be prolonged, but it shall not be peremptory, or inmedicable.

Luna

Luna in Capricorn oppressed by Mars.

THe *Moon* in *Capricorn* afflicted by *Mars*, causeth sickness of vomit, choler, and ill concoction. This passion is very perillous and dangerous; the stomach void of appetite, the swelling of the sinewes grievous, also the *Flux* or *Lask*



of the belly very noysome, and troublesome: A sharp and dangerous kind of choler doth vex and exasperate the fingers of the patient, exulcerations, continuall wandring fevers, and the fiery inflammation of the breast do afflict and torment him. His pulses are remisse and slow: he must be comforted with such things as are obstractive and constringent. And if the *Moon* apply not to a fortunate Planet, when she cometh to the *Opposition* of *Mars*, the patient shall perish. But if any prosperous and comfortable Planet do bridle and mitigate the violence of *Mars*, after the seventh day he shall be restored to health.

CHAP. XIV.

Luna in Aquary afflicted by Saturne.

Vhen *Saturne* doth oppress the *Moon* in *Aquary*, whether she be flow or swift in motion, whether increasing or decreasing in light, he provoketh sicknesse of wearinesse,

and watching, which sicknesse shall be sometimes slack, and cease, otherwhiles augment and be enhanced until the next *Opposition*, the Patient shall wax healthfull, specially if any gentle and lucky Planet fortunate the *Moon*.

Luna in Aquary oppressed by Mars.

M*ars* afflicting the *Moon* in *Aquary*, she being flow in course and decreasing in light, causeth the disease to proceed of most violent affections, and vehement passions: but the patient shall recover within twenty dayes,

specially if any favourable Planet yeeld assistance unto the *Moone*.

CHAP.

of Hermes Trismegistus.

CHAP. XV.

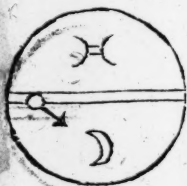
Luna in Pisces afflicted by Saturn?

THe *Moon* in *Pisces* afflicted by *Saturn*, decreasing in light, and slow in motion, maketh sick folks by the immoderate refrigerations of bathes, and cold distillations: continuall fevers shall vex and grieve them, vehement cold and stiffnesse often approaching, much sighing, pricking and pinching of the dugs, and some excessive pain in the inward parts, shall much disturb and disquiet them. They must be restored with calefactive and mitigative medicines: And if the *Moon* be no way favoured of mercifull Planets, at her *Opposition* with *Saturn*, the patient shall be curelesse: but if any benevolent Planet succour her, she having escaped the force of the said *Opposition*, the patient shall recover his health, but shall a long time after be much troubled with some pain in the sinews.



The Physicall Mathematicques

Luna in Pisces oppressed by Mars.



THe *Moon* in *Pisces* afflicted by *Mars*, being also swift in course, and increasing in light, causeth diseases of over-much fulnesse, and immoderate ingurgitation of wine: the passion is most vehement in the night time: the

Patient shall dote and rave, being besides himself, and vexed with some outrage or phrensie; together with grievous headaches, burning Fevers, vehement thirst, and a greedy appetite to Wine: No certainer cause of health and amendment unto him then blood-letting. If no gracious Planet aid the *Moon* at her next *Quartile* with *Mars*, the Patient shall die, but if the *Moon* be in any Aspect with *Iupiter*, or *Venus*, as either *Quartil* or *Opposition*, or if she be conjoyned with either of them, what sign soever she be in, at the time of the first impression of that sickness, the patient shall be restored to health, after the next *Quartil* or *Opposition*.

of Hermes Trismegistus.

CHAP. XVI.

The Conclusion.

VV Herefore it is very expedient and necessary to know in what houre the disease doth first assault the Patient, and to observe whether the fortunate and favourable Planets be then resident in the East Angle, or whether they be seated in the tenth House, for being so appointed, albeit their strength, vertue, and efficacy be otherwise abated and hindred: Nevertheless they are more sove raigne, and yeeld greater help then the very best and cunningest Physitian. Therefore the first day and houre of sicknesse approaching must exactly be known, and the state of the Heavens for that instant as diligently and advisedly examined: For there is nothing which happeneth suddenly, or any way chanceth unto man, which proceedeth not from the mutuall consent and sympathy of the celestiall powers or superior Bodies; so great is their force and influence over this inferior World.

Soli sapienti Deo sola gloria.

FINIS.